



XXXII

, 4. - 7.4.2024

15 , 400m 25 - 94  
05.04.2024 - 16:10

## 70 - 74

1.			70		-				<b>7:21.58</b>			
	50m:	52.99	52.99	150m:	2:55.25	1:00.42	250m:	4:51.06	1:00.43	350m:	6:39.69	47.28
	100m:	1:54.83	1:01.84	200m:	3:50.63	55.38	300m:	5:52.41	1:01.35	400m:	7:21.58	41.89
2.			74								<b>8:52.00</b>	
	50m:	1:03.80	1:03.80	150m:	3:36.41	1:10.27	250m:	5:52.21	1:08.14	350m:	7:57.59	58.45
	100m:	2:26.14	1:22.34	200m:	4:44.07	1:07.66	300m:	6:59.14	1:06.93	400m:	8:52.00	54.41
DSQ			70									
	50m:	45.42	45.42	150m:	2:43.04	59.74	250m:	4:48.21	1:04.82	350m:	6:39.45	45.42
	100m:	1:43.30	57.88	200m:	3:43.39	1:00.35	300m:	5:54.03	1:05.82	400m:		

## 65 - 69

1.			65								<b>6:34.63</b>	
	50m:	43.82	43.82	150m:	2:26.05	49.74	250m:	4:11.20	56.42	350m:	5:52.32	44.58
	100m:	1:36.31	52.49	200m:	3:14.78	48.73	300m:	5:07.74	56.54	400m:	6:34.63	42.31
2.			67								<b>6:41.82</b>	
	50m:	42.90	42.90	150m:	2:30.01	54.36	250m:	4:16.37	54.41	350m:	5:57.82	45.68
	100m:	1:35.65	52.75	200m:	3:21.96	51.95	300m:	5:12.14	55.77	400m:	6:41.82	44.00
3.			67								<b>7:53.54</b>	
	50m:	55.53	55.53	150m:	3:08.30	1:01.13	250m:	5:08.42	1:03.11	350m:	7:01.86	51.23
	100m:	2:07.17	1:11.64	200m:	4:05.31	57.01	300m:	6:10.63	1:02.21	400m:	7:53.54	51.68
DSQ			67									
	50m:	38.53	38.53	150m:	2:08.71	47.58	250m:	3:45.00	49.17	350m:	5:16.82	43.23
	100m:	1:21.13	42.60	200m:	2:55.83	47.12	300m:	4:33.59	48.59	400m:		

## 60 - 64

1.			60								<b>5:59.37</b>	
	50m:	38.48	38.48	150m:	2:12.80	48.20	250m:	3:49.16	49.73	350m:	5:21.07	42.36
	100m:	1:24.60	46.12	200m:	2:59.43	46.63	300m:	4:38.71	49.55	400m:	5:59.37	38.30
2.			61								<b>6:29.97</b>	
	50m:	42.57	42.57	150m:	2:27.67	52.44	250m:	4:14.72	55.95	350m:	5:51.19	40.55
	100m:	1:35.23	52.66	200m:	3:18.77	51.10	300m:	5:10.64	55.92	400m:	6:29.97	38.78
3.			63								<b>6:46.15</b>	
	50m:	44.72	44.72	150m:	2:32.52	56.32	250m:	4:22.90	54.64	350m:	6:04.55	45.27
	100m:	1:36.20	51.48	200m:	3:28.26	55.74	300m:	5:19.28	56.38	400m:	6:46.15	41.60

## 55 - 59

1.			57								<b>5:46.12</b>	
	50m:	35.46	35.46	150m:	2:06.39	46.91	250m:	3:41.93	50.75	350m:	5:09.31	38.60
	100m:	1:19.48	44.02	200m:	2:51.18	44.79	300m:	4:30.71	48.78	400m:	5:46.12	36.81

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15, , 400m

50 - 54

1.			52						<b>5:25.13</b>			
	50m:	32.53	32.53	150m:	1:54.20	43.59	250m:	3:24.40	47.01	350m:	4:49.20	37.45
	100m:	1:10.61	38.08	200m:	2:37.39	43.19	300m:	4:11.75	47.35	400m:	5:25.13	35.93
2.			50							<b>6:05.22</b>		
	50m:	38.70	38.70	150m:	2:16.86	52.21	250m:	3:55.63	48.81	350m:	5:27.66	43.54
	100m:	1:24.65	45.95	200m:	3:06.82	49.96	300m:	4:44.12	48.49	400m:	6:05.22	37.56
3.			53							<b>6:06.89</b>		
	50m:	36.40	36.40	150m:	2:06.93	48.48	250m:	3:48.29	54.81	350m:	5:27.22	42.51
	100m:	1:18.45	42.05	200m:	2:53.48	46.55	300m:	4:44.71	56.42	400m:	6:06.89	39.67
4.			53							<b>6:18.58</b>		
	50m:	37.35	37.35	150m:	2:15.56	52.03	250m:	4:00.61	53.04	350m:	5:37.24	42.86
	100m:	1:23.53	46.18	200m:	3:07.57	52.01	300m:	4:54.38	53.77	400m:	6:18.58	41.34
5.			51							<b>6:26.14</b>		
	50m:	34.18	34.18	150m:	2:09.78	52.13	250m:	3:58.17	58.07	350m:	5:43.30	47.04
	100m:	1:17.65	43.47	200m:	3:00.10	50.32	300m:	4:56.26	58.09	400m:	6:26.14	42.84
6.			53							<b>6:39.46</b>		
	50m:	40.75	40.75	150m:	2:22.23	52.31	250m:	4:08.85	54.60	350m:	5:52.39	47.95
	100m:	1:29.92	49.17	200m:	3:14.25	52.02	300m:	5:04.44	55.59	400m:	6:39.46	47.07
7.			54							<b>7:05.58</b>		
	50m:	40.59	40.59	150m:	2:25.90	53.91	250m:	4:19.25	57.60	350m:	6:11.35	54.78
	100m:	1:31.99	51.40	200m:	3:21.65	55.75	300m:	5:16.57	57.32	400m:	7:05.58	54.23

DSQ

			52									
	50m:	34.45	34.45	150m:	2:07.93	46.39	250m:	3:43.77	49.50	350m:	5:15.02	40.23
	100m:	1:21.54	47.09	200m:	2:54.27	46.34	300m:	4:34.79	51.02	400m:		

45 - 49

1.			45							<b>5:43.86</b>		
	50m:	36.97	36.97	150m:	2:04.45	42.81	250m:	3:36.06	49.67	350m:	5:05.60	40.54
	100m:	1:21.64	44.67	200m:	2:46.39	41.94	300m:	4:25.06	49.00	400m:	5:43.86	38.26
2.			45							<b>5:48.10</b>		
	50m:	33.89	33.89	150m:	2:03.57	47.78	250m:	3:36.86	47.38	350m:	5:07.06	42.41
	100m:	1:15.79	41.90	200m:	2:49.48	45.91	300m:	4:24.65	47.79	400m:	5:48.10	41.04
3.			49							<b>6:15.02</b>		
	50m:	37.22	37.22	150m:	2:14.26	50.29	250m:	3:58.79	55.18	350m:	5:34.90	41.26
	100m:	1:23.97	46.75	200m:	3:03.61	49.35	300m:	4:53.64	54.85	400m:	6:15.02	40.12
4.			48							<b>6:45.35</b>		
	50m:	36.99	36.99	150m:	2:15.69	53.79	250m:	4:09.98	1:00.08	350m:	5:58.46	48.51
	100m:	1:21.90	44.91	200m:	3:09.90	54.21	300m:	5:09.95	59.97	400m:	6:45.35	46.89

40 - 44

1.			41							<b>5:23.84</b>		
	50m:	30.30	30.30	150m:	1:52.05	44.59	250m:	3:21.81	46.01	350m:	4:46.37	38.57
	100m:	1:07.46	37.16	200m:	2:35.80	43.75	300m:	4:07.80	45.99	400m:	5:23.84	37.47
2.			42							<b>5:30.36</b>		
	50m:	33.52	33.52	150m:	1:59.93	46.71	250m:	3:31.71	45.35	350m:	4:55.15	37.46
	100m:	1:13.22	39.70	200m:	2:46.36	46.43	300m:	4:17.69	45.98	400m:	5:30.36	35.21

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	15,		, 400m			, 40 - 44							
3.				<b>44</b>								<b>5:41.47</b>	
	50m:	35.26	35.26	150m:	2:00.83	45.35	250m:	3:34.16	48.90	350m:	5:02.83	39.99	
	100m:	1:15.48	40.22	200m:	2:45.26	44.43	300m:	4:22.84	48.68	400m:	5:41.47	38.64	
4.				<b>40</b>								<b>5:57.84</b>	
	50m:	33.06	33.06	150m:	2:03.87	51.71	250m:	3:45.21	49.06	350m:	5:15.78	42.20	
	100m:	1:12.16	39.10	200m:	2:56.15	52.28	300m:	4:33.58	48.37	400m:	5:57.84	42.06	
35 - 39													
1.				<b>39</b>	-							<b>5:22.42</b>	
	50m:	33.47	33.47	150m:	1:57.90	45.59	250m:	3:27.54	46.47	350m:	4:48.69	35.21	
	100m:	1:12.31	38.84	200m:	2:41.07	43.17	300m:	4:13.48	45.94	400m:	5:22.42	33.73	
2.				<b>37</b>								<b>5:35.00</b>	
	50m:	34.55	34.55	150m:	2:01.44	42.21	250m:	3:32.78	49.02	350m:	4:59.93	38.40	
	100m:	1:19.23	44.68	200m:	2:43.76	42.32	300m:	4:21.53	48.75	400m:	5:35.00	35.07	
30 - 34													
1.				<b>30</b>								<b>4:59.92</b>	
	50m:	29.39	29.39	150m:	1:44.29	41.10	250m:	3:08.48	44.47	350m:	4:27.08	34.56	
	100m:	1:03.19	33.80	200m:	2:24.01	39.72	300m:	3:52.52	44.04	400m:	4:59.92	32.84	
2.				<b>30</b>								<b>5:07.63</b>	
	50m:	32.59	32.59	150m:	1:47.38	38.56	250m:	3:11.19	44.51	350m:	4:31.82	36.74	
	100m:	1:08.82	36.23	200m:	2:26.68	39.30	300m:	3:55.08	43.89	400m:	5:07.63	35.81	
3.				<b>31</b>								<b>5:25.05</b>	
	50m:	30.91	30.91	150m:	1:50.07	42.28	250m:	3:18.82	46.38	350m:	4:45.89	40.63	
	100m:	1:07.79	36.88	200m:	2:32.44	42.37	300m:	4:05.26	46.44	400m:	5:25.05	39.16	
4.				<b>34</b>								<b>5:41.16</b>	
	50m:	33.45	33.45	150m:	1:57.11	42.53	250m:	3:28.45	50.45	350m:	5:02.16	42.01	
	100m:	1:14.58	41.13	200m:	2:38.00	40.89	300m:	4:20.15	51.70	400m:	5:41.16	39.00	
25 - 29													
1.				<b>27</b>								<b>5:03.04</b>	
	50m:	29.09	29.09	150m:	1:43.99	39.53	250m:	3:05.83	42.59	350m:	4:26.44	37.16	
	100m:	1:04.46	35.37	200m:	2:23.24	39.25	300m:	3:49.28	43.45	400m:	5:03.04	36.60	
2.				<b>26</b>								<b>5:07.05</b>	
	50m:	29.38	29.38	150m:	1:45.48	40.48	250m:	3:09.44	42.29	350m:	4:30.35	37.18	
	100m:	1:05.00	35.62	200m:	2:27.15	41.67	300m:	3:53.17	43.73	400m:	5:07.05	36.70	
3.				<b>26</b>								<b>5:09.22</b>	
	50m:	29.54	29.54	150m:	1:45.95	40.83	250m:	3:13.29	46.78	350m:	4:34.97	34.66	
	100m:	1:05.12	35.58	200m:	2:26.51	40.56	300m:	4:00.31	47.02	400m:	5:09.22	34.25	
4.				<b>26</b>								<b>5:15.21</b>	
	50m:	32.15	32.15	150m:	1:53.17	44.10	250m:	3:19.98	44.51	350m:	4:40.16	36.10	
	100m:	1:09.07	36.92	200m:	2:35.47	42.30	300m:	4:04.06	44.08	400m:	5:15.21	35.05	

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