



12
 05.05.2021 - 10:47

, 400m

(13-14)

		4:04.10		4:08.81		-		(AZE)		04.04.2021		
		4:18.63								24.06.2015		
										12.05.2013		
: FINA 2020												
		/				R.T.				FINA		
1.			2007		-			4:26.43			699 Q	
	50m:	30.19	30.19	150m:	1:38.54	34.08	250m:	2:46.65	33.98	350m:	3:54.81	33.81
	100m:	1:04.46	34.27	200m:	2:12.67	34.13	300m:	3:21.00	34.35	400m:	4:26.43	31.62
2.			2007					4:26.48			698 Q	
	50m:	30.61	30.61	150m:	1:38.27	34.42	250m:	2:46.71	34.17	350m:	3:54.77	33.94
	100m:	1:03.85	33.24	200m:	2:12.54	34.27	300m:	3:20.83	34.12	400m:	4:26.48	31.71
3.			2007					4:28.22			685 Q	
	50m:	30.87	30.87	150m:	1:38.66	34.21	250m:	2:47.08	34.24	350m:	3:55.27	34.09
	100m:	1:04.45	33.58	200m:	2:12.84	34.18	300m:	3:21.18	34.10	400m:	4:28.22	32.95
4.			2008					4:28.44			683 Q	
	50m:	30.54	30.54	150m:	1:38.88	34.31	250m:	2:47.47	34.07	350m:	3:55.93	33.67
	100m:	1:04.57	34.03	200m:	2:13.40	34.52	300m:	3:22.26	34.79	400m:	4:28.44	32.51
5.			2007					4:29.67			674 Q	
	50m:	30.71	30.71	150m:	1:39.81	34.99	250m:	2:49.26	34.41	350m:	3:57.61	33.82
	100m:	1:04.82	34.11	200m:	2:14.85	35.04	300m:	3:23.79	34.53	400m:	4:29.67	32.06
6.			2008 I					4:32.88			650 Q	
	100m:	1:06.36	1:06.36	200m:	2:15.53	35.09	300m:	3:24.71	35.20	400m:	4:32.88	33.72
	150m:	1:40.44	34.08	250m:	2:49.51	33.98	350m:	3:59.16	34.45			
7.			2007					4:33.26			647 Q	
	50m:	31.73	31.73	150m:	1:41.12	34.80	250m:	2:50.70	34.85	350m:	4:00.25	34.75
	100m:	1:06.32	34.59	200m:	2:15.85	34.73	300m:	3:25.50	34.80	400m:	4:33.26	33.01
8.			2007					4:33.35			647 Q	
	50m:	30.75	30.75	150m:	1:39.78	34.80	250m:	2:49.50	34.78	350m:	3:59.32	34.84
	100m:	1:04.98	34.23	200m:	2:14.72	34.94	300m:	3:24.48	34.98	400m:	4:33.35	34.03
9.			2007 I					4:33.59			645 R	
	50m:	30.97	30.97	150m:	1:39.43	34.55	250m:	2:50.05	35.56	350m:	4:00.42	34.76
	100m:	1:04.88	33.91	200m:	2:14.49	35.06	300m:	3:25.66	35.61	400m:	4:33.59	33.17
10.			2007					4:35.42			632 R	
	50m:	31.29	31.29	150m:	1:38.83	34.01	250m:	2:48.74	34.78	350m:	3:59.92	35.40
	100m:	1:04.82	33.53	200m:	2:13.96	35.13	300m:	3:24.52	35.78	400m:	4:35.42	35.50
11.			2007		-			4:36.19			627	
	50m:	30.30	30.30	150m:	1:39.35	34.87	250m:	2:49.48	35.01	350m:	4:00.99	35.83
	100m:	1:04.48	34.18	200m:	2:14.47	35.12	300m:	3:25.16	35.68	400m:	4:36.19	35.20
12.			2007					4:36.60			624	
	50m:	31.46	31.46	150m:	1:41.05	35.39	250m:	2:52.43	35.77	350m:	4:03.23	35.17
	100m:	1:05.66	34.20	200m:	2:16.66	35.61	300m:	3:28.06	35.63	400m:	4:36.60	33.37
13.			2008 I					4:37.43			619	
	50m:	30.67	30.67	150m:	1:40.37	35.22	250m:	2:51.06	35.13	350m:	4:02.82	35.65
	100m:	1:05.15	34.48	200m:	2:15.93	35.56	300m:	3:27.17	36.11	400m:	4:37.43	34.61
14.			2007					4:37.53			618	
	50m:	30.83	30.83	150m:	1:40.01	34.84	250m:	2:51.25	35.60	350m:	4:03.12	35.84
	100m:	1:05.17	34.34	200m:	2:15.65	35.64	300m:	3:27.28	36.03	400m:	4:37.53	34.41
15.			2007					4:38.17			614	
	50m:	31.22	31.22	150m:	1:40.86	35.24	250m:	2:51.95	35.48	350m:	4:03.95	35.92
	100m:	1:05.62	34.40	200m:	2:16.47	35.61	300m:	3:28.03	36.08	400m:	4:38.17	34.22

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		12, 400m						(13-14)			
				/				R.T.		FINA	
16.				2008	I					4:38.55	611
	50m:	30.88	30.88	150m:	1:40.50	34.89	250m:	2:51.91	35.87	350m:	4:04.15
	100m:	1:05.61	34.73	200m:	2:16.04	35.54	300m:	3:28.08	36.17	400m:	4:38.55
17.				2007						4:38.71	610
	50m:	32.20	32.20	150m:	1:41.61	35.05	250m:	2:51.91	35.28	350m:	4:03.47
	100m:	1:06.56	34.36	200m:	2:16.63	35.02	300m:	3:27.17	35.26	400m:	4:38.71
18.				2007						4:38.98	608
	50m:	32.14	32.14	150m:	1:42.93	35.50	250m:	2:52.91	34.80	350m:	4:04.65
	100m:	1:07.43	35.29	200m:	2:18.11	35.18	300m:	3:28.58	35.67	400m:	4:38.98
19.				2008						4:39.19	607
	50m:	31.95	31.95	150m:	1:42.97	35.65	250m:	2:54.41	35.59	350m:	4:05.41
	100m:	1:07.32	35.37	200m:	2:18.82	35.85	300m:	3:29.78	35.37	400m:	4:39.19
20.				2007		-				4:39.28	606
	50m:	30.43	30.43	150m:	1:39.09	34.68	250m:	2:51.05	36.40	350m:	4:03.70
	100m:	1:04.41	33.98	200m:	2:14.65	35.56	300m:	3:27.86	36.81	400m:	4:39.28
21.				2007						4:39.38	606
	50m:	31.90	31.90	150m:	1:41.87	35.04	250m:	2:53.82	35.98	350m:	4:05.31
	100m:	1:06.83	34.93	200m:	2:17.84	35.97	300m:	3:29.97	36.15	400m:	4:39.38
22.				2008	I					4:39.72	604
	50m:	31.95	31.95	150m:	1:41.69	34.60	250m:	2:52.71	35.17	350m:	4:04.98
	100m:	1:07.09	35.14	200m:	2:17.54	35.85	300m:	3:28.85	36.14	400m:	4:39.72
23.				2007						4:39.88	603
	50m:	32.18	32.18	150m:	1:43.36	35.63	250m:	2:54.11	35.32	350m:	4:05.64
	100m:	1:07.73	35.55	200m:	2:18.79	35.43	300m:	3:30.43	36.32	400m:	4:39.88
24.				2008	I					4:39.89	602
	50m:	32.01	32.01	150m:	1:42.42	35.30	250m:	2:54.13	35.85	350m:	4:05.92
	100m:	1:07.12	35.11	200m:	2:18.28	35.86	300m:	3:30.25	36.12	400m:	4:39.89
25.				2007						4:40.20	600
	50m:	31.59	31.59	150m:	1:42.16	35.88	250m:	2:53.84	35.85	350m:	4:05.71
	100m:	1:06.28	34.69	200m:	2:17.99	35.83	300m:	3:29.76	35.92	400m:	4:40.20
26.				2008		-				4:40.68	597
	50m:	30.30	30.30	150m:	1:39.52	34.83	250m:	2:51.01	35.98	350m:	4:04.86
	100m:	1:04.69	34.39	200m:	2:15.03	35.51	300m:	3:27.81	36.80	400m:	4:40.68
27.				2007						4:40.78	597
	50m:	31.60	31.60	150m:	1:42.72	36.01	250m:	2:54.55	35.66	350m:	4:06.11
	100m:	1:06.71	35.11	200m:	2:18.89	36.17	300m:	3:30.67	36.12	400m:	4:40.78
28.				2007		-				4:40.85	596
	50m:	31.49	31.49	150m:	1:41.01	34.96	250m:	2:53.26	35.99	350m:	4:06.32
	100m:	1:06.05	34.56	200m:	2:17.27	36.26	300m:	3:29.30	36.04	400m:	4:40.85
29.				2007						4:41.05	595
	50m:	32.90	32.90	150m:	1:45.81	36.20	250m:	2:57.43	35.71	350m:	4:08.09
	100m:	1:09.61	36.71	200m:	2:21.72	35.91	300m:	3:33.03	35.60	400m:	4:41.05
30.				2007	I					4:41.54	592
	50m:	31.70	31.70	150m:	1:40.40	34.86	250m:	2:52.60	36.27	350m:	4:06.12
	100m:	1:05.54	33.84	200m:	2:16.33	35.93	300m:	3:29.49	36.89	400m:	4:41.54
31.				2007						4:42.30	587
	50m:	31.48	31.48	150m:	1:41.46	35.48	250m:	2:54.38	36.66	350m:	4:07.81
	100m:	1:05.98	34.50	200m:	2:17.72	36.26	300m:	3:31.26	36.88	400m:	4:42.30
32.				2007						4:42.34	587
	50m:	32.62	32.62	150m:	1:43.20	35.69	250m:	2:55.06	35.97	350m:	4:07.03
	100m:	1:07.51	34.89	200m:	2:19.09	35.89	300m:	3:31.03	35.97	400m:	4:42.34

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		12, 400m						(13-14)				
				/				R.T.		FINA		
33.				2007					4:42.78		584	
	50m:	31.00	31.00	150m:	1:41.45	35.87	250m:	2:54.80	36.77	350m:	4:07.41	36.24
	100m:	1:05.58	34.58	200m:	2:18.03	36.58	300m:	3:31.17	36.37	400m:	4:42.78	35.37
34.				2008					4:42.90		583	
	50m:	32.78	32.78	150m:	1:45.25	36.16	250m:	2:57.51	35.88	350m:	4:09.18	35.36
	100m:	1:09.09	36.31	200m:	2:21.63	36.38	300m:	3:33.82	36.31	400m:	4:42.90	33.72
35.				2007					4:42.95		583	
	50m:	32.32	32.32	150m:	1:44.64	36.50	250m:	2:56.26	35.67	350m:	4:08.46	36.00
	100m:	1:08.14	35.82	200m:	2:20.59	35.95	300m:	3:32.46	36.20	400m:	4:42.95	34.49
36.				2007					4:43.44		580	
	50m:	30.61	30.61	150m:	1:39.96	35.02	250m:	2:53.01	36.80	350m:	4:08.27	36.92
	100m:	1:04.94	34.33	200m:	2:16.21	36.25	300m:	3:31.35	38.34	400m:	4:43.44	35.17
37.				2008 I					4:43.47		580	
	50m:	32.25	32.25	150m:	1:43.37	35.80	250m:	2:55.53	35.81	350m:	4:08.71	36.29
	100m:	1:07.57	35.32	200m:	2:19.72	36.35	300m:	3:32.42	36.89	400m:	4:43.47	34.76
38.				2007 I					4:43.82		578	
	50m:	31.56	31.56	150m:	1:43.95	36.45	250m:	2:56.19	35.71	350m:	4:08.36	36.08
	100m:	1:07.50	35.94	200m:	2:20.48	36.53	300m:	3:32.28	36.09	400m:	4:43.82	35.46
39.				2007					4:43.94		577	
	50m:	32.36	32.36	150m:	1:42.98	35.59	250m:	2:55.32	36.24	350m:	4:08.27	36.42
	100m:	1:07.39	35.03	200m:	2:19.08	36.10	300m:	3:31.85	36.53	400m:	4:43.94	35.67
40.				2008					4:44.09 I		576	
	50m:	31.43	31.43	150m:	1:41.69	35.40	250m:	2:54.67	37.07	350m:	4:08.26	36.84
	100m:	1:06.29	34.86	200m:	2:17.60	35.91	300m:	3:31.42	36.75	400m:	4:44.09	35.83
41.				2008					4:44.17 I		576	
	50m:	32.87	32.87	150m:	1:45.04	36.45	250m:	2:57.91	36.47	350m:	4:10.04	35.72
	100m:	1:08.59	35.72	200m:	2:21.44	36.40	300m:	3:34.32	36.41	400m:	4:44.17	34.13
42.				2008					4:44.33 I		575	
	50m:	32.44	32.44	150m:	1:44.80	35.98	250m:	2:57.19	36.34	350m:	4:10.11	36.58
	100m:	1:08.82	36.38	200m:	2:20.85	36.05	300m:	3:33.53	36.34	400m:	4:44.33	34.22
43.				2008					4:44.36 I		574	
	50m:	32.51	32.51	150m:	1:44.08	36.35	250m:	2:57.29	36.91	350m:	4:09.87	36.20
	100m:	1:07.73	35.22	200m:	2:20.38	36.30	300m:	3:33.67	36.38	400m:	4:44.36	34.49
44.				2007					4:44.58 I		573	
	50m:	32.05	32.05	150m:	1:42.94	35.70	250m:	2:55.87	36.39	350m:	4:09.49	36.49
	100m:	1:07.24	35.19	200m:	2:19.48	36.54	300m:	3:33.00	37.13	400m:	4:44.58	35.09
45.				2008					4:44.62 I		573	
	50m:	32.19	32.19	150m:	1:43.40	35.82	250m:	2:55.85	36.19	350m:	4:09.06	36.55
	100m:	1:07.58	35.39	200m:	2:19.66	36.26	300m:	3:32.51	36.66	400m:	4:44.62	35.56
46.				2007					4:44.66 I		573	
	50m:	32.80	32.80	150m:	1:44.23	36.28	250m:	2:56.95	36.49	350m:	4:09.66	36.12
	100m:	1:07.95	35.15	200m:	2:20.46	36.23	300m:	3:33.54	36.59	400m:	4:44.66	35.00
47.				2007					4:44.79 I		572	
	50m:	30.47	30.47	150m:	1:40.92	35.82	250m:	2:54.59	37.23	350m:	4:09.10	37.30
	100m:	1:05.10	34.63	200m:	2:17.36	36.44	300m:	3:31.80	37.21	400m:	4:44.79	35.69
48.				2008					4:44.82 I		572	
	50m:	32.36	32.36	150m:	1:43.95	36.24	250m:	2:56.76	36.82	350m:	4:10.09	36.77
	100m:	1:07.71	35.35	200m:	2:19.94	35.99	300m:	3:33.32	36.56	400m:	4:44.82	34.73
49.				2008 I					4:44.83 I		572	
	50m:	31.69	31.69	150m:	1:43.20	36.83	250m:	2:57.88	37.39	350m:	4:12.10	37.14
	100m:	1:06.37	34.68	200m:	2:20.49	37.29	300m:	3:34.96	37.08	400m:	4:44.83	32.73



12, , 400m , , (13-14)

	/				R.T.				FINA			
50.	2008				4:45.48				568			
	50m: 31.34	31.34	150m: 1:44.04	36.37	250m: 2:57.34	36.18	350m: 4:11.98	36.88				
	100m: 1:07.67	36.33	200m: 2:21.16	37.12	300m: 3:35.10	37.76	400m: 4:45.48	33.50				
51.	2007				4:45.51				568			
	50m: 30.41	30.41	150m: 1:41.10	36.43	250m: 2:55.93	37.50	350m: 4:09.95	36.94				
	100m: 1:04.67	34.26	200m: 2:18.43	37.33	300m: 3:33.01	37.08	400m: 4:45.51	35.56				
52.	2008				4:45.55				567			
	50m: 32.08	32.08	150m: 1:44.11	36.19	250m: 2:56.45	36.07	350m: 4:09.64	36.62				
	100m: 1:07.92	35.84	200m: 2:20.38	36.27	300m: 3:33.02	36.57	400m: 4:45.55	35.91				
53.	2008				4:45.56				567			
	50m: 32.19	32.19	150m: 1:44.15	36.71	250m: 2:57.58	37.09	350m: 4:10.63	36.45				
	100m: 1:07.44	35.25	200m: 2:20.49	36.34	300m: 3:34.18	36.60	400m: 4:45.56	34.93				
54.	2007				4:45.87				565			
	50m: 31.35	31.35	150m: 1:41.87	35.77	250m: 2:55.38	36.79	350m: 4:10.07	37.47				
	100m: 1:06.10	34.75	200m: 2:18.59	36.72	300m: 3:32.60	37.22	400m: 4:45.87	35.80				
55.	2008				4:46.15				564			
	50m: 32.43	32.43	150m: 1:47.25	37.84	250m: 3:01.31	36.74	350m: 4:12.78	34.82				
	100m: 1:09.41	36.98	200m: 2:24.57	37.32	300m: 3:37.96	36.65	400m: 4:46.15	33.37				
56.	2008				4:46.60				561			
	50m: 31.06	31.06	150m: 1:42.34	36.33	250m: 2:56.62	37.52	350m: 4:11.28	37.35				
	100m: 1:06.01	34.95	200m: 2:19.10	36.76	300m: 3:33.93	37.31	400m: 4:46.60	35.32				
	2008				4:46.60				561			
	50m: 32.66	32.66	150m: 1:45.05	36.77	250m: 2:58.88	37.08	350m: 4:12.13	36.41				
	100m: 1:08.28	35.62	200m: 2:21.80	36.75	300m: 3:35.72	36.84	400m: 4:46.60	34.47				
58.	2008				4:46.74				560			
	50m: 31.26	31.26	150m: 1:42.28	36.28	250m: 2:56.57	37.09	350m: 4:11.16	37.04				
	100m: 1:06.00	34.74	200m: 2:19.48	37.20	300m: 3:34.12	37.55	400m: 4:46.74	35.58				
59.	2007				4:46.80				560			
	50m: 33.38	33.38	150m: 1:47.83	37.42	250m: 2:59.73	35.69	350m: 4:12.21	36.54				
	100m: 1:10.41	37.03	200m: 2:24.04	36.21	300m: 3:35.67	35.94	400m: 4:46.80	34.59				
60.	2007				4:47.00				559			
	50m: 32.39	32.39	150m: 1:44.37	36.32	250m: 2:57.82	36.90	350m: 4:12.03	37.06				
	100m: 1:08.05	35.66	200m: 2:20.92	36.55	300m: 3:34.97	37.15	400m: 4:47.00	34.97				
61.	2007				4:47.02				559			
	50m: 31.08	31.08	150m: 1:41.16	35.67	250m: 2:55.04	37.28	350m: 4:10.96	37.96				
	100m: 1:05.49	34.41	200m: 2:17.76	36.60	300m: 3:33.00	37.96	400m: 4:47.02	36.06				
62.	2008				4:47.08				558			
	50m: 32.19	32.19	150m: 1:45.09	36.92	250m: 2:59.48	37.39	350m: 4:13.03	36.32				
	100m: 1:08.17	35.98	200m: 2:22.09	37.00	300m: 3:36.71	37.23	400m: 4:47.08	34.05				
63.	2008				4:47.15				558			
	50m: 32.00	32.00	150m: 1:44.60	36.47	250m: 2:58.48	36.94	350m: 4:12.29	36.77				
	100m: 1:08.13	36.13	200m: 2:21.54	36.94	300m: 3:35.52	37.04	400m: 4:47.15	34.86				
64.	2007				4:47.21				558			
	50m: 32.40	32.40	150m: 1:44.63	36.77	250m: 2:57.97	36.88	350m: 4:12.33	37.28				
	100m: 1:07.86	35.46	200m: 2:21.09	36.46	300m: 3:35.05	37.08	400m: 4:47.21	34.88				
65.	2007				4:47.28				557			
	50m: 32.87	32.87	150m: 1:46.09	36.91	250m: 2:59.81	36.81	350m: 4:12.64	35.97				
	100m: 1:09.18	36.31	200m: 2:23.00	36.91	300m: 3:36.67	36.86	400m: 4:47.28	34.64				
66.	2008				4:47.51				556			
	50m: 33.95	33.95	150m: 1:47.26	36.62	250m: 2:59.89	36.13	350m: 4:12.41	36.06				
	100m: 1:10.64	36.69	200m: 2:23.76	36.50	300m: 3:36.35	36.46	400m: 4:47.51	35.10				

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		12, 400m						(13-14)			
				/				R.T.		FINA	
67.				2007					4:47.64		555
	50m:	32.06	32.06	150m:	1:44.32	36.76	250m:	2:58.41	37.05	350m:	4:12.24
	100m:	1:07.56	35.50	200m:	2:21.36	37.04	300m:	3:35.16	36.75	400m:	4:47.64
				2008					4:47.64		555
	50m:	32.72	32.72	150m:	1:45.35	36.96	250m:	2:59.39	36.90	350m:	4:12.93
	100m:	1:08.39	35.67	200m:	2:22.49	37.14	300m:	3:36.25	36.86	400m:	4:47.64
69.				2007		-			4:47.89		554
	50m:	31.60	31.60	150m:	1:42.96	36.65	250m:	2:57.10	37.44	350m:	4:11.95
	100m:	1:06.31	34.71	200m:	2:19.66	36.70	300m:	3:34.57	37.47	400m:	4:47.89
70.				2008					4:47.91		553
	50m:	32.41	32.41	150m:	1:45.31	36.84	250m:	2:59.59	37.26	350m:	4:13.45
	100m:	1:08.47	36.06	200m:	2:22.33	37.02	300m:	3:37.00	37.41	400m:	4:47.91
71.				2008					4:47.99		553
	50m:	33.42	33.42	150m:	1:46.83	36.67	250m:	3:00.00	36.32	350m:	4:12.62
	100m:	1:10.16	36.74	200m:	2:23.68	36.85	300m:	3:36.71	36.71	400m:	4:47.99
72.				2007		-			4:48.13		552
	50m:	31.12	31.12	150m:	1:44.03	37.25	250m:	2:58.94	37.61	350m:	4:13.34
	100m:	1:06.78	35.66	200m:	2:21.33	37.30	300m:	3:36.25	37.31	400m:	4:48.13
73.				2007					4:48.50		550
	50m:	31.61	31.61	150m:	1:43.67	36.48	250m:	2:58.00	37.48	350m:	4:13.25
	100m:	1:07.19	35.58	200m:	2:20.52	36.85	300m:	3:35.46	37.46	400m:	4:48.50
74.				2008					4:48.79		548
	50m:	32.62	32.62	150m:	1:45.81	37.34	250m:	3:00.47	37.63	350m:	4:14.32
	100m:	1:08.47	35.85	200m:	2:22.84	37.03	300m:	3:36.36	35.89	400m:	4:48.79
75.				2008					4:48.92		548
	50m:	33.63	33.63	150m:	1:46.19	36.46	250m:	2:59.26	36.06	350m:	4:13.78
	100m:	1:09.73	36.10	200m:	2:23.20	37.01	300m:	3:37.13	37.87	400m:	4:48.92
76.				2007					4:49.17		546
	50m:	32.24	32.24	150m:	1:44.32	36.54	250m:	2:57.83	36.65	350m:	4:12.90
	100m:	1:07.78	35.54	200m:	2:21.18	36.86	300m:	3:35.36	37.53	400m:	4:49.17
77.				2007					4:49.41		545
	50m:	31.82	31.82	150m:	1:43.66	36.38	250m:	2:58.64	37.56	350m:	4:13.99
	100m:	1:07.28	35.46	200m:	2:21.08	37.42	300m:	3:36.35	37.71	400m:	4:49.41
78.				2007					4:49.48		545
	50m:	32.19	32.19	150m:	1:44.73	36.86	250m:	2:59.38	37.25	350m:	4:13.56
	100m:	1:07.87	35.68	200m:	2:22.13	37.40	300m:	3:36.50	37.12	400m:	4:49.48
79.				2007					4:49.51		544
	50m:	32.72	32.72	150m:	1:45.31	36.80	250m:	3:00.10	37.28	350m:	4:13.71
	100m:	1:08.51	35.79	200m:	2:22.82	37.51	300m:	3:37.38	37.28	400m:	4:49.51
80.				2008					4:49.52		544
	50m:	32.15	32.15	150m:	1:44.26	36.69	250m:	2:58.64	37.41	350m:	4:13.17
	100m:	1:07.57	35.42	200m:	2:21.23	36.97	300m:	3:36.16	37.52	400m:	4:49.52
81.				2008					4:49.69		543
	50m:	33.80	33.80	150m:	1:46.81	36.91	250m:	3:00.68	36.97	350m:	4:14.40
	100m:	1:09.90	36.10	200m:	2:23.71	36.90	300m:	3:37.61	36.93	400m:	4:49.69
82.				2008					4:50.15		541
	50m:	32.98	32.98	150m:	1:45.84	36.57	250m:	2:59.13	36.65	350m:	4:13.60
	100m:	1:09.27	36.29	200m:	2:22.48	36.64	300m:	3:36.41	37.28	400m:	4:50.15
83.				2007					4:50.38		539
	50m:	31.70	31.70	150m:	1:45.00	37.23	250m:	2:59.54	37.39	350m:	4:14.17
	100m:	1:07.77	36.07	200m:	2:22.15	37.15	300m:	3:37.04	37.50	400m:	4:50.38



		12, 400m						(13-14)				
				/				R.T.		FINA		
84.				2008	I					4:50.40	I	539
	50m:	32.09	32.09	150m:	1:45.44	37.05	250m:	3:00.08	37.03	350m:	4:15.45	37.00
	100m:	1:08.39	36.30	200m:	2:23.05	37.61	300m:	3:38.45	38.37	400m:	4:50.40	34.95
85.				2007						4:50.41	I	539
	50m:	32.82	32.82	150m:	1:45.92	37.35	250m:	3:00.96	38.15	350m:	4:16.01	37.73
	100m:	1:08.57	35.75	200m:	2:22.81	36.89	300m:	3:38.28	37.32	400m:	4:50.41	34.40
86.				2007		-				4:50.74	I	537
	50m:	32.58	32.58	150m:	1:45.52	36.97	250m:	3:00.21	37.19	350m:	4:14.45	37.06
	100m:	1:08.55	35.97	200m:	2:23.02	37.50	300m:	3:37.39	37.18	400m:	4:50.74	36.29
87.				2007	I					4:50.89	I	537
	50m:	31.89	31.89	150m:	1:45.24	37.03	250m:	2:59.83	37.39	350m:	4:15.00	37.30
	100m:	1:08.21	36.32	200m:	2:22.44	37.20	300m:	3:37.70	37.87	400m:	4:50.89	35.89
88.				2007						4:50.92	I	536
	50m:	33.50	33.50	150m:	1:46.62	36.56	250m:	3:00.45	36.83	350m:	4:14.33	37.01
	100m:	1:10.06	36.56	200m:	2:23.62	37.00	300m:	3:37.32	36.87	400m:	4:50.92	36.59
89.				2007	I					4:50.96	I	536
	50m:	31.92	31.92	150m:	1:46.08	37.59	250m:	3:01.01	37.28	350m:	4:15.88	36.73
	100m:	1:08.49	36.57	200m:	2:23.73	37.65	300m:	3:39.15	38.14	400m:	4:50.96	35.08
90.				2007						4:51.18	I	535
	50m:	32.43	32.43	150m:	1:44.72	36.39	250m:	2:59.31	37.27	350m:	4:14.46	37.21
	100m:	1:08.33	35.90	200m:	2:22.04	37.32	300m:	3:37.25	37.94	400m:	4:51.18	36.72
91.				2007						4:51.47	I	533
	50m:	32.15	32.15	150m:	1:45.15	36.97	250m:	2:59.34	37.35	350m:	4:15.19	37.74
	100m:	1:08.18	36.03	200m:	2:21.99	36.84	300m:	3:37.45	38.11	400m:	4:51.47	36.28
92.				2007						4:51.67	I	532
	50m:	34.38	34.38	150m:	1:48.83	37.29	250m:	3:03.27	36.91	350m:	4:16.93	36.47
	100m:	1:11.54	37.16	200m:	2:26.36	37.53	300m:	3:40.46	37.19	400m:	4:51.67	34.74
93.				2007	I					4:52.07	I	530
	50m:	33.54	33.54	150m:	1:47.72	37.88	250m:	3:03.67	38.34	350m:	4:18.05	36.89
	100m:	1:09.84	36.30	200m:	2:25.33	37.61	300m:	3:41.16	37.49	400m:	4:52.07	34.02
94.				2007						4:52.09	I	530
	50m:	30.83	30.83	150m:	1:42.30	36.58	250m:	2:58.04	38.21	350m:	4:14.87	38.65
	100m:	1:05.72	34.89	200m:	2:19.83	37.53	300m:	3:36.22	38.18	400m:	4:52.09	37.22
95.				2007						4:52.24	I	529
	50m:	32.45	32.45	150m:	1:45.98	37.37	250m:	3:00.13	37.24	350m:	4:13.93	37.11
	100m:	1:08.61	36.16	200m:	2:22.89	36.91	300m:	3:36.82	36.69	400m:	4:52.24	38.31
96.				2008	I					4:52.51	I	528
	50m:	32.28	32.28	150m:	1:45.06	36.53	250m:	3:00.69	37.85	350m:	4:16.22	37.49
	100m:	1:08.53	36.25	200m:	2:22.84	37.78	300m:	3:38.73	38.04	400m:	4:52.51	36.29
97.				2007	I					4:52.74	I	527
	50m:	33.09	33.09	150m:	1:46.69	36.77	250m:	3:00.89	37.22	350m:	4:15.81	37.53
	100m:	1:09.92	36.83	200m:	2:23.67	36.98	300m:	3:38.28	37.39	400m:	4:52.74	36.93
98.				2008	I					4:52.93	I	525
	50m:	33.65	33.65	150m:	1:46.46	36.93	250m:	3:01.15	37.46	350m:	4:16.21	37.50
	100m:	1:09.53	35.88	200m:	2:23.69	37.23	300m:	3:38.71	37.56	400m:	4:52.93	36.72
99.				2007	I	-				4:53.55	I	522
	50m:	31.87	31.87	150m:	1:45.05	37.42	250m:	3:01.59	38.72	350m:	4:17.69	37.97
	100m:	1:07.63	35.76	200m:	2:22.87	37.82	300m:	3:39.72	38.13	400m:	4:53.55	35.86
100.				2008						4:53.68	I	521
	50m:	33.56	33.56	150m:	1:47.21	37.38	250m:	3:01.82	37.25	350m:	4:17.19	37.85
	100m:	1:09.83	36.27	200m:	2:24.57	37.36	300m:	3:39.34	37.52	400m:	4:53.68	36.49

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12, , 400m , , (13-14)

	/				R.T.				FINA							
101.	50m: 33.10	33.10	150m: 1:47.62	-	38.14	350m: 4:18.45	37.21	518	100m: 1:09.90	36.80	200m: 2:25.71	38.09	300m: 3:03.85	38.14	400m: 4:54.42	35.97
102.	50m: 32.03	32.03	150m: 1:46.76	37.74	38.04	350m: 4:17.93	37.40	516	100m: 1:09.02	36.99	200m: 2:24.96	38.20	300m: 3:40.53	37.53	400m: 4:54.69	36.76
103.	50m: 32.49	32.49	150m: 1:45.97	36.88	37.49	350m: 4:18.82	38.25	515	100m: 1:09.09	36.60	200m: 2:23.08	37.11	300m: 3:40.57	40.00	400m: 4:54.97	36.15
104.	50m: 33.28	33.28	150m: 1:48.76	38.04	38.59	350m: 4:20.76	37.75	511	100m: 1:10.72	37.44	200m: 2:26.47	37.71	300m: 3:43.01	37.95	400m: 4:55.60	34.84
105.	50m: 32.33	32.33	150m: 1:46.93	38.02	37.92	350m: 4:19.91	38.76	511	100m: 1:08.91	36.58	200m: 2:25.03	38.10	300m: 3:41.15	38.20	400m: 4:55.71	35.80
106.	50m: 34.62	34.62	150m: 1:49.71	37.29	37.37	350m: 4:19.41	37.00	509	100m: 1:12.42	37.80	200m: 2:27.44	37.73	300m: 3:42.41	37.60	400m: 4:56.04	36.63
107.	50m: 33.31	33.31	150m: 1:47.87	37.52	37.84	350m: 4:20.74	38.25	505	100m: 1:10.35	37.04	200m: 2:26.31	38.44	300m: 3:42.49	38.34	400m: 4:56.88	36.14
108.	50m: 31.91	31.91	150m: 1:46.07	37.68	38.91	350m: 4:21.22	38.56	504	100m: 1:08.39	36.48	200m: 2:24.88	38.81	300m: 3:42.66	38.87	400m: 4:57.10	35.88
109.	50m: 32.71	32.71	150m: 1:46.05	-	37.74	350m: 4:19.65	38.45	500	100m: 1:08.92	36.21	200m: 2:24.18	38.13	300m: 3:41.20	39.28	400m: 4:57.76	38.11
110.	50m: 33.00	33.00	150m: 1:47.73	37.62	38.67	350m: 4:21.53	38.52	500	100m: 1:10.11	37.11	200m: 2:25.60	37.87	300m: 3:43.01	38.74	400m: 4:57.79	36.26
111.	50m: 31.61	31.61	150m: 1:45.58	-	39.00	350m: 4:20.35	37.91	499	100m: 1:07.32	35.71	200m: 2:24.23	38.65	300m: 3:42.44	39.21	400m: 4:57.94	37.59
112.	50m: 33.85	33.85	150m: 1:49.31	37.95	39.00	350m: 4:22.97	38.36	496	100m: 1:11.36	37.51	200m: 2:26.87	37.56	300m: 3:44.61	38.74	400m: 4:58.68	35.71
113.	50m: 32.94	32.94	150m: 1:46.65	37.27	38.78	350m: 4:21.69	38.89	492	100m: 1:09.38	36.44	200m: 2:24.88	38.23	300m: 3:42.80	39.14	400m: 4:59.44	37.75
114.	50m: 32.36	32.36	150m: 1:46.82	38.18	39.00	350m: 4:21.74	38.70	491	100m: 1:08.64	36.28	200m: 2:25.18	38.36	300m: 3:43.04	38.86	400m: 4:59.55	37.81
115.	50m: 32.97	32.97	150m: 1:49.30	38.65	38.98	350m: 4:23.78	37.57	489	100m: 1:10.65	37.68	200m: 2:28.32	39.02	300m: 3:46.21	38.91	400m: 5:00.04	36.26
116.	50m: 32.83	32.83	150m: 1:46.72	37.82	39.71	350m: 4:23.50	39.15	487	100m: 1:08.90	36.07	200m: 2:25.46	38.74	300m: 3:44.35	39.18	400m: 5:00.47	36.97
117.	50m: 32.95	32.95	150m: 1:48.76	-	39.17	350m: 4:23.98	38.47	483	100m: 1:10.31	37.36	200m: 2:27.60	38.84	300m: 3:45.51	38.74	400m: 5:01.35	37.37

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		12, 400m						(13-14)				
				/				R.T.		FINA		
118.				2007					5:03.35		473	
	50m:	33.93	33.93	150m:	1:50.85	38.66	250m:	3:08.00	38.41	350m:	4:26.33	38.76
	100m:	1:12.19	38.26	200m:	2:29.59	38.74	300m:	3:47.57	39.57	400m:	5:03.35	37.02
119.				2008					5:07.06		456	
	50m:	32.48	32.48	150m:	1:46.78	37.86	250m:	3:04.93	39.52	350m:	4:26.28	40.58
	100m:	1:08.92	36.44	200m:	2:25.41	38.63	300m:	3:45.70	40.77	400m:	5:07.06	40.78
120.				2008 I					5:08.31		451	
	50m:	33.01	33.01	150m:	1:49.53	39.39	250m:	3:09.53	40.08	350m:	4:29.87	40.13
	100m:	1:10.14	37.13	200m:	2:29.45	39.92	300m:	3:49.74	40.21	400m:	5:08.31	38.44
121.				2008 I					5:08.38		450	
	50m:	33.25	33.25	150m:	1:49.40	38.12	250m:	3:08.90	40.22	350m:	4:29.39	39.87
	100m:	1:11.28	38.03	200m:	2:28.68	39.28	300m:	3:49.52	40.62	400m:	5:08.38	38.99
122.				2008 I					5:13.52		429	
	50m:	35.58	35.58	150m:	1:54.41	39.91	250m:	3:14.95	40.65	350m:	4:35.44	40.06
	100m:	1:14.50	38.92	200m:	2:34.30	39.89	300m:	3:55.38	40.43	400m:	5:13.52	38.08
DSQ				2007		-						

