



XXXII

, 4. - 7.4.2024

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14
05.04.2024 - 15:28

, 400m

25 - 94

65 - 69

1.				67	-					9:34.40		
	50m:	1:10.71	1:10.71	150m:	4:01.86	1:11.90	250m:	6:21.60	1:10.02	350m:	8:34.15	1:00.15
	100m:	2:49.96	1:39.25	200m:	5:11.58	1:09.72	300m:	7:34.00	1:12.40	400m:	9:34.40	1:00.25

60 - 64

1.				60						6:56.75		
	50m:	41.79	41.79	150m:	2:34.68	57.56	250m:	4:27.06	55.99	350m:	6:56.75	
	100m:	1:37.12	55.33	200m:	3:31.07	56.39	300m:	5:23.68	56.62	400m:	6:56.75	
2.				64						6:57.47		
	50m:	45.76	45.76	150m:	2:39.20	57.87	250m:	4:31.45	57.13	350m:	6:15.24	44.89
	100m:	1:41.33	55.57	200m:	3:34.32	55.12	300m:	5:30.35	58.90	400m:	6:57.47	42.23
3.				63						7:56.49		
	50m:	52.63	52.63	150m:	2:57.31	1:03.49	250m:	5:01.44	1:03.28	350m:	7:02.12	56.20
	100m:	1:53.82	1:01.19	200m:	3:58.16	1:00.85	300m:	6:05.92	1:04.48	400m:	7:56.49	54.37
4.				64						8:00.52		
	50m:	53.61	53.61	150m:	3:03.74	1:05.08	250m:	5:13.64	1:07.28	350m:	7:09.99	50.27
	100m:	1:58.66	1:05.05	200m:	4:06.36	1:02.62	300m:	6:19.72	1:06.08	400m:	8:00.52	50.53
5.				60						8:19.08		
	50m:	55.63	55.63	150m:	5:15.64	3:18.01	250m:	7:21.02	56.71	350m:	8:19.08	
	100m:	1:57.63	1:02.00	200m:	6:24.31	1:08.67	300m:	8:19.09	58.07	400m:	8:19.08	
6.				64						8:33.45		
	50m:	58.04	58.04	150m:	3:18.95	1:09.44	250m:	5:33.73	1:02.69	350m:	7:38.53	59.30
	100m:	2:09.51	1:11.47	200m:	4:31.04	1:12.09	300m:	6:39.23	1:05.50	400m:	8:33.45	54.92

55 - 59

1.				55						6:30.21		
	50m:	42.70	42.70	150m:	2:24.17	50.81	250m:	4:08.69	52.91	350m:	5:46.54	43.88
	100m:	1:33.36	50.66	200m:	3:15.78	51.61	300m:	5:02.66	53.97	400m:	6:30.21	43.67
2.				59						6:35.44		
	50m:	42.70	42.70	150m:	2:24.43	50.92	250m:	4:07.34	53.55	350m:	5:49.36	47.99
	100m:	1:33.51	50.81	200m:	3:13.79	49.36	300m:	5:01.37	54.03	400m:	6:35.44	46.08
3.				56						6:41.92		
	50m:	47.01	47.01	150m:	2:38.61	55.59	250m:	4:23.38	51.70	350m:	6:00.80	44.21
	100m:	1:43.02	56.01	200m:	3:31.68	53.07	300m:	5:16.59	53.21	400m:	6:41.92	41.12
4.				57						7:57.59		
	50m:	51.08	51.08	150m:	2:53.36	1:02.34	250m:	4:58.98	1:05.35	350m:	7:02.25	58.43
	100m:	1:51.02	59.94	200m:	3:53.63	1:00.27	300m:	6:03.82	1:04.84	400m:	7:57.59	55.34

50 - 54

1.				50	105-					5:57.06		
	50m:	39.12	39.12	150m:	2:11.03	46.42	250m:	3:46.30	49.14	350m:	5:18.03	41.86
	100m:	1:24.61	45.49	200m:	2:57.16	46.13	300m:	4:36.17	49.87	400m:	5:57.06	39.03

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ALGE TIMING

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14,		, 400m		, 50 - 54					
2.				51				7:24.55	
	50m: 49.46	49.46	150m: 2:47.95	1:02.35	250m: 4:48.87	59.31	350m: 6:39.96	49.31	
	100m: 1:45.60	56.14	200m: 3:49.56	1:01.61	300m: 5:50.65	1:01.78	400m: 7:24.55	44.59	
DSQ				52	-				
	50m: 47.62	47.62	150m: 2:38.16	54.43	250m: 4:29.24	57.69	350m: 6:13.43	46.23	
	100m: 1:43.73	56.11	200m: 3:31.55	53.39	300m: 5:27.20	57.96	400m:		
45 - 49									
1.				47	-			5:55.29	
	50m: 36.28	36.28	150m: 2:05.48	44.61	250m: 3:42.72	53.08	350m: 5:17.42	39.93	
	100m: 1:20.87	44.59	200m: 2:49.64	44.16	300m: 4:37.49	54.77	400m: 5:55.29	37.87	
2.				46				6:16.39	
	50m: 40.04	40.04	150m: 2:19.89	54.95	250m: 4:01.51	50.78	350m: 5:36.17	43.75	
	100m: 1:24.94	44.90	200m: 3:10.73	50.84	300m: 4:52.42	50.91	400m: 6:16.39	40.22	
3.				48				6:22.57	
	50m: 43.76	43.76	150m: 2:28.48	51.64	250m: 4:07.85	49.23	350m: 5:42.09	44.71	
	100m: 1:36.84	53.08	200m: 3:18.62	50.14	300m: 4:57.38	49.53	400m: 6:22.57	40.48	
4.				49				6:50.27	
	50m: 42.21	42.21	150m: 2:30.44	55.35	250m: 4:18.18	54.61	350m: 6:03.85	48.85	
	100m: 1:35.09	52.88	200m: 3:23.57	53.13	300m: 5:15.00	56.82	400m: 6:50.27	46.42	
5.				49	105-			7:13.95	
	50m: 49.39	49.39	150m: 2:41.07	54.74	250m: 4:36.19	59.80	350m: 6:26.09	49.30	
	100m: 1:46.33	56.94	200m: 3:36.39	55.32	300m: 5:36.79	1:00.60	400m: 7:13.95	47.86	
DSQ				49	-				
	50m: 43.22	43.22	150m: 2:30.50	54.68	250m: 4:24.11	58.47	350m: 6:16.24	51.54	
	100m: 1:35.82	52.60	200m: 3:25.64	55.14	300m: 5:24.70	1:00.59	400m:		
40 - 44									
1.				40				5:42.67	
	50m: 36.07	36.07	150m: 2:05.41	46.69	250m: 3:36.49	45.28	350m: 5:02.86	41.09	
	100m: 1:18.72	42.65	200m: 2:51.21	45.80	300m: 4:21.77	45.28	400m: 5:42.67	39.81	
2.				43				6:08.05	
	50m: 41.54	41.54	150m: 2:18.16	48.14	250m: 3:54.21	50.72	350m: 5:27.06	42.06	
	100m: 1:30.02	48.48	200m: 3:03.49	45.33	300m: 4:45.00	50.79	400m: 6:08.05	40.99	
3.				40				6:17.29	
	50m: 35.91	35.91	150m: 2:10.19	51.12	250m: 3:56.01	55.82	350m: 5:33.95	43.62	
	100m: 1:19.07	43.16	200m: 3:00.19	50.00	300m: 4:50.33	54.32	400m: 6:17.29	43.34	
4.				41	-			7:10.72	
	50m: 45.16	45.16	150m: 2:33.69	57.56	250m: 4:30.94	1:01.10	350m: 6:21.51	50.48	
	100m: 1:36.13	50.97	200m: 3:29.84	56.15	300m: 5:31.03	1:00.09	400m: 7:10.72	49.21	
5.				41				7:13.70	
	50m: 43.07	43.07	150m: 2:38.55	1:01.87	250m: 4:32.52	55.91	350m: 6:23.66	53.00	
	100m: 1:36.68	53.61	200m: 3:36.61	58.06	300m: 5:30.66	58.14	400m: 7:13.70	50.04	
6.				40				7:30.52	
	50m: 55.28	55.28	150m: 2:57.44	57.23	250m: 4:54.68	1:01.28	350m: 6:44.68	48.33	
	100m: 2:00.21	1:04.93	200m: 3:53.40	55.96	300m: 5:56.35	1:01.67	400m: 7:30.52	45.84	



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14, , 400m

, 40 - 44

7.				42						8:29.22		
	50m:	57.01	57.01	150m:	3:13.41	1:01.76	250m:	5:21.22	1:10.48	350m:	7:33.70	1:00.56
	100m:	2:11.65	1:14.64	200m:	4:10.74	57.33	300m:	6:33.14	1:11.92	400m:	8:29.22	55.52
35 - 39												
1.				36						5:17.76		
	50m:	32.14	32.14	150m:	1:51.98	41.80	250m:	3:17.49	44.15	350m:	4:41.00	38.04
	100m:	1:10.18	38.04	200m:	2:33.34	41.36	300m:	4:02.96	45.47	400m:	5:17.76	36.76
2.				37						6:27.51		
	50m:	44.74	44.74	150m:	2:27.27	50.39	250m:	4:09.30	52.10	350m:	5:45.36	44.80
	100m:	1:36.88	52.14	200m:	3:17.20	49.93	300m:	5:00.56	51.26	400m:	6:27.51	42.15
3.				38						6:28.96		
	50m:	42.62	42.62	150m:	2:22.29	51.03	250m:	4:08.73	53.11	350m:	5:46.86	44.97
	100m:	1:31.26	48.64	200m:	3:15.62	53.33	300m:	5:01.89	53.16	400m:	6:28.96	42.10
4.				37						6:29.21		
	50m:	39.44	39.44	150m:	2:23.85	54.00	250m:	4:08.03	51.81	350m:	5:47.43	47.14
	100m:	1:29.85	50.41	200m:	3:16.22	52.37	300m:	5:00.29	52.26	400m:	6:29.21	41.78
5.				38						6:54.39		
	50m:	41.69	41.69	150m:	2:26.77	52.55	250m:	4:16.63	55.85	350m:	6:06.48	49.58
	100m:	1:34.22	52.53	200m:	3:20.78	54.01	300m:	5:16.90	1:00.27	400m:	6:54.39	47.91
6.				38						7:26.79		
	50m:	48.00	48.00	150m:	2:48.31	1:02.78	250m:	4:47.03	1:00.71	350m:	6:40.33	52.50
	100m:	1:45.53	57.53	200m:	3:46.32	58.01	300m:	5:47.83	1:00.80	400m:	7:26.79	46.46
25 - 29												
1.				26		-				5:52.43		
	50m:	38.03	38.03	150m:	2:08.71	45.93	250m:	3:41.16	47.21	350m:	5:12.19	43.16
	100m:	1:22.78	44.75	200m:	2:53.95	45.24	300m:	4:29.03	47.87	400m:	5:52.43	40.24
2.				29	43					5:58.28		
	50m:	36.43	36.43	150m:	2:08.21	47.57	250m:	3:41.44	46.82	350m:	5:12.68	44.66
	100m:	1:20.64	44.21	200m:	2:54.62	46.41	300m:	4:28.02	46.58	400m:	5:58.28	45.60

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