



138  
05.12.2020 - 17:10

, 400m

ное плавание

(13-14 )

4:26.36	HOSSZU Katinka	Rio (BRA)	06.08.2016
4:26.36	HOSSZU Katinka	Rio (BRA)	06.08.2016
4:36.25		(CHN)	09.08.2008
4:38.53	VAZQUEZ RUIZ Alba	Budapest (HUN)	20.08.2019
4:38.53	VAZQUEZ RUIZ Alba	Budapest (HUN)	20.08.2019
4:43.78			01.01.1984

: FINA 2020

									R.T.					FINA	
1.	/				2006				+0,72	<b>4:58.84</b>					708
	50m:	31.06	31.06	150m:	1:47.62	39.66	250m:	3:09.17	42.98	350m:	4:25.83	33.41	400m:	4:58.84	33.01
	100m:	1:07.96	36.90	200m:	2:26.19	38.57	300m:	3:52.42	43.25	400m:	4:58.84	33.01			
2.	/				2007				+0,90	<b>5:01.09</b>					692
	50m:	31.51	31.51	150m:	1:46.78	38.64	250m:	3:09.87	45.07	350m:	4:27.92	33.49	400m:	5:01.09	33.17
	100m:	1:08.14	36.63	200m:	2:24.80	38.02	300m:	3:54.43	44.56	400m:	5:01.09	33.17			
3.	/				2006				-						681
	50m:	31.78	31.78	150m:	1:46.48	37.32	250m:	3:08.89	46.40	350m:	4:29.62	35.01	400m:	5:02.63	33.01
	100m:	1:09.16	37.38	200m:	2:22.49	36.01	300m:	3:54.61	45.72	400m:	5:02.63	33.01			
4.	/				2007				-						660
	50m:	31.15	31.15	150m:	1:45.59	37.33	250m:	3:09.56	46.92	350m:	4:31.46	34.80	400m:	5:05.83	34.37
	100m:	1:08.26	37.11	200m:	2:22.64	37.05	300m:	3:56.66	47.10	400m:	5:05.83	34.37			
5.	/				2006				+0,84	<b>5:07.05</b>					652
	50m:	31.30	31.30	150m:	1:47.13	38.14	250m:	3:11.38	46.02	350m:	4:33.46	36.09	400m:	5:07.05	33.59
	100m:	1:08.99	37.69	200m:	2:25.36	38.23	300m:	3:57.37	45.99	400m:	5:07.05	33.59			
6.	/				2007				+0,74	<b>5:07.32</b>					651
	50m:	31.70	31.70	150m:	1:50.83	41.67	250m:	3:14.05	42.70	350m:	4:33.59	36.10	400m:	5:07.32	33.73
	100m:	1:09.16	37.46	200m:	2:31.35	40.52	300m:	3:57.49	43.44	400m:	5:07.32	33.73			
7.	/				2007				+0,69	<b>5:10.00</b>					634
	50m:	30.82	30.82	150m:	1:47.01	39.50	250m:	3:10.99	44.80	350m:	4:34.21	37.59	400m:	5:10.00	35.79
	100m:	1:07.51	36.69	200m:	2:26.19	39.18	300m:	3:56.62	45.63	400m:	5:10.00	35.79			
8.	/				2006				+0,59	<b>5:11.38</b>					625
	50m:	32.95	32.95	150m:	1:50.32	39.53	250m:	3:13.42	45.13	350m:	4:36.58	37.49	400m:	5:11.38	34.80
	100m:	1:10.79	37.84	200m:	2:28.29	37.97	300m:	3:59.09	45.67	400m:	5:11.38	34.80			





138, , 400m Комплексное плавание,

138  
05.12.2020 - 17:10

, 400m ное плавание (15-17 )

4:26.36	HOSSZU Katinka	Rio (BRA)	06.08.2016
4:26.36	HOSSZU Katinka	Rio (BRA)	06.08.2016
4:36.25		(CHN)	09.08.2008
4:38.53	VAZQUEZ RUIZ Alba	Budapest (HUN)	20.08.2019
4:38.53	VAZQUEZ RUIZ Alba	Budapest (HUN)	20.08.2019
4:43.78			01.01.1984

: FINA 2020

								R.T.		FINA	
1.			2005					<b>+0,79</b>	<b>4:54.38</b>		<b>740</b>
	50m: 31.05	31.05	150m: 1:44.93	39.09	250m: 3:05.03	42.88	350m: 4:23.12				34.08
	100m: 1:05.84	34.79	200m: 2:22.15	37.22	300m: 3:49.04	44.01	400m: 4:54.38				31.26
2.			2004					<b>+0,82</b>	<b>4:55.01</b>		<b>736</b>
	50m: 30.81	30.81	150m: 1:45.59	39.82	250m: 3:05.60	42.57	350m: 4:22.72				34.70
	100m: 1:05.77	34.96	200m: 2:23.03	37.44	300m: 3:48.02	42.42	400m: 4:55.01				32.29
3.			2005	-				<b>+0,79</b>	<b>4:57.87</b>		<b>715</b>
	50m: 33.00	33.00	150m: 1:49.20	40.16	250m: 3:09.20	40.18	350m: 4:25.90				34.60
	100m: 1:09.04	36.04	200m: 2:29.02	39.82	300m: 3:51.30	42.10	400m: 4:57.87				31.97
4.			2003	-				<b>+0,77</b>	<b>4:58.04</b>		<b>713</b>
	50m: 31.81	31.81	150m: 1:47.17	38.89	250m: 3:07.58	43.22	350m: 4:25.73				33.93
	100m: 1:08.28	36.47	200m: 2:24.36	37.19	300m: 3:51.80	44.22	400m: 4:58.04				32.31
5.			2005	-				<b>+0,76</b>	<b>5:02.96</b>		<b>679</b>
	50m: 31.65	31.65	150m: 1:47.29	38.02	250m: 3:08.70	44.42	350m: 4:28.16				34.90
	100m: 1:09.27	37.62	200m: 2:24.28	36.99	300m: 3:53.26	44.56	400m: 5:02.96				34.80
6.			2004					<b>+0,76</b>	<b>5:03.33</b>		<b>677</b>
	50m: 31.62	31.62	150m: 1:50.60	40.98	250m: 3:12.09	41.77	350m: 4:29.74				35.89
	100m: 1:09.62	38.00	200m: 2:30.32	39.72	300m: 3:53.85	41.76	400m: 5:03.33				33.59
7.			2005					<b>+0,77</b>	<b>5:07.37</b>		<b>650</b>
	50m: 31.65	31.65	150m: 1:48.09	38.87	250m: 3:10.05	43.59	350m: 4:31.48				36.53
	100m: 1:09.22	37.57	200m: 2:26.46	38.37	300m: 3:54.95	44.90	400m: 5:07.37				35.89
8.			2004	-				<b>+0,75</b>	<b>5:09.57</b>		<b>636</b>
	50m: 31.92	31.92	150m: 1:50.85	41.22	250m: 3:13.79	42.78	350m: 4:33.73				36.59
	100m: 1:09.63	37.71	200m: 2:31.01	40.16	300m: 3:57.14	43.35	400m: 5:09.57				35.84

