



104 , 400m (15-16)
04.05.2021 - 18:10

3:43.45 (CHN) 09.08.2008
3:47.36 (HUN) 20.08.2019
3:54.92 16.05.2017

: FINA 2020

				/						R.T.	FINA	
1.				2005						3:58.73	783	
	50m:	26.84	26.84	150m:	1:27.51	30.64	250m:	2:28.66	30.63	350m:	3:29.90	30.39
	100m:	56.87	30.03	200m:	1:58.03	30.52	300m:	2:59.51	30.85	400m:	3:58.73	28.83
2.				2005						3:59.95	771	
	50m:	27.92	27.92	150m:	1:28.17	30.24	250m:	2:29.34	30.51	350m:	3:30.62	30.49
	100m:	57.93	30.01	200m:	1:58.83	30.66	300m:	3:00.13	30.79	400m:	3:59.95	29.33
3.				2005						4:01.02	761	
	50m:	27.39	27.39	150m:	1:27.97	30.49	250m:	2:29.99	30.84	350m:	3:31.57	30.40
	100m:	57.48	30.09	200m:	1:59.15	31.18	300m:	3:01.17	31.18	400m:	4:01.02	29.45
4.				2005						4:04.74	727	
	50m:	27.61	27.61	150m:	1:28.75	30.98	250m:	2:31.08	31.27	350m:	3:34.59	31.64
	100m:	57.77	30.16	200m:	1:59.81	31.06	300m:	3:02.95	31.87	400m:	4:04.74	30.15
5.				2005						4:05.27	722	
	50m:	28.57	28.57	150m:	1:30.64	31.31	250m:	2:33.05	31.02	350m:	3:35.57	31.09
	100m:	59.33	30.76	200m:	2:02.03	31.39	300m:	3:04.48	31.43	400m:	4:05.27	29.70
6.				2005						4:05.80	717	
	50m:	28.50	28.50	150m:	1:29.59	30.46	250m:	2:32.14	31.42	350m:	3:35.51	31.58
	100m:	59.13	30.63	200m:	2:00.72	31.13	300m:	3:03.93	31.79	400m:	4:05.80	30.29
7.				2005						4:06.10	715	
	50m:	27.90	27.90	150m:	1:28.66	30.75	250m:	2:32.44	32.00	350m:	3:36.09	31.63
	100m:	57.91	30.01	200m:	2:00.44	31.78	300m:	3:04.46	32.02	400m:	4:06.10	30.01
8.				2005						4:07.21	705	
	50m:	28.25	28.25	150m:	1:30.82	31.55	250m:	2:34.18	31.55	350m:	3:38.01	32.38
	100m:	59.27	31.02	200m:	2:02.63	31.81	300m:	3:05.63	31.45	400m:	4:07.21	29.20



ПЕРВЕНСТВО РОССИИ ПО ПЛАВАНИЮ СРЕДИ ЮНОШЕЙ И ДЕВУШЕК



04 - 08 МАЯ
2021
ВОЛГОГРАД

104, , 400m ,

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R.T.

FINA

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