



125  
06.05.2021 - 18:27

, 1500m

(13-14 )

15:58.98  
16:13.13  
17:14.76

(ESP)

06.04.2021  
22.07.2003  
09.05.2018

: FINA 2020

	/				R.T.				FINA		
<b>1.</b>	<b>2007</b>				<b>17:11.08</b>				<b>711</b>		
50m:	31.43	31.43	450m:	5:05.38	34.46	850m:	9:41.91	34.76	1250m:	14:19.18	34.68
100m:	1:05.05	33.62	500m:	5:39.78	34.40	900m:	10:16.42	34.51	1300m:	14:53.81	34.63
150m:	1:39.32	34.27	550m:	6:14.42	34.64	950m:	10:51.39	34.97	1350m:	15:28.82	35.01
200m:	2:13.52	34.20	600m:	6:49.07	34.65	1000m:	11:25.95	34.56	1400m:	16:03.44	34.62
250m:	2:47.97	34.45	650m:	7:23.67	34.60	1050m:	12:00.78	34.83	1450m:	16:38.04	34.60
300m:	3:22.31	34.34	700m:	7:58.03	34.36	1100m:	12:35.21	34.43	1500m:	17:11.08	33.04
350m:	3:56.68	34.37	750m:	8:32.78	34.75	1150m:	13:09.89	34.68			
400m:	4:30.92	34.24	800m:	9:07.15	34.37	1200m:	13:44.50	34.61			
<b>2.</b>	<b>2008</b>				<b>17:18.67</b>				<b>696</b>		
50m:	30.81	30.81	450m:	5:07.68	34.51	850m:	9:45.95	34.82	1250m:	14:25.85	34.91
100m:	1:04.44	33.63	500m:	5:42.56	34.88	900m:	10:21.16	35.21	1300m:	15:01.13	35.28
150m:	1:39.14	34.70	550m:	6:17.27	34.71	950m:	10:55.83	34.67	1350m:	15:36.26	35.13
200m:	2:13.57	34.43	600m:	6:52.06	34.79	1000m:	11:30.85	35.02	1400m:	16:11.26	35.00
250m:	2:48.67	35.10	650m:	7:26.24	34.18	1050m:	12:05.62	34.77	1450m:	16:45.28	34.02
300m:	3:23.21	34.54	700m:	8:01.18	34.94	1100m:	12:40.53	34.91	1500m:	17:18.67	33.39
350m:	3:58.05	34.84	750m:	8:36.02	34.84	1150m:	13:15.51	34.98			
400m:	4:33.17	35.12	800m:	9:11.13	35.11	1200m:	13:50.94	35.43			
<b>3.</b>	<b>2007</b>				<b>17:24.51</b>				<b>684</b>		
50m:	32.02	32.02	450m:	5:11.66	34.95	850m:	9:50.68	35.08	1250m:	14:31.36	35.03
100m:	1:07.03	35.01	500m:	5:46.43	34.77	900m:	10:25.62	34.94	1300m:	15:06.60	35.24
150m:	1:42.02	34.99	550m:	6:21.42	34.99	950m:	11:00.68	35.06	1350m:	15:41.56	34.96
200m:	2:16.92	34.90	600m:	6:56.04	34.62	1000m:	11:35.71	35.03	1400m:	16:16.43	34.87
250m:	2:51.67	34.75	650m:	7:30.96	34.92	1050m:	12:10.94	35.23	1450m:	16:51.06	34.63
300m:	3:26.79	35.12	700m:	8:05.86	34.90	1100m:	12:46.11	35.17	1500m:	17:24.51	33.45
350m:	4:01.87	35.08	750m:	8:40.70	34.84	1150m:	13:21.22	35.11			
400m:	4:36.71	34.84	800m:	9:15.60	34.90	1200m:	13:56.33	35.11			
<b>4.</b>	<b>2007</b>				<b>17:42.63</b>				<b>649</b>		
50m:	31.13	31.13	450m:	5:09.74	35.44	850m:	9:54.94	36.21	1250m:	14:44.69	36.39
100m:	1:04.94	33.81	500m:	5:44.65	34.91	900m:	10:31.27	36.33	1300m:	15:20.70	36.01
150m:	1:39.89	34.95	550m:	6:20.12	35.47	950m:	11:07.56	36.29	1350m:	15:56.94	36.24
200m:	2:14.05	34.16	600m:	6:55.48	35.36	1000m:	11:43.40	35.84	1400m:	16:32.60	35.66
250m:	2:49.25	35.20	650m:	7:31.12	35.64	1050m:	12:19.81	36.41	1450m:	17:08.04	35.44
300m:	3:24.18	34.93	700m:	8:06.60	35.48	1100m:	12:55.82	36.01	1500m:	17:42.63	34.59
350m:	3:59.09	34.91	750m:	8:42.57	35.97	1150m:	13:32.06	36.24			
400m:	4:34.30	35.21	800m:	9:18.73	36.16	1200m:	14:08.30	36.24			
<b>5.</b>	<b>2007</b>				<b>17:48.46</b>				<b>639</b>		
50m:	31.99	31.99	450m:	5:15.57	35.89	850m:	10:03.27	35.90	1250m:	14:50.26	35.96
100m:	1:06.56	34.57	500m:	5:51.44	35.87	900m:	10:38.75	35.48	1300m:	15:26.48	36.22
150m:	1:42.08	35.52	550m:	6:27.87	36.43	950m:	11:14.70	35.95	1350m:	16:02.41	35.93
200m:	2:17.17	35.09	600m:	7:03.47	35.60	1000m:	11:50.57	35.87	1400m:	16:38.64	36.23
250m:	2:52.76	35.59	650m:	7:39.22	35.75	1050m:	12:26.45	35.88	1450m:	17:14.41	35.77
300m:	3:28.52	35.76	700m:	8:15.47	36.25	1100m:	13:02.30	35.85	1500m:	17:48.46	34.05
350m:	4:04.17	35.65	750m:	8:51.44	35.97	1150m:	13:38.45	36.15			
400m:	4:39.68	35.51	800m:	9:27.37	35.93	1200m:	14:14.30	35.85			

« »,

50

ALGE



125, , 1500m , (13-14 )

	/				R.T.				FINA		
<b>6.</b>	<b>2007</b>				<b>18:03.57</b>				<b>613</b>		
50m:	32.38	32.38	450m:	5:20.56	35.86	850m:	10:10.17	36.19	1250m:	15:03.45	36.64
100m:	1:07.58	35.20	500m:	5:56.70	36.14	900m:	10:46.94	36.77	1300m:	15:39.97	36.52
150m:	1:43.52	35.94	550m:	6:32.30	35.60	950m:	11:23.76	36.82	1350m:	16:16.17	36.20
200m:	2:19.90	36.38	600m:	7:08.36	36.06	1000m:	12:00.55	36.79	1400m:	16:52.73	36.56
250m:	2:56.04	36.14	650m:	7:44.30	35.94	1050m:	12:36.77	36.22	1450m:	17:28.87	36.14
300m:	3:32.33	36.29	700m:	8:20.99	36.69	1100m:	13:13.58	36.81	1500m:	18:03.57	34.70
350m:	4:08.38	36.05	750m:	8:57.29	36.30	1150m:	13:50.09	36.51			
400m:	4:44.70	36.32	800m:	9:33.98	36.69	1200m:	14:26.81	36.72			
<b>7.</b>	<b>2007 I</b>				<b>18:10.97</b>				<b>600</b>		
50m:	32.20	32.20	450m:	5:21.09	36.43	850m:	10:13.01	36.63	1250m:	15:08.74	37.24
100m:	1:07.33	35.13	500m:	5:57.57	36.48	900m:	10:50.04	37.03	1300m:	15:45.66	36.92
150m:	1:43.03	35.70	550m:	6:33.67	36.10	950m:	11:26.58	36.54	1350m:	16:22.68	37.02
200m:	2:19.03	36.00	600m:	7:10.26	36.59	1000m:	12:03.67	37.09	1400m:	16:59.66	36.98
250m:	2:55.14	36.11	650m:	7:46.77	36.51	1050m:	12:40.56	36.89	1450m:	17:35.73	36.07
300m:	3:31.79	36.65	700m:	8:23.35	36.58	1100m:	13:17.38	36.82	1500m:	18:10.97	35.24
350m:	4:08.30	36.51	750m:	8:59.69	36.34	1150m:	13:54.42	37.04			
400m:	4:44.66	36.36	800m:	9:36.38	36.69	1200m:	14:31.50	37.08			
<b>8.</b>	<b>2008</b>				<b>18:11.47</b>				<b>599</b>		
50m:	31.81	31.81	450m:	5:23.98	36.43	850m:	10:17.43	37.06	1250m:	15:10.85	36.28
100m:	1:07.85	36.04	500m:	6:00.52	36.54	900m:	10:54.27	36.84	1300m:	15:48.09	37.24
150m:	1:44.17	36.32	550m:	6:36.84	36.32	950m:	11:31.21	36.94	1350m:	16:24.60	36.51
200m:	2:21.15	36.98	600m:	7:13.82	36.98	1000m:	12:07.85	36.64	1400m:	17:01.09	36.49
250m:	2:57.84	36.69	650m:	7:50.66	36.84	1050m:	12:44.51	36.66	1450m:	17:36.71	35.62
300m:	3:34.41	36.57	700m:	8:27.45	36.79	1100m:	13:21.46	36.95	1500m:	18:11.47	34.76
350m:	4:10.79	36.38	750m:	9:03.57	36.12	1150m:	13:58.06	36.60			
400m:	4:47.55	36.76	800m:	9:40.37	36.80	1200m:	14:34.57	36.51			
<b>9.</b>	<b>2008</b>				<b>18:12.48</b>				<b>598</b>		
50m:	33.44	33.44	450m:	5:22.02	36.51	850m:	10:14.80	36.69	1250m:	15:11.16	37.10
100m:	1:08.96	35.52	500m:	5:58.22	36.20	900m:	10:51.46	36.66	1300m:	15:48.05	36.89
150m:	1:45.02	36.06	550m:	6:34.79	36.57	950m:	11:28.56	37.10	1350m:	16:25.14	37.09
200m:	2:20.90	35.88	600m:	7:10.98	36.19	1000m:	12:05.22	36.66	1400m:	17:01.59	36.45
250m:	2:57.11	36.21	650m:	7:48.06	37.08	1050m:	12:42.71	37.49	1450m:	17:37.92	36.33
300m:	3:32.85	35.74	700m:	8:24.25	36.19	1100m:	13:19.73	37.02	1500m:	18:12.48	34.56
350m:	4:09.24	36.39	750m:	9:01.29	37.04	1150m:	13:57.01	37.28			
400m:	4:45.51	36.27	800m:	9:38.11	36.82	1200m:	14:34.06	37.05			
<b>10.</b>	<b>2007</b>				<b>18:14.32</b>				<b>595</b>		
50m:	31.76	31.76	450m:	5:16.40	36.27	850m:	10:14.00	37.22	1250m:	15:11.07	36.34
100m:	1:05.81	34.05	500m:	5:53.23	36.83	900m:	10:51.14	37.14	1300m:	15:47.86	36.79
150m:	1:40.71	34.90	550m:	6:30.31	37.08	950m:	11:28.29	37.15	1350m:	16:25.06	37.20
200m:	2:16.41	35.70	600m:	7:07.39	37.08	1000m:	12:06.00	37.71	1400m:	17:03.46	38.40
250m:	2:51.76	35.35	650m:	7:44.74	37.35	1050m:	12:44.63	38.63	1450m:	17:40.58	37.12
300m:	3:27.95	36.19	700m:	8:22.24	37.50	1100m:	13:21.89	37.26	1500m:	18:14.32	33.74
350m:	4:03.84	35.89	750m:	8:59.73	37.49	1150m:	13:58.22	36.33			
400m:	4:40.13	36.29	800m:	9:36.78	37.05	1200m:	14:34.73	36.51			
<b>11.</b>	<b>2008</b>				<b>18:15.72</b>				<b>592</b>		
50m:	32.47	32.47	450m:	5:22.17	36.53	850m:	10:16.96	36.94	1250m:	15:13.08	36.89
100m:	1:08.31	35.84	500m:	5:59.26	37.09	900m:	10:53.95	36.99	1300m:	15:50.35	37.27
150m:	1:44.87	36.56	550m:	6:36.31	37.05	950m:	11:30.75	36.80	1350m:	16:27.26	36.91
200m:	2:21.23	36.36	600m:	7:13.04	36.73	1000m:	12:08.05	37.30	1400m:	17:04.13	36.87
250m:	2:57.43	36.20	650m:	7:49.72	36.68	1050m:	12:45.33	37.28	1450m:	17:40.55	36.42
300m:	3:33.34	35.91	700m:	8:26.57	36.85	1100m:	13:22.06	36.73	1500m:	18:15.72	35.17
350m:	4:09.53	36.19	750m:	9:03.31	36.74	1150m:	13:59.11	37.05			
400m:	4:45.64	36.11	800m:	9:40.02	36.71	1200m:	14:36.19	37.08			



125, , 1500m , (13-14 )

	/				R.T.				FINA			
<b>12.</b>	<b>2007 I</b>				<b>18:17.72</b>				<b>589</b>			
50m:	33.44	33.44	450m:	5:21.74	36.65	850m:	10:16.37	37.42	1250m:	15:12.88	37.46	
100m:	1:08.77	35.33	500m:	5:58.06	36.32	900m:	10:53.43	37.06	1300m:	15:50.06	37.18	
150m:	1:44.64	35.87	550m:	6:34.82	36.76	950m:	11:31.26	37.83	1350m:	16:27.94	37.88	
200m:	2:20.64	36.00	600m:	7:11.40	36.58	1000m:	12:07.96	36.70	1400m:	17:05.47	37.53	
250m:	2:56.79	36.15	650m:	7:48.38	36.98	1050m:	12:44.88	36.92	1450m:	17:42.86	37.39	
300m:	3:32.80	36.01	700m:	8:24.99	36.61	1100m:	13:21.48	36.60	1500m:	18:17.72	34.86	
350m:	4:09.08	36.28	750m:	9:02.16	37.17	1150m:	13:58.53	37.05				
400m:	4:45.09	36.01	800m:	9:38.95	36.79	1200m:	14:35.42	36.89				
<b>13.</b>	<b>2007</b>				<b>18:17.77</b>				<b>589</b>			
50m:	32.61	32.61	450m:	5:27.02	37.18	850m:	10:20.49	36.85	1250m:	15:17.63	36.75	
100m:	1:08.96	36.35	500m:	6:03.69	36.67	900m:	10:57.58	37.09	1300m:	15:54.58	36.95	
150m:	1:45.60	36.64	550m:	6:40.31	36.62	950m:	11:34.78	37.20	1350m:	16:31.01	36.43	
200m:	2:22.20	36.60	600m:	7:16.75	36.44	1000m:	12:12.32	37.54	1400m:	17:07.45	36.44	
250m:	2:58.97	36.77	650m:	7:53.37	36.62	1050m:	12:49.54	37.22	1450m:	17:43.26	35.81	
300m:	3:35.61	36.64	700m:	8:30.17	36.80	1100m:	13:26.59	37.05	1500m:	18:17.77	34.51	
350m:	4:12.45	36.84	750m:	9:07.08	36.91	1150m:	14:03.84	37.25				
400m:	4:49.84	37.39	800m:	9:43.64	36.56	1200m:	14:40.88	37.04				
<b>14.</b>	<b>2007</b>				<b>18:17.83</b>				<b>589</b>			
50m:	32.92	32.92	450m:	5:23.09	36.95	850m:	10:17.60	37.43	1250m:	15:12.75	37.33	
100m:	1:07.96	35.04	500m:	5:59.62	36.53	900m:	10:54.46	36.86	1300m:	15:50.06	37.31	
150m:	1:44.13	36.17	550m:	6:36.68	37.06	950m:	11:31.63	37.17	1350m:	16:28.08	38.02	
200m:	2:19.92	35.79	600m:	7:13.10	36.42	1000m:	12:08.32	36.69	1400m:	17:05.66	37.58	
250m:	2:56.53	36.61	650m:	7:49.99	36.89	1050m:	12:45.26	36.94	1450m:	17:42.61	36.95	
300m:	3:32.93	36.40	700m:	8:26.49	36.50	1100m:	13:21.91	36.65	1500m:	18:17.83	35.22	
350m:	4:09.83	36.90	750m:	9:03.59	37.10	1150m:	13:58.76	36.85				
400m:	4:46.14	36.31	800m:	9:40.17	36.58	1200m:	14:35.42	36.66				
<b>15.</b>	<b>2007</b>				<b>18:22.45</b>				<b>582</b>			
50m:	31.53	31.53	450m:	5:20.72	37.04	850m:	10:16.67	37.27	1250m:	15:16.30	37.71	
100m:	1:06.38	34.85	500m:	5:57.41	36.69	900m:	10:53.78	37.11	1300m:	15:53.75	37.45	
150m:	1:42.20	35.82	550m:	6:34.72	37.31	950m:	11:31.66	37.88	1350m:	16:32.30	38.55	
200m:	2:18.09	35.89	600m:	7:11.32	36.60	1000m:	12:08.53	36.87	1400m:	17:09.68	37.38	
250m:	2:54.33	36.24	650m:	7:48.50	37.18	1050m:	12:45.85	37.32	1450m:	17:46.50	36.82	
300m:	3:30.72	36.39	700m:	8:25.48	36.98	1100m:	13:23.29	37.44	1500m:	18:22.45	35.95	
350m:	4:07.21	36.49	750m:	9:02.29	36.81	1150m:	14:00.95	37.66				
400m:	4:43.68	36.47	800m:	9:39.40	37.11	1200m:	14:38.59	37.64				
<b>16.</b>	<b>2008 I</b>				<b>18:22.87</b>				<b>581</b>			
50m:	32.70	32.70	450m:	5:27.96	36.79	850m:	10:22.86	37.00	1250m:	15:21.01	37.21	
100m:	1:09.43	36.73	500m:	6:04.66	36.70	900m:	10:59.73	36.87	1300m:	15:57.87	36.86	
150m:	1:46.87	37.44	550m:	6:41.27	36.61	950m:	11:37.22	37.49	1350m:	16:35.09	37.22	
200m:	2:23.19	36.32	600m:	7:18.26	36.99	1000m:	12:14.42	37.20	1400m:	17:11.70	36.61	
250m:	3:00.34	37.15	650m:	7:54.89	36.63	1050m:	12:52.49	38.07	1450m:	17:48.36	36.66	
300m:	3:37.09	36.75	700m:	8:31.80	36.91	1100m:	13:29.47	36.98	1500m:	18:22.87	34.51	
350m:	4:14.46	37.37	750m:	9:08.88	37.08	1150m:	14:06.37	36.90				
400m:	4:51.17	36.71	800m:	9:45.86	36.98	1200m:	14:43.80	37.43				
<b>17.</b>	<b>2008</b>				<b>18:30.70</b>				<b>569</b>			
50m:	33.63	33.63	450m:	5:29.39	37.14	850m:	10:27.64	36.78	1250m:	15:25.12	37.97	
100m:	1:10.89	37.26	500m:	6:06.69	37.30	900m:	11:04.83	37.19	1300m:	16:03.09	37.97	
150m:	1:48.01	37.12	550m:	6:43.61	36.92	950m:	11:41.48	36.65	1350m:	16:39.90	36.81	
200m:	2:24.78	36.77	600m:	7:21.14	37.53	1000m:	12:18.65	37.17	1400m:	17:17.06	37.16	
250m:	3:01.87	37.09	650m:	7:58.44	37.30	1050m:	12:55.32	36.67	1450m:	17:54.06	37.00	
300m:	3:38.54	36.67	700m:	8:36.06	37.62	1100m:	13:32.49	37.17	1500m:	18:30.70	36.64	
350m:	4:15.16	36.62	750m:	9:13.03	36.97	1150m:	14:09.56	37.07				
400m:	4:52.25	37.09	800m:	9:50.86	37.83	1200m:	14:47.15	37.59				



125, , 1500m , (13-14 )

	/				R.T.				FINA			
18.	<b>2007</b>				<b>18:31.65</b>				<b>567</b>			
	50m: 33.34	33.34	450m: 5:28.65	36.62	850m: 10:27.44	37.09	1250m: 15:27.82	37.46				
	100m: 1:09.66	36.32	500m: 6:06.30	37.65	900m: 11:05.26	37.82	1300m: 16:05.71	37.89				
	150m: 1:46.17	36.51	550m: 6:43.24	36.94	950m: 11:42.67	37.41	1350m: 16:42.73	37.02				
	200m: 2:23.69	37.52	600m: 7:20.86	37.62	1000m: 12:20.41	37.74	1400m: 17:20.25	37.52				
	250m: 3:00.33	36.64	650m: 7:57.89	37.03	1050m: 12:57.74	37.33	1450m: 17:56.73	36.48				
	300m: 3:37.67	37.34	700m: 8:35.60	37.71	1100m: 13:35.15	37.41	1500m: 18:31.65	34.92				
	350m: 4:14.55	36.88	750m: 9:12.71	37.11	1150m: 14:12.41	37.26						
	400m: 4:52.03	37.48	800m: 9:50.35	37.64	1200m: 14:50.36	37.95						
	<b>2007</b>				<b>18:31.65</b>				<b>567</b>			
	50m: 33.13	33.13	450m: 5:25.93	37.62	850m: 10:27.43	37.66	1250m: 15:28.14	37.74				
	100m: 1:08.24	35.11	500m: 6:03.59	37.66	900m: 11:05.34	37.91	1300m: 16:05.88	37.74				
	150m: 1:44.19	35.95	550m: 6:41.46	37.87	950m: 11:42.80	37.46	1350m: 16:43.16	37.28				
	200m: 2:20.21	36.02	600m: 7:18.78	37.32	1000m: 12:20.40	37.60	1400m: 17:20.74	37.58				
	250m: 2:57.20	36.99	650m: 7:56.70	37.92	1050m: 12:57.99	37.59	1450m: 17:57.11	36.37				
	300m: 3:34.19	36.99	700m: 8:34.27	37.57	1100m: 13:35.42	37.43	1500m: 18:31.65	34.54				
	350m: 4:11.34	37.15	750m: 9:11.90	37.63	1150m: 14:12.63	37.21						
	400m: 4:48.31	36.97	800m: 9:49.77	37.87	1200m: 14:50.40	37.77						
20.	<b>2008</b>				<b>18:32.19</b>				<b>566</b>			
	50m: 33.77	33.77	450m: 5:29.31	37.16	850m: 10:25.95	37.30	1250m: 15:27.69	38.04				
	100m: 1:10.66	36.89	500m: 6:05.93	36.62	900m: 11:03.21	37.26	1300m: 16:05.57	37.88				
	150m: 1:47.58	36.92	550m: 6:42.74	36.81	950m: 11:40.55	37.34	1350m: 16:43.01	37.44				
	200m: 2:24.57	36.99	600m: 7:19.47	36.73	1000m: 12:18.11	37.56	1400m: 17:20.53	37.52				
	250m: 3:01.51	36.94	650m: 7:56.45	36.98	1050m: 12:56.38	38.27	1450m: 17:57.24	36.71				
	300m: 3:38.55	37.04	700m: 8:33.73	37.28	1100m: 13:34.03	37.65	1500m: 18:32.19	34.95				
	350m: 4:15.40	36.85	750m: 9:11.09	37.36	1150m: 14:11.73	37.70						
	400m: 4:52.15	36.75	800m: 9:48.65	37.56	1200m: 14:49.65	37.92						
21.	<b>2008</b>				<b>18:35.16</b>				<b>562</b>			
	50m: 32.74	32.74	450m: 5:28.78	37.43	850m: 10:28.48	37.75	1250m: 15:30.05	38.21				
	100m: 1:08.73	35.99	500m: 6:06.31	37.53	900m: 11:05.52	37.04	1300m: 16:08.04	37.99				
	150m: 1:45.42	36.69	550m: 6:43.34	37.03	950m: 11:43.14	37.62	1350m: 16:46.34	38.30				
	200m: 2:22.65	37.23	600m: 7:20.64	37.30	1000m: 12:20.57	37.43	1400m: 17:23.42	37.08				
	250m: 2:59.64	36.99	650m: 7:57.97	37.33	1050m: 12:58.69	38.12	1450m: 18:00.80	37.38				
	300m: 3:36.95	37.31	700m: 8:35.62	37.65	1100m: 13:35.85	37.16	1500m: 18:35.16	34.36				
	350m: 4:14.41	37.46	750m: 9:13.15	37.53	1150m: 14:13.87	38.02						
	400m: 4:51.35	36.94	800m: 9:50.73	37.58	1200m: 14:51.84	37.97						
22.	<b>2008 I</b>				<b>18:36.05</b>				<b>561</b>			
	50m: 33.91	33.91	450m: 5:34.28	37.84	850m: 10:33.17	36.95	1250m: 15:30.60	37.29				
	100m: 1:10.99	37.08	500m: 6:11.04	36.76	900m: 11:10.04	36.87	1300m: 16:08.19	37.59				
	150m: 1:48.77	37.78	550m: 6:49.06	38.02	950m: 11:46.97	36.93	1350m: 16:45.53	37.34				
	200m: 2:26.06	37.29	600m: 7:27.03	37.97	1000m: 12:24.14	37.17	1400m: 17:22.83	37.30				
	250m: 3:03.67	37.61	650m: 8:05.00	37.97	1050m: 13:01.65	37.51	1450m: 18:00.23	37.40				
	300m: 3:40.54	36.87	700m: 8:42.07	37.07	1100m: 13:38.72	37.07	1500m: 18:36.05	35.82				
	350m: 4:18.48	37.94	750m: 9:19.40	37.33	1150m: 14:16.14	37.42						
	400m: 4:56.44	37.96	800m: 9:56.22	36.82	1200m: 14:53.31	37.17						
23.	<b>2007</b>				<b>18:41.14</b>				<b>553</b>			
	50m: 35.10	35.10	450m: 5:33.17	37.70	850m: 10:33.79	37.83	1250m: 15:37.30	37.98				
	100m: 1:12.92	37.82	500m: 6:10.51	37.34	900m: 11:11.44	37.65	1300m: 16:14.61	37.31				
	150m: 1:50.18	37.26	550m: 6:48.05	37.54	950m: 11:49.72	38.28	1350m: 16:52.44	37.83				
	200m: 2:27.17	36.99	600m: 7:25.81	37.76	1000m: 12:27.75	38.03	1400m: 17:30.23	37.79				
	250m: 3:04.04	36.87	650m: 8:03.71	37.90	1050m: 13:05.56	37.81	1450m: 18:07.63	37.40				
	300m: 3:41.02	36.98	700m: 8:40.89	37.18	1100m: 13:43.43	37.87	1500m: 18:41.14	33.51				
	350m: 4:17.80	36.78	750m: 9:18.91	38.02	1150m: 14:21.28	37.85						
	400m: 4:55.47	37.67	800m: 9:55.96	37.05	1200m: 14:59.32	38.04						





125, , 1500m , (13-14 )

	/				R.T.				FINA			
<b>24.</b>	<b>2008 I</b>				<b>18:41.23</b>				<b>553</b>			
50m:	34.10	34.10	450m:	5:31.52	37.70	850m:	10:33.73	37.70	1250m:	15:38.10	38.55	
100m:	1:11.13	37.03	500m:	6:09.46	37.94	900m:	11:11.28	37.55	1300m:	16:14.46	36.36	
150m:	1:48.50	37.37	550m:	6:47.13	37.67	950m:	11:49.69	38.41	1350m:	16:52.33	37.87	
200m:	2:25.01	36.51	600m:	7:25.16	38.03	1000m:	12:27.37	37.68	1400m:	17:29.92	37.59	
250m:	3:02.39	37.38	650m:	8:03.19	38.03	1050m:	13:05.70	38.33	1450m:	18:07.28	37.36	
300m:	3:38.91	36.52	700m:	8:40.53	37.34	1100m:	13:43.51	37.81	1500m:	18:41.23	33.95	
350m:	4:16.20	37.29	750m:	9:18.82	38.29	1150m:	14:21.68	38.17				
400m:	4:53.82	37.62	800m:	9:56.03	37.21	1200m:	14:59.55	37.87				
<b>25.</b>	<b>2008</b>				<b>18:43.85</b>				<b>549</b>			
50m:	34.34	34.34	450m:	5:32.71	37.17	850m:	10:33.29	37.75	1250m:	15:36.65	37.27	
100m:	1:11.31	36.97	500m:	6:10.51	37.80	900m:	11:11.16	37.87	1300m:	16:15.10	38.45	
150m:	1:48.07	36.76	550m:	6:47.69	37.18	950m:	11:48.84	37.68	1350m:	16:52.71	37.61	
200m:	2:26.17	38.10	600m:	7:25.43	37.74	1000m:	12:26.90	38.06	1400m:	17:31.22	38.51	
250m:	3:02.90	36.73	650m:	8:02.45	37.02	1050m:	13:04.98	38.08	1450m:	18:07.90	36.68	
300m:	3:41.00	38.10	700m:	8:40.39	37.94	1100m:	13:42.96	37.98	1500m:	18:43.85	35.95	
350m:	4:17.82	36.82	750m:	9:17.62	37.23	1150m:	14:20.84	37.88				
400m:	4:55.54	37.72	800m:	9:55.54	37.92	1200m:	14:59.38	38.54				
<b>26.</b>	<b>2008 I</b>				<b>18:47.53</b>				<b>544</b>			
50m:	33.53	33.53	450m:	5:32.51	37.92	850m:	10:36.91	38.26	1250m:	15:41.18	38.34	
100m:	1:10.10	36.57	500m:	6:10.57	38.06	900m:	11:14.57	37.66	1300m:	16:19.38	38.20	
150m:	1:47.17	37.07	550m:	6:48.50	37.93	950m:	11:53.03	38.46	1350m:	16:57.72	38.34	
200m:	2:24.10	36.93	600m:	7:25.75	37.25	1000m:	12:30.97	37.94	1400m:	17:35.06	37.34	
250m:	3:01.56	37.46	650m:	8:03.99	38.24	1050m:	13:09.04	38.07	1450m:	18:12.39	37.33	
300m:	3:38.70	37.14	700m:	8:42.31	38.32	1100m:	13:46.83	37.79	1500m:	18:47.53	35.14	
350m:	4:16.67	37.97	750m:	9:20.38	38.07	1150m:	14:24.95	38.12				
400m:	4:54.59	37.92	800m:	9:58.65	38.27	1200m:	15:02.84	37.89				
<b>27.</b>	<b>2008 I</b>				<b>18:47.85</b>				<b>543</b>			
50m:	33.71	33.71	450m:	5:36.01	37.88	850m:	10:38.78	37.90	1250m:	15:42.29	37.84	
100m:	1:10.55	36.84	500m:	6:13.94	37.93	900m:	11:16.68	37.90	1300m:	16:20.13	37.84	
150m:	1:48.79	38.24	550m:	6:52.29	38.35	950m:	11:54.65	37.97	1350m:	16:58.04	37.91	
200m:	2:26.54	37.75	600m:	7:29.96	37.67	1000m:	12:32.27	37.62	1400m:	17:35.79	37.75	
250m:	3:04.24	37.70	650m:	8:08.04	38.08	1050m:	13:10.54	38.27	1450m:	18:12.56	36.77	
300m:	3:42.11	37.87	700m:	8:45.86	37.82	1100m:	13:48.41	37.87	1500m:	18:47.85	35.29	
350m:	4:20.28	38.17	750m:	9:23.51	37.65	1150m:	14:26.41	38.00				
400m:	4:58.13	37.85	800m:	10:00.88	37.37	1200m:	15:04.45	38.04				
<b>28.</b>	<b>2008 I</b>				<b>18:47.97</b>				<b>543</b>			
50m:	32.84	32.84	450m:	5:33.45	38.31	850m:	10:36.02	38.30	1250m:	15:42.19	38.05	
100m:	1:08.64	35.80	500m:	6:10.81	37.36	900m:	11:14.12	38.10	1300m:	16:20.25	38.06	
150m:	1:46.23	37.59	550m:	6:48.37	37.56	950m:	11:52.22	38.10	1350m:	16:57.62	37.37	
200m:	2:23.71	37.48	600m:	7:25.33	36.96	1000m:	12:30.07	37.85	1400m:	17:35.87	38.25	
250m:	3:01.56	37.85	650m:	8:03.32	37.99	1050m:	13:09.28	39.21	1450m:	18:11.73	35.86	
300m:	3:39.32	37.76	700m:	8:41.70	38.38	1100m:	13:47.77	38.49	1500m:	18:47.97	36.24	
350m:	4:17.43	38.11	750m:	9:19.48	37.78	1150m:	14:25.91	38.14				
400m:	4:55.14	37.71	800m:	9:57.72	38.24	1200m:	15:04.14	38.23				
<b>29.</b>	<b>2007</b>				<b>18:49.88</b>				<b>540</b>			
50m:	32.73	32.73	450m:	5:28.70	37.89	850m:	10:37.28	39.08	1250m:	15:41.69	38.43	
100m:	1:07.97	35.24	500m:	6:07.21	38.51	900m:	11:16.13	38.85	1300m:	16:20.08	38.39	
150m:	1:44.31	36.34	550m:	6:45.20	37.99	950m:	11:54.02	37.89	1350m:	16:57.87	37.79	
200m:	2:21.27	36.96	600m:	7:23.31	38.11	1000m:	12:31.71	37.69	1400m:	17:36.21	38.34	
250m:	2:58.65	37.38	650m:	8:01.73	38.42	1050m:	13:09.06	37.35	1450m:	18:13.92	37.71	
300m:	3:35.92	37.27	700m:	8:40.36	38.63	1100m:	13:47.25	38.19	1500m:	18:49.88	35.96	
350m:	4:12.97	37.05	750m:	9:19.27	38.91	1150m:	14:25.11	37.86				
400m:	4:50.81	37.84	800m:	9:58.20	38.93	1200m:	15:03.26	38.15				





125, , 1500m , (13-14 )

	/				R.T.				FINA					
30.	2007				<b>18:49.94</b>				540					
	50m:	33.58	33.58	450m:	5:29.77	37.52	850m:	10:32.01	37.99	1250m:	15:38.70	38.57		
	100m:	1:10.01	36.43	500m:	6:07.19	37.42	900m:	11:10.16	38.15	1300m:	16:17.10	38.40		
	150m:	1:46.40	36.39	550m:	6:44.74	37.55	950m:	11:48.57	38.41	1350m:	16:55.50	38.40		
	200m:	2:23.25	36.85	600m:	7:22.71	37.97	1000m:	12:26.79	38.22	1400m:	17:33.93	38.43		
	250m:	3:00.22	36.97	650m:	8:00.43	37.72	1050m:	13:05.42	38.63	1450m:	18:12.19	38.26		
	300m:	3:37.28	37.06	700m:	8:38.13	37.70	1100m:	13:43.52	38.10	1500m:	18:49.94	37.75		
	350m:	4:14.44	37.16	750m:	9:16.18	38.05	1150m:	14:21.69	38.17					
	400m:	4:52.25	37.81	800m:	9:54.02	37.84	1200m:	15:00.13	38.44					
31.	2008 I				<b>18:51.29</b>				538					
	50m:	33.07	33.07	450m:	5:34.40	38.11	850m:	10:39.15	38.15	1250m:	15:44.94	38.60		
	100m:	1:09.69	36.62	500m:	6:11.60	37.20	900m:	11:17.03	37.88	1300m:	16:22.62	37.68		
	150m:	1:47.45	37.76	550m:	6:50.08	38.48	950m:	11:55.54	38.51	1350m:	17:01.82	39.20		
	200m:	2:24.90	37.45	600m:	7:28.24	38.16	1000m:	12:33.64	38.10	1400m:	17:37.78	35.96		
	250m:	3:03.00	38.10	650m:	8:06.95	38.71	1050m:	13:12.43	38.79	1450m:	18:15.95	38.17		
	300m:	3:40.56	37.56	700m:	8:44.63	37.68	1100m:	13:50.77	38.34	1500m:	18:51.29	35.34		
	350m:	4:18.74	38.18	750m:	9:23.68	39.05	1150m:	14:28.94	38.17					
	400m:	4:56.29	37.55	800m:	10:01.00	37.32	1200m:	15:06.34	37.40					
32.	2007				<b>18:52.66</b>				536					
	50m:	33.80	33.80	450m:	5:35.94	38.26	850m:	10:39.64	38.38	1250m:	15:44.55	37.93		
	100m:	1:11.06	37.26	500m:	6:13.47	37.53	900m:	11:17.49	37.85	1300m:	16:23.54	38.99		
	150m:	1:48.75	37.69	550m:	6:50.91	37.44	950m:	11:55.50	38.01	1350m:	17:01.60	38.06		
	200m:	2:26.34	37.59	600m:	7:28.70	37.79	1000m:	12:34.36	38.86	1400m:	17:40.01	38.41		
	250m:	3:04.60	38.26	650m:	8:06.61	37.91	1050m:	13:12.18	37.82	1450m:	18:17.03	37.02		
	300m:	3:42.51	37.91	700m:	8:45.28	38.67	1100m:	13:49.99	37.81	1500m:	18:52.66	35.63		
	350m:	4:19.66	37.15	750m:	9:23.16	37.88	1150m:	14:27.87	37.88					
	400m:	4:57.68	38.02	800m:	10:01.26	38.10	1200m:	15:06.62	38.75					
33.	2008				<b>18:52.67</b>				536					
	50m:	33.83	33.83	450m:	5:36.67	37.96	850m:	10:37.91	38.32	1250m:	15:44.68	38.50		
	100m:	1:11.16	37.33	500m:	6:14.55	37.88	900m:	11:16.12	38.21	1300m:	16:22.74	38.06		
	150m:	1:49.16	38.00	550m:	6:51.95	37.40	950m:	11:54.41	38.29	1350m:	17:00.87	38.13		
	200m:	2:27.02	37.86	600m:	7:29.66	37.71	1000m:	12:32.65	38.24	1400m:	17:38.31	37.44		
	250m:	3:04.94	37.92	650m:	8:07.28	37.62	1050m:	13:11.01	38.36	1450m:	18:15.97	37.66		
	300m:	3:42.73	37.79	700m:	8:44.51	37.23	1100m:	13:49.67	38.66	1500m:	18:52.67	36.70		
	350m:	4:20.56	37.83	750m:	9:22.09	37.58	1150m:	14:28.20	38.53					
	400m:	4:58.71	38.15	800m:	9:59.59	37.50	1200m:	15:06.18	37.98					
34.	2007				<b>18:52.86</b>				536					
	50m:	32.52	32.52	450m:	5:31.99	38.04	850m:	10:37.31	38.21	1250m:	15:44.45	38.56		
	100m:	1:09.10	36.58	500m:	6:10.12	38.13	900m:	11:15.89	38.58	1300m:	16:23.19	38.74		
	150m:	1:45.80	36.70	550m:	6:47.74	37.62	950m:	11:54.18	38.29	1350m:	17:01.69	38.50		
	200m:	2:23.13	37.33	600m:	7:25.93	38.19	1000m:	12:32.52	38.34	1400m:	17:40.17	38.48		
	250m:	3:00.68	37.55	650m:	8:03.98	38.05	1050m:	13:10.37	37.85	1450m:	18:17.61	37.44		
	300m:	3:38.35	37.67	700m:	8:42.22	38.24	1100m:	13:48.78	38.41	1500m:	18:52.86	35.25		
	350m:	4:16.01	37.66	750m:	9:20.34	38.12	1150m:	14:27.30	38.52					
	400m:	4:53.95	37.94	800m:	9:59.10	38.76	1200m:	15:05.89	38.59					
35.	2007 I				<b>18:53.68</b>				535					
	50m:	32.63	32.63	450m:	5:34.19	37.81	850m:	10:39.57	38.18	1250m:	15:46.21	38.18		
	100m:	1:09.79	37.16	500m:	6:12.16	37.97	900m:	11:17.89	38.32	1300m:	16:24.15	37.94		
	150m:	1:47.22	37.43	550m:	6:50.54	38.38	950m:	11:56.52	38.63	1350m:	17:02.64	38.49		
	200m:	2:24.77	37.55	600m:	7:28.94	38.40	1000m:	12:35.30	38.78	1400m:	17:40.67	38.03		
	250m:	3:02.39	37.62	650m:	8:07.12	38.18	1050m:	13:13.44	38.14	1450m:	18:18.21	37.54		
	300m:	3:40.45	38.06	700m:	8:45.22	38.10	1100m:	13:51.75	38.31	1500m:	18:53.68	35.47		
	350m:	4:18.33	37.88	750m:	9:23.39	38.17	1150m:	14:30.19	38.44					
	400m:	4:56.38	38.05	800m:	10:01.39	38.00	1200m:	15:08.03	37.84					



125, , 1500m , (13-14 )

					R.T.				FINA			
36.	2008				<b>18:54.20</b>				534			
	50m:	34.98	34.98	450m:	5:40.10	38.02	850m:	10:46.09	38.15	1250m:	15:47.40	37.67
	100m:	1:13.67	38.69	500m:	6:18.21	38.11	900m:	11:23.84	37.75	1300m:	16:25.09	37.69
	150m:	1:52.08	38.41	550m:	6:56.50	38.29	950m:	12:01.26	37.42	1350m:	17:02.96	37.87
	200m:	2:30.58	38.50	600m:	7:34.62	38.12	1000m:	12:39.18	37.92	1400m:	17:40.83	37.87
	250m:	3:08.73	38.15	650m:	8:12.84	38.22	1050m:	13:16.96	37.78	1450m:	18:17.79	36.96
	300m:	3:46.55	37.82	700m:	8:51.43	38.59	1100m:	13:54.69	37.73	1500m:	18:54.20	36.41
	350m:	4:24.23	37.68	750m:	9:29.64	38.21	1150m:	14:32.24	37.55			
	400m:	5:02.08	37.85	800m:	10:07.94	38.30	1200m:	15:09.73	37.49			
37.	2007				<b>18:54.24</b>				534			
	50m:	34.16	34.16	450m:	5:37.61	38.11	850m:	10:42.40	38.21	1250m:	15:47.15	38.17
	100m:	1:10.83	36.67	500m:	6:15.63	38.02	900m:	11:20.63	38.23	1300m:	16:25.55	38.40
	150m:	1:48.64	37.81	550m:	6:53.83	38.20	950m:	11:58.94	38.31	1350m:	17:03.23	37.68
	200m:	2:26.33	37.69	600m:	7:31.63	37.80	1000m:	12:36.80	37.86	1400m:	17:41.21	37.98
	250m:	3:04.68	38.35	650m:	8:09.95	38.32	1050m:	13:14.80	38.00	1450m:	18:19.15	37.94
	300m:	3:42.87	38.19	700m:	8:48.29	38.34	1100m:	13:52.61	37.81	1500m:	18:54.24	35.09
	350m:	4:21.31	38.44	750m:	9:26.21	37.92	1150m:	14:30.84	38.23			
	400m:	4:59.50	38.19	800m:	10:04.19	37.98	1200m:	15:08.98	38.14			
38.	2007				<b>18:55.16</b>				533			
	50m:	32.70	32.70	450m:	5:29.16	37.71	850m:	10:36.69	38.51	1250m:	15:45.39	38.17
	100m:	1:08.87	36.17	500m:	6:07.21	38.05	900m:	11:15.27	38.58	1300m:	16:23.70	38.31
	150m:	1:45.45	36.58	550m:	6:45.86	38.65	950m:	11:53.95	38.68	1350m:	17:02.00	38.30
	200m:	2:22.44	36.99	600m:	7:23.90	38.04	1000m:	12:33.12	39.17	1400m:	17:40.15	38.15
	250m:	2:59.40	36.96	650m:	8:01.97	38.07	1050m:	13:11.59	38.47	1450m:	18:17.77	37.62
	300m:	3:36.75	37.35	700m:	8:40.73	38.76	1100m:	13:50.08	38.49	1500m:	18:55.16	37.39
	350m:	4:14.06	37.31	750m:	9:19.65	38.92	1150m:	14:28.64	38.56			
	400m:	4:51.45	37.39	800m:	9:58.18	38.53	1200m:	15:07.22	38.58			
39.	2007				<b>18:57.82</b>				529			
	50m:	33.58	33.58	450m:	5:37.18	38.28	850m:	10:40.52	38.12	1250m:	15:47.94	38.64
	100m:	1:11.23	37.65	500m:	6:14.99	37.81	900m:	11:18.60	38.08	1300m:	16:26.46	38.52
	150m:	1:49.43	38.20	550m:	6:52.53	37.54	950m:	11:56.75	38.15	1350m:	17:04.95	38.49
	200m:	2:27.40	37.97	600m:	7:30.32	37.79	1000m:	12:35.28	38.53	1400m:	17:43.44	38.49
	250m:	3:05.63	38.23	650m:	8:07.97	37.65	1050m:	13:13.69	38.41	1450m:	18:20.93	37.49
	300m:	3:43.48	37.85	700m:	8:46.19	38.22	1100m:	13:52.14	38.45	1500m:	18:57.82	36.89
	350m:	4:21.09	37.61	750m:	9:24.35	38.16	1150m:	14:30.52	38.38			
	400m:	4:58.90	37.81	800m:	10:02.40	38.05	1200m:	15:09.30	38.78			
40.	2007				<b>18:58.97</b>				527			
	50m:	31.63	31.63	450m:	5:33.96	38.12	850m:	10:39.97	38.44	1250m:	15:49.00	38.57
	100m:	1:08.03	36.40	500m:	6:12.32	38.36	900m:	11:18.64	38.67	1300m:	16:27.73	38.73
	150m:	1:46.05	38.02	550m:	6:50.40	38.08	950m:	11:57.23	38.59	1350m:	17:06.38	38.65
	200m:	2:23.80	37.75	600m:	7:28.61	38.21	1000m:	12:35.69	38.46	1400m:	17:45.28	38.90
	250m:	3:01.85	38.05	650m:	8:06.69	38.08	1050m:	13:14.60	38.91	1450m:	18:22.74	37.46
	300m:	3:39.71	37.86	700m:	8:44.60	37.91	1100m:	13:53.09	38.49	1500m:	18:58.97	36.23
	350m:	4:17.73	38.02	750m:	9:23.00	38.40	1150m:	14:31.62	38.53			
	400m:	4:55.84	38.11	800m:	10:01.53	38.53	1200m:	15:10.43	38.81			
41.	2007				<b>18:59.06</b>				527			
	50m:	33.09	33.09	450m:	5:34.26	38.06	850m:	10:39.77	38.35	1250m:	15:48.60	38.75
	100m:	1:08.97	35.88	500m:	6:12.24	37.98	900m:	11:18.28	38.51	1300m:	16:27.77	39.17
	150m:	1:46.31	37.34	550m:	6:49.95	37.71	950m:	11:56.75	38.47	1350m:	17:06.07	38.30
	200m:	2:23.94	37.63	600m:	7:28.16	38.21	1000m:	12:35.32	38.57	1400m:	17:44.52	38.45
	250m:	3:01.60	37.66	650m:	8:06.47	38.31	1050m:	13:13.87	38.55	1450m:	18:22.76	38.24
	300m:	3:39.64	38.04	700m:	8:44.67	38.20	1100m:	13:52.46	38.59	1500m:	18:59.06	36.30
	350m:	4:17.78	38.14	750m:	9:23.16	38.49	1150m:	14:31.27	38.81			
	400m:	4:56.20	38.42	800m:	10:01.42	38.26	1200m:	15:09.85	38.58			



125, , 1500m , (13-14 )

	/						R.T.	FINA			
42.	2008 I						<b>18:59.34</b>	I 527			
50m:	34.89	34.89	450m:	5:34.94	38.05	850m:	10:41.14	38.77	1250m:	15:50.28	39.02
100m:	1:11.40	36.51	500m:	6:12.92	37.98	900m:	11:19.61	38.47	1300m:	16:28.62	38.34
150m:	1:48.83	37.43	550m:	6:51.22	38.30	950m:	11:58.27	38.66	1350m:	17:07.29	38.67
200m:	2:26.41	37.58	600m:	7:28.99	37.77	1000m:	12:36.57	38.30	1400m:	17:45.96	38.67
250m:	3:04.18	37.77	650m:	8:07.30	38.31	1050m:	13:15.45	38.88	1450m:	18:23.60	37.64
300m:	3:41.51	37.33	700m:	8:45.52	38.22	1100m:	13:53.95	38.50	1500m:	18:59.34	35.74
350m:	4:19.33	37.82	750m:	9:24.11	38.59	1150m:	14:32.51	38.56			
400m:	4:56.89	37.56	800m:	10:02.37	38.26	1200m:	15:11.26	38.75			
43.	2007						<b>19:02.47</b>	I 523			
50m:	32.58	32.58	450m:	5:35.00	38.29	850m:	10:42.96	38.46	1250m:	15:53.95	39.21
100m:	1:09.28	36.70	500m:	6:13.08	38.08	900m:	11:21.47	38.51	1300m:	16:31.46	37.51
150m:	1:46.93	37.65	550m:	6:51.83	38.75	950m:	12:00.63	39.16	1350m:	17:10.58	39.12
200m:	2:24.43	37.50	600m:	7:30.08	38.25	1000m:	12:39.10	38.47	1400m:	17:49.14	38.56
250m:	3:02.49	38.06	650m:	8:08.46	38.38	1050m:	13:18.63	39.53	1450m:	18:27.80	38.66
300m:	3:40.37	37.88	700m:	8:46.82	38.36	1100m:	13:57.28	38.65	1500m:	19:02.47	34.67
350m:	4:18.85	38.48	750m:	9:26.10	39.28	1150m:	14:36.14	38.86			
400m:	4:56.71	37.86	800m:	10:04.50	38.40	1200m:	15:14.74	38.60			
44.	2007						<b>19:03.28</b>	I 521			
50m:	35.78	35.78	450m:	5:40.46	38.11	850m:	10:47.11	38.39	1250m:	15:54.88	38.25
100m:	1:14.36	38.58	500m:	6:18.66	38.20	900m:	11:25.79	38.68	1300m:	16:33.48	38.60
150m:	1:54.02	39.66	550m:	6:56.74	38.08	950m:	12:03.73	37.94	1350m:	17:11.57	38.09
200m:	2:31.98	37.96	600m:	7:35.13	38.39	1000m:	12:42.27	38.54	1400m:	17:49.46	37.89
250m:	3:09.35	37.37	650m:	8:13.09	37.96	1050m:	13:20.43	38.16	1450m:	18:26.82	37.36
300m:	3:46.83	37.48	700m:	8:51.81	38.72	1100m:	13:59.24	38.81	1500m:	19:03.28	36.46
350m:	4:24.19	37.36	750m:	9:30.05	38.24	1150m:	14:37.44	38.20			
400m:	5:02.35	38.16	800m:	10:08.72	38.67	1200m:	15:16.63	39.19			
45.	2008 I						<b>19:05.47</b>	I 518			
50m:	33.46	33.46	450m:	5:36.81	38.56	850m:	10:44.98	38.36	1250m:	15:54.55	38.49
100m:	1:10.38	36.92	500m:	6:15.03	38.22	900m:	11:23.14	38.16	1300m:	16:33.69	39.14
150m:	1:47.72	37.34	550m:	6:53.53	38.50	950m:	12:01.73	38.59	1350m:	17:12.13	38.44
200m:	2:25.50	37.78	600m:	7:31.95	38.42	1000m:	12:41.04	39.31	1400m:	17:50.86	38.73
250m:	3:03.37	37.87	650m:	8:10.29	38.34	1050m:	13:19.55	38.51	1450m:	18:28.81	37.95
300m:	3:41.86	38.49	700m:	8:49.46	39.17	1100m:	13:58.36	38.81	1500m:	19:05.47	36.66
350m:	4:19.94	38.08	750m:	9:27.70	38.24	1150m:	14:37.16	38.80			
400m:	4:58.25	38.31	800m:	10:06.62	38.92	1200m:	15:16.06	38.90			
46.	2007 I						<b>19:09.16</b>	I 513			
50m:	33.89	33.89	450m:	5:34.31	37.84	850m:	10:42.61	38.41	1250m:	15:56.90	39.61
100m:	1:10.14	36.25	500m:	6:12.70	38.39	900m:	11:21.06	38.45	1300m:	16:36.54	39.64
150m:	1:47.46	37.32	550m:	6:51.28	38.58	950m:	11:59.99	38.93	1350m:	17:16.45	39.91
200m:	2:24.68	37.22	600m:	7:29.78	38.50	1000m:	12:38.65	38.66	1400m:	17:56.22	39.77
250m:	3:02.00	37.32	650m:	8:08.30	38.52	1050m:	13:18.21	39.56	1450m:	18:33.67	37.45
300m:	3:39.67	37.67	700m:	8:46.51	38.21	1100m:	13:57.88	39.67	1500m:	19:09.16	35.49
350m:	4:18.07	38.40	750m:	9:25.61	39.10	1150m:	14:38.14	40.26			
400m:	4:56.47	38.40	800m:	10:04.20	38.59	1200m:	15:17.29	39.15			
47.	2008 I						<b>19:12.95</b>	I 508			
50m:	34.42	34.42	450m:	5:35.92	38.32	850m:	10:46.68	39.02	1250m:	15:58.89	39.36
100m:	1:11.54	37.12	500m:	6:14.50	38.58	900m:	11:25.67	38.99	1300m:	16:38.46	39.57
150m:	1:48.62	37.08	550m:	6:53.13	38.63	950m:	12:04.91	39.24	1350m:	17:18.20	39.74
200m:	2:26.13	37.51	600m:	7:31.85	38.72	1000m:	12:43.82	38.91	1400m:	17:57.62	39.42
250m:	3:03.79	37.66	650m:	8:10.92	39.07	1050m:	13:23.20	39.38	1450m:	18:35.97	38.35
300m:	3:41.42	37.63	700m:	8:49.75	38.83	1100m:	14:02.17	38.97	1500m:	19:12.95	36.98
350m:	4:19.37	37.95	750m:	9:28.68	38.93	1150m:	14:41.32	39.15			
400m:	4:57.60	38.23	800m:	10:07.66	38.98	1200m:	15:19.53	38.21			





125, , 1500m , (13-14 )

									R.T.					FINA	
48.	2007				-					<b>19:13.61</b>					508
	50m:	33.12	33.12	450m:	5:34.67	38.20	850m:	10:44.49	39.08	1250m:	15:59.12	39.61			
	100m:	1:10.02	36.90	500m:	6:13.09	38.42	900m:	11:23.66	39.17	1300m:	16:38.66	39.54			
	150m:	1:47.33	37.31	550m:	6:51.29	38.20	950m:	12:02.91	39.25	1350m:	17:17.89	39.23			
	200m:	2:24.45	37.12	600m:	7:30.21	38.92	1000m:	12:41.83	38.92	1400m:	17:57.56	39.67			
	250m:	3:02.37	37.92	650m:	8:09.19	38.98	1050m:	13:21.71	39.88	1450m:	18:35.48	37.92			
	300m:	3:40.12	37.75	700m:	8:47.82	38.63	1100m:	14:01.08	39.37	1500m:	19:13.61	38.13			
	350m:	4:18.09	37.97	750m:	9:26.63	38.81	1150m:	14:40.15	39.07						
	400m:	4:56.47	38.38	800m:	10:05.41	38.78	1200m:	15:19.51	39.36						
49.	2007									<b>19:24.13</b>					494
	50m:	34.01	34.01	450m:	5:37.62	38.11	850m:	10:46.55	39.18	1250m:	16:05.58	40.08			
	100m:	1:11.43	37.42	500m:	6:15.93	38.31	900m:	11:26.11	39.56	1300m:	16:45.81	40.23			
	150m:	1:49.43	38.00	550m:	6:53.70	37.77	950m:	12:05.71	39.60	1350m:	17:25.99	40.18			
	200m:	2:27.43	38.00	600m:	7:31.99	38.29	1000m:	12:46.04	40.33	1400m:	18:06.62	40.63			
	250m:	3:05.37	37.94	650m:	8:10.43	38.44	1050m:	13:25.89	39.85	1450m:	18:45.93	39.31			
	300m:	3:43.28	37.91	700m:	8:49.06	38.63	1100m:	14:06.21	40.32	1500m:	19:24.13	38.20			
	350m:	4:21.54	38.26	750m:	9:28.31	39.25	1150m:	14:46.40	40.19						
	400m:	4:59.51	37.97	800m:	10:07.37	39.06	1200m:	15:25.50	39.10						
50.	2007									<b>19:27.45</b>					490
	50m:	31.23	31.23	450m:	5:39.28	39.54	850m:	10:57.79	39.94	1250m:	16:15.88	39.68			
	100m:	1:07.19	35.96	500m:	6:18.92	39.64	900m:	11:37.21	39.42	1300m:	16:55.65	39.77			
	150m:	1:44.81	37.62	550m:	6:58.18	39.26	950m:	12:17.86	40.65	1350m:	17:34.90	39.25			
	200m:	2:22.73	37.92	600m:	7:37.88	39.70	1000m:	12:57.28	39.42	1400m:	18:12.59	37.69			
	250m:	3:01.87	39.14	650m:	8:17.68	39.80	1050m:	13:37.63	40.35	1450m:	18:51.23	38.64			
	300m:	3:41.06	39.19	700m:	8:57.90	40.22	1100m:	14:16.85	39.22	1500m:	19:27.45	36.22			
	350m:	4:19.97	38.91	750m:	9:38.35	40.45	1150m:	14:57.00	40.15						
	400m:	4:59.74	39.77	800m:	10:17.85	39.50	1200m:	15:36.20	39.20						
51.	2008									<b>19:34.96</b>					480
	50m:	32.16	32.16	450m:	5:47.03	40.03	850m:	11:05.56	39.76	1250m:	16:22.30	39.31			
	100m:	1:09.59	37.43	500m:	6:27.65	40.62	900m:	11:45.39	39.83	1300m:	17:02.01	39.71			
	150m:	1:48.80	39.21	550m:	7:07.27	39.62	950m:	12:25.40	40.01	1350m:	17:40.58	38.57			
	200m:	2:28.55	39.75	600m:	7:46.62	39.35	1000m:	13:04.53	39.13	1400m:	18:19.97	39.39			
	250m:	3:08.23	39.68	650m:	8:26.58	39.96	1050m:	13:44.32	39.79	1450m:	18:58.49	38.52			
	300m:	3:47.80	39.57	700m:	9:06.51	39.93	1100m:	14:24.14	39.82	1500m:	19:34.96	36.47			
	350m:	4:27.33	39.53	750m:	9:45.91	39.40	1150m:	15:03.53	39.39						
	400m:	5:07.00	39.67	800m:	10:25.80	39.89	1200m:	15:42.99	39.46						
52.	2007				-					<b>19:46.32</b>					467
	50m:	32.91	32.91	450m:	5:41.86	39.25	850m:	11:01.15	40.12	1250m:	16:25.65	41.12			
	100m:	1:10.04	37.13	500m:	6:21.51	39.65	900m:	11:41.68	40.53	1300m:	17:06.06	40.41			
	150m:	1:48.13	38.09	550m:	7:01.05	39.54	950m:	12:21.69	40.01	1350m:	17:46.82	40.76			
	200m:	2:26.65	38.52	600m:	7:40.69	39.64	1000m:	13:01.90	40.21	1400m:	18:27.46	40.64			
	250m:	3:05.33	38.68	650m:	8:20.43	39.74	1050m:	13:42.59	40.69	1450m:	19:07.56	40.10			
	300m:	3:44.68	39.35	700m:	9:00.92	40.49	1100m:	14:23.16	40.57	1500m:	19:46.32	38.76			
	350m:	4:23.38	38.70	750m:	9:40.64	39.72	1150m:	15:03.88	40.72						
	400m:	5:02.61	39.23	800m:	10:21.03	40.39	1200m:	15:44.53	40.65						
53.	2008									<b>19:53.17</b>					459
	50m:	32.08	32.08	450m:	5:50.10	40.84	850m:	11:13.25	40.91	1250m:	16:38.67	40.54			
	100m:	1:08.55	36.47	500m:	6:30.17	40.07	900m:	11:54.27	41.02	1300m:	17:19.28	40.61			
	150m:	1:47.78	39.23	550m:	7:10.63	40.46	950m:	12:35.01	40.74	1350m:	17:59.36	40.08			
	200m:	2:27.46	39.68	600m:	7:50.77	40.14	1000m:	13:16.07	41.06	1400m:	18:38.94	39.58			
	250m:	3:08.21	40.75	650m:	8:31.08	40.31	1050m:	13:57.23	41.16	1450m:	19:17.48	38.54			
	300m:	3:48.07	39.86	700m:	9:11.58	40.50	1100m:	14:37.44	40.21	1500m:	19:53.17	35.69			
	350m:	4:28.85	40.78	750m:	9:52.35	40.77	1150m:	15:17.82	40.38						
	400m:	5:09.26	40.41	800m:	10:32.34	39.99	1200m:	15:58.13	40.31						



125, , 1500m , (13-14 )

	/				R.T.				FINA			
<b>54.</b>	<b>2008 I</b>				<b>19:57.91 I</b>				<b>453</b>			
50m:	35.56	35.56	450m:	5:48.91	39.46	850m:	11:10.28	40.26	1250m:	16:37.81	41.18	
100m:	1:14.26	38.70	500m:	6:28.61	39.70	900m:	11:50.73	40.45	1300m:	17:19.07	41.26	
150m:	1:52.91	38.65	550m:	7:08.24	39.63	950m:	12:31.74	41.01	1350m:	17:59.75	40.68	
200m:	2:32.17	39.26	600m:	7:48.58	40.34	1000m:	13:12.63	40.89	1400m:	18:40.44	40.69	
250m:	3:11.12	38.95	650m:	8:28.82	40.24	1050m:	13:53.41	40.78	1450m:	19:20.16	39.72	
300m:	3:50.76	39.64	700m:	9:09.22	40.40	1100m:	14:34.25	40.84	1500m:	19:57.91	37.75	
350m:	4:29.88	39.12	750m:	9:49.41	40.19	1150m:	15:15.37	41.12				
400m:	5:09.45	39.57	800m:	10:30.02	40.61	1200m:	15:56.63	41.26				
<b>55.</b>	<b>2008 I</b>				<b>20:14.56 I</b>				<b>435</b>			
50m:	35.70	35.70	450m:	5:57.65	40.64	850m:	11:25.75	41.10	1250m:	16:53.76	40.75	
100m:	1:14.60	38.90	500m:	6:38.91	41.26	900m:	12:06.94	41.19	1300m:	17:34.53	40.77	
150m:	1:54.38	39.78	550m:	7:19.66	40.75	950m:	12:48.15	41.21	1350m:	18:13.97	39.44	
200m:	2:34.65	40.27	600m:	8:00.70	41.04	1000m:	13:29.34	41.19	1400m:	18:55.36	41.39	
250m:	3:15.23	40.58	650m:	8:41.63	40.93	1050m:	14:10.39	41.05	1450m:	19:36.03	40.67	
300m:	3:55.78	40.55	700m:	9:22.79	41.16	1100m:	14:51.61	41.22	1500m:	20:14.56	38.53	
350m:	4:36.32	40.54	750m:	10:03.73	40.94	1150m:	15:32.36	40.75				
400m:	5:17.01	40.69	800m:	10:44.65	40.92	1200m:	16:13.01	40.65				
DNS	2007 I											
DNS	2007 I											
DNS	2007											
DNS	2008 I											
DNS	2008											