



104  
01.12.2020 - 17:22

, 400m

(15-16 )

3:40.07	BIEDERMANN Paul	Rome (ITA)	26.07.2009
3:40.07	BIEDERMANN Paul	Rome (ITA)	26.07.2009
3:43.45		(CHN)	09.08.2008
3:44.60	HORTON Mack	Brisbane (AUS)	01.04.2014
3:46.06	ZOMBORI Gabor	Budapest (HUN)	20.08.2019
3:47.36		(HUN)	20.08.2019

: FINA 2020

									R.T.					FINA		
1.	/				2004				-	+0,70	<b>3:57.01</b>					800
	50m:	27.37	27.37	150m:	1:27.86	30.28	250m:	2:29.15	30.15	350m:	3:29.38	29.28	400m:	3:57.01	27.63	
	100m:	57.58	30.21	200m:	1:59.00	31.14	300m:	3:00.10	30.95	400m:	3:57.01	27.63				
2.	/				2004				-	+0,76	<b>3:58.44</b>					786
	50m:	27.88	27.88	150m:	1:28.10	30.04	250m:	2:28.96	30.26	350m:	3:29.26	29.63	400m:	3:58.44	29.18	
	100m:	58.06	30.18	200m:	1:58.70	30.60	300m:	2:59.63	30.67	400m:	3:58.44	29.18				
3.	/				2004				-	+0,64	<b>4:00.79</b>					763
	50m:	28.34	28.34	150m:	1:29.18	30.67	250m:	2:30.63	30.68	350m:	3:31.60	30.24	400m:	4:00.79	29.19	
	100m:	58.51	30.17	200m:	1:59.95	30.77	300m:	3:01.36	30.73	400m:	4:00.79	29.19				
4.	/				2004				-	+0,73	<b>4:01.02</b>					761
	50m:	27.48	27.48	150m:	1:27.65	30.19	250m:	2:29.21	30.79	350m:	3:30.77	30.62	400m:	4:01.02	30.25	
	100m:	57.46	29.98	200m:	1:58.42	30.77	300m:	3:00.15	30.94	400m:	4:01.02	30.25				
5.	/				2004				-	+0,71	<b>4:02.27</b>					749
	50m:	27.95	27.95	150m:	1:28.58	30.73	250m:	2:30.35	31.04	350m:	3:32.44	31.13	400m:	4:02.27	29.83	
	100m:	57.85	29.90	200m:	1:59.31	30.73	300m:	3:01.31	30.96	400m:	4:02.27	29.83				
6.	/				2005				-	+0,71	<b>4:02.30</b>					749
	50m:	27.89	27.89	150m:	1:28.91	30.77	250m:	2:30.95	30.62	350m:	3:32.97	30.99	400m:	4:02.30	29.33	
	100m:	58.14	30.25	200m:	2:00.33	31.42	300m:	3:01.98	31.03	400m:	4:02.30	29.33				
7.	/				2004				-	+0,72	<b>4:02.35</b>					748
	50m:	27.12	27.12	150m:	1:26.94	30.18	250m:	2:28.15	30.63	350m:	3:31.10	30.99	400m:	4:02.35	31.25	
	100m:	56.76	29.64	200m:	1:57.52	30.58	300m:	3:00.11	31.96	400m:	4:02.35	31.25				
8.	/				2004				-	+0,76	<b>4:04.73</b>					727
	50m:	27.92	27.92	150m:	1:29.19	30.87	250m:	2:31.41	31.09	350m:	3:35.12	32.19	400m:	4:04.73	29.61	
	100m:	58.32	30.40	200m:	2:00.32	31.13	300m:	3:02.93	31.52	400m:	4:04.73	29.61				





104, , 400m

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, 400m

(17-18 )

01.12.2020 - 17:22

3:40.07	BIEDERMANN Paul	Rome (ITA)	26.07.2009
3:40.07	BIEDERMANN Paul	Rome (ITA)	26.07.2009
3:43.45		(CHN)	09.08.2008
3:44.60	HORTON Mack	Brisbane (AUS)	01.04.2014
3:46.06	ZOMBORI Gabor	Budapest (HUN)	20.08.2019
3:47.36		(HUN)	20.08.2019

: FINA 2020

				/				R.T.				FINA
1.			2002					<b>+0,76</b>	<b>3:56.41</b>		<b>806</b>	
	50m:	28.26	28.26	150m:	1:29.09	30.84	250m:	2:29.54	29.88	350m:	3:28.94	29.41
	100m:	58.25	29.99	200m:	1:59.66	30.57	300m:	2:59.53	29.99	400m:	3:56.41	27.47
2.			2003					<b>+0,76</b>	<b>3:57.70</b>		<b>793</b>	
	50m:	28.65	28.65	150m:	1:29.68	30.91	250m:	2:30.69	30.48	350m:	3:29.91	29.56
	100m:	58.77	30.12	200m:	2:00.21	30.53	300m:	3:00.35	29.66	400m:	3:57.70	27.79
3.			2002					<b>+0,79</b>	<b>3:57.96</b>		<b>790</b>	
	50m:	27.98	27.98	150m:	1:28.81	30.48	250m:	2:29.39	29.92	350m:	3:28.69	29.34
	100m:	58.33	30.35	200m:	1:59.47	30.66	300m:	2:59.35	29.96	400m:	3:57.96	29.27
4.			2003					<b>+0,84</b>	<b>3:58.56</b>		<b>785</b>	
	50m:	28.20	28.20	150m:	1:28.96	30.61	250m:	2:29.64	30.33	350m:	3:29.46	29.57
	100m:	58.35	30.15	200m:	1:59.31	30.35	300m:	2:59.89	30.25	400m:	3:58.56	29.10
5.			2003			-		<b>+0,74</b>	<b>4:00.83</b>		<b>763</b>	
	50m:	27.50	27.50	150m:	1:28.66	30.89	250m:	2:29.97	30.20	350m:	3:30.35	29.97
	100m:	57.77	30.27	200m:	1:59.77	31.11	300m:	3:00.38	30.41	400m:	4:00.83	30.48
6.			2003					<b>+0,71</b>	<b>4:01.82</b>		<b>753</b>	
	50m:	28.00	28.00	150m:	1:29.58	30.96	250m:	2:31.02	30.67	350m:	3:31.36	30.12
	100m:	58.62	30.62	200m:	2:00.35	30.77	300m:	3:01.24	30.22	400m:	4:01.82	30.46
7.			2003					<b>+0,83</b>	<b>4:03.10</b>		<b>741</b>	
	50m:	27.47	27.47	150m:	1:28.94	30.69	250m:	2:30.25	30.60	350m:	3:32.57	31.25
	100m:	58.25	30.78	200m:	1:59.65	30.71	300m:	3:01.32	31.07	400m:	4:03.10	30.53
8.			2002					<b>+0,82</b>	<b>4:09.24</b>		<b>688</b>	
	50m:	28.09	28.09	150m:	1:30.28	30.83	250m:	2:33.58	31.65	350m:	3:37.97	32.18
	100m:	59.45	31.36	200m:	2:01.93	31.65	300m:	3:05.79	32.21	400m:	4:09.24	31.27

