



137  
05.12.2020 - 16:44

, 400m

ное плавание

(15-16 )

4:03.84	PHELPS Michael	Beijing (CHN)	10.08.2008
4:06.16	CSEH Laszlo	Beijing (CHN)	10.08.2008
4:11.50			29.10.2020
4:11.50	BORODIN Ilya	Kazan	29.10.2020
4:11.50	*BORODIN Ilya	Kazan	29.10.2020
4:11.50			29.10.2020

: FINA 2020

					R.T.				FINA			
1.	2004				+0,72 <b>4:24.63</b>				782			
	50m:	27.35	27.35	150m:	1:34.11	34.74	250m:	2:45.07	37.89	350m:	3:54.50	31.63
	100m:	59.37	32.02	200m:	2:07.18	33.07	300m:	3:22.87	37.80	400m:	4:24.63	30.13
2.	2004				+0,78 <b>4:28.79</b>				746			
	50m:	28.06	28.06	150m:	1:36.21	35.30	250m:	2:49.04	38.91	350m:	3:58.53	30.70
	100m:	1:00.91	32.85	200m:	2:10.13	33.92	300m:	3:27.83	38.79	400m:	4:28.79	30.26
3.	2004				+0,75 <b>4:30.44</b>				732			
	50m:	28.09	28.09	150m:	1:36.43	35.58	250m:	2:49.88	39.73	350m:	4:02.02	30.89
	100m:	1:00.85	32.76	200m:	2:10.15	33.72	300m:	3:31.13	41.25	400m:	4:30.44	28.42
4.	2004				+0,77 <b>4:32.09</b>				719			
	50m:	27.38	27.38	150m:	1:36.93	37.08	250m:	2:51.64	38.92	350m:	4:01.93	30.44
	100m:	59.85	32.47	200m:	2:12.72	35.79	300m:	3:31.49	39.85	400m:	4:32.09	30.16
5.	2004				+0,86 <b>4:33.36</b>				709			
	50m:	29.22	29.22	150m:	1:39.75	36.15	250m:	2:52.87	37.93	350m:	4:03.20	30.97
	100m:	1:03.60	34.38	200m:	2:14.94	35.19	300m:	3:32.23	39.36	400m:	4:33.36	30.16
6.	2004				+0,72 <b>4:33.55</b>				708			
	50m:	27.76	27.76	150m:	1:34.97	35.06	250m:	2:50.38	39.89	350m:	4:02.99	31.73
	100m:	59.91	32.15	200m:	2:10.49	35.52	300m:	3:31.26	40.88	400m:	4:33.55	30.56
7.	2004				+0,67 <b>4:38.26</b>				672			
	50m:	28.36	28.36	150m:	1:38.13	36.73	250m:	2:52.07	39.14	350m:	4:05.70	34.28
	100m:	1:01.40	33.04	200m:	2:12.93	34.80	300m:	3:31.42	39.35	400m:	4:38.26	32.56
8.	2004				+0,76 <b>4:45.90</b>				620			
	50m:	29.62	29.62	150m:	1:40.71	35.87	250m:	2:55.84	39.64	350m:	4:12.53	34.64
	100m:	1:04.84	35.22	200m:	2:16.20	35.49	300m:	3:37.89	42.05	400m:	4:45.90	33.37



137, , 400m Комплексное плавание,

137

, 400m Комплексное плавание

(17-18 )

05.12.2020 - 16:44

4:03.84	PHELPS Michael	Beijing (CHN)	10.08.2008
4:06.16	CSEH Laszlo	Beijing (CHN)	10.08.2008
4:11.50			29.10.2020
4:11.50	BORODIN Ilya	Kazan	29.10.2020
4:11.50	*BORODIN Ilya	Kazan	29.10.2020
4:11.50			29.10.2020

: FINA 2020

								R.T.		FINA	
1.			2003					<b>+0,74</b>	<b>4:25.99</b>		<b>770</b>
	50m: 29.77	29.77	150m: 1:38.22	35.74	250m: 2:51.40	37.96	350m: 3:59.14			29.01	
	100m: 1:02.48	32.71	200m: 2:13.44	35.22	300m: 3:30.13	38.73	400m: 4:25.99			26.85	
2.			2003					<b>+0,73</b>	<b>4:26.34</b>		<b>767</b>
	50m: 28.60	28.60	150m: 1:38.15	36.45	250m: 2:49.12	35.34	350m: 3:57.07			30.39	
	100m: 1:01.70	33.10	200m: 2:13.78	35.63	300m: 3:26.68	37.56	400m: 4:26.34			29.27	
3.			2003	-				<b>+0,75</b>	<b>4:29.31</b>		<b>742</b>
	50m: 28.98	28.98	150m: 1:39.16	35.74	250m: 2:50.51	36.37	350m: 3:58.77			31.16	
	100m: 1:03.42	34.44	200m: 2:14.14	34.98	300m: 3:27.61	37.10	400m: 4:29.31			30.54	
4.			2002					<b>+0,94</b>	<b>4:31.42</b>		<b>725</b>
	50m: 27.73	27.73	150m: 1:36.99	35.77	250m: 2:50.56	38.58	350m: 4:01.30			31.55	
	100m: 1:01.22	33.49	200m: 2:11.98	34.99	300m: 3:29.75	39.19	400m: 4:31.42			30.12	
5.			2003	-				<b>+0,71</b>	<b>4:31.94</b>		<b>720</b>
	50m: 28.22	28.22	150m: 1:38.75	36.38	250m: 2:51.36	37.67	350m: 4:02.53			32.27	
	100m: 1:02.37	34.15	200m: 2:13.69	34.94	300m: 3:30.26	38.90	400m: 4:31.94			29.41	
6.			2003	-				<b>+0,84</b>	<b>4:34.78</b>		<b>698</b>
	50m: 28.91	28.91	150m: 1:39.72	38.08	250m: 2:53.79	38.56	350m: 4:04.49			32.14	
	100m: 1:01.64	32.73	200m: 2:15.23	35.51	300m: 3:32.35	38.56	400m: 4:34.78			30.29	
7.			2002					<b>+0,74</b>	<b>4:35.18</b>		<b>695</b>
	50m: 27.59	27.59	150m: 1:36.18	35.04	250m: 2:51.24	40.95	350m: 4:04.36			31.62	
	100m: 1:01.14	33.55	200m: 2:10.29	34.11	300m: 3:32.74	41.50	400m: 4:35.18			30.82	
8.			2003					<b>+0,68</b>	<b>4:35.42</b>		<b>693</b>
	50m: 28.58	28.58	150m: 1:37.26	35.04	250m: 2:51.24	39.97	350m: 4:04.49			32.23	
	100m: 1:02.22	33.64	200m: 2:11.27	34.01	300m: 3:32.26	41.02	400m: 4:35.42			30.93	

