



ЧЕМПИОНАТ РОССИИ 2024 ПО ПЛЫВАНИЮ

14-19 АПРЕЛЯ

ул. Сибгата Хакима, д. 70,
Дворец водных видов спорта

КАЗАНЬ

4
14.04.2024 - 10:13

, 400m

4:25.87	MCINTOSH Summer	CAN	Toronto (CAN)	01.04.2023
4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	06.08.2016
4:36.25			(CHN)	09.08.2008
4:25.87	MCINTOSH Summer	CAN	Toronto (CAN)	01.04.2023
4:38.53	VAZQUEZ RUIZ Alba	ESP	Budapest (HUN)	20.08.2019
4:43.44				03.04.2021

: FINA 2024

								R.T.				
1.				2000				+0,66	4:49.48		774	A
	50m:	29.50	29.50	150m:	1:40.71	36.90	250m:	2:58.84	41.94	350m:	4:16.16	34.56
	100m:	1:03.81	34.31	200m:	2:16.90	36.19	300m:	3:41.60	42.76	400m:	4:49.48	33.32
2.				2006				+0,66	4:53.29		744	A
	50m:	29.44	29.44	150m:	1:41.07	37.26	250m:	3:00.84	43.36	350m:	4:19.04	35.21
	100m:	1:03.81	34.37	200m:	2:17.48	36.41	300m:	3:43.83	42.99	400m:	4:53.29	34.25
3.				2008				+0,75	4:53.72		741	A
	50m:	31.48	31.48	150m:	1:46.02	38.27	250m:	3:03.61	40.42	350m:	4:20.25	35.45
	100m:	1:07.75	36.27	200m:	2:23.19	37.17	300m:	3:44.80	41.19	400m:	4:53.72	33.47
4.				2006		-		+0,72	4:54.22		737	A
	50m:	29.99	29.99	150m:	1:43.91	39.01	250m:	3:02.73	41.38	350m:	4:20.28	34.63
	100m:	1:04.90	34.91	200m:	2:21.35	37.44	300m:	3:45.65	42.92	400m:	4:54.22	33.94
5.				2009				+0,81	4:54.62		734	A
	50m:	30.51	30.51	150m:	1:45.42	39.48	250m:	3:05.48	42.22	350m:	4:22.10	33.86
	100m:	1:05.94	35.43	200m:	2:23.26	37.84	300m:	3:48.24	42.76	400m:	4:54.62	32.52
6.				2008				+0,75	4:54.83		733	A
	50m:	30.62	30.62	150m:	1:43.97	37.41	250m:	3:05.28	44.21	350m:	4:22.59	33.47
	100m:	1:06.56	35.94	200m:	2:21.07	37.10	300m:	3:49.12	43.84	400m:	4:54.83	32.24
7.				2004				+0,68	4:55.10		731	A
	50m:	30.56	30.56	150m:	1:43.73	37.82	250m:	3:02.99	42.03	350m:	4:20.50	34.66
	100m:	1:05.91	35.35	200m:	2:20.96	37.23	300m:	3:45.84	42.85	400m:	4:55.10	34.60
8.				2007				+0,72	4:55.20		730	A
	50m:	31.32	31.32	150m:	1:47.17	39.65	250m:	3:05.94	40.82	350m:	4:23.14	34.28
	100m:	1:07.52	36.20	200m:	2:25.12	37.95	300m:	3:48.86	42.92	400m:	4:55.20	32.06
9.				2002				+0,70	5:00.11		695	B
	50m:	31.38	31.38	150m:	1:46.29	38.49	250m:	3:07.73	43.45	350m:	4:26.09	34.85
	100m:	1:07.80	36.42	200m:	2:24.28	37.99	300m:	3:51.24	43.51	400m:	5:00.11	34.02
10.				2003		-		+0,71	5:00.34		693	B
	50m:	32.03	32.03	150m:	1:48.49	38.89	250m:	3:07.77	41.75	350m:	4:25.90	35.59
	100m:	1:09.60	37.57	200m:	2:26.02	37.53	300m:	3:50.31	42.54	400m:	5:00.34	34.44
11.				2008				+0,81	5:00.66		691	B
	50m:	31.92	31.92	150m:	1:48.50	40.67	250m:	3:10.13	42.64	350m:	4:27.62	34.88
	100m:	1:07.83	35.91	200m:	2:27.49	38.99	300m:	3:52.74	42.61	400m:	5:00.66	33.04
12.				2004				+0,72	5:00.76		690	B
	50m:	30.60	30.60	150m:	1:46.58	40.62	250m:	3:09.29	42.85	350m:	4:27.83	34.89
	100m:	1:05.96	35.36	200m:	2:26.44	39.86	300m:	3:52.94	43.65	400m:	5:00.76	32.93
13.				2007		-		+0,76	5:01.03		688	B
	50m:	31.72	31.72	150m:	1:47.60	38.44	250m:	3:08.06	43.00	350m:	4:26.48	34.95
	100m:	1:09.16	37.44	200m:	2:25.06	37.46	300m:	3:51.53	43.47	400m:	5:01.03	34.55
14.				2005				+0,79	5:02.03		682	B
	50m:	31.89	31.89	150m:	1:48.89	40.91	250m:	3:11.37	44.13	350m:	4:29.84	34.22
	100m:	1:07.98	36.09	200m:	2:27.24	38.35	300m:	3:55.62	44.25	400m:	5:02.03	32.19



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КАЗАНЬ

4, , 400m

R.T.

15.				2009	-				+0,67	5:02.11		681 B
	50m:	30.97	30.97	150m:	1:47.75	40.27	250m:	3:07.97	40.82	350m:	4:26.97	36.84
	100m:	1:07.48	36.51	200m:	2:27.15	39.40	300m:	3:50.13	42.16	400m:	5:02.11	35.14
16.				2007					+0,71	5:02.13		681 B
	50m:	31.76	31.76	150m:	1:48.03	38.85	250m:	3:10.51	43.59	350m:	4:28.92	33.69
	100m:	1:09.18	37.42	200m:	2:26.92	38.89	300m:	3:55.23	44.72	400m:	5:02.13	33.21
17.				2007					+0,84	5:02.38		679 R
	50m:	31.16	31.16	150m:	1:45.24	37.65	250m:	3:05.96	43.59	350m:	4:27.40	35.85
	100m:	1:07.59	36.43	200m:	2:22.37	37.13	300m:	3:51.55	45.59	400m:	5:02.38	34.98
18.				2008					+0,68	5:03.74		670 R
	50m:	31.55	31.55	150m:	1:47.46	39.16	250m:	3:10.66	43.35	350m:	4:30.39	34.86
	100m:	1:08.30	36.75	200m:	2:27.31	39.85	300m:	3:55.53	44.87	400m:	5:03.74	33.35
19.				2007					+0,81	5:04.00		668
	50m:	30.70	30.70	150m:	1:46.91	39.85	250m:	3:09.44	43.89	350m:	4:29.84	35.25
	100m:	1:07.06	36.36	200m:	2:25.55	38.64	300m:	3:54.59	45.15	400m:	5:04.00	34.16
20.				2006					+0,74	5:05.37		659
	50m:	31.86	31.86	150m:	1:47.79	38.69	250m:	3:10.66	44.18	350m:	4:30.76	35.51
	100m:	1:09.10	37.24	200m:	2:26.48	38.69	300m:	3:55.25	44.59	400m:	5:05.37	34.61
21.				2002					+0,75	5:05.74		657
	50m:	31.24	31.24	150m:	1:47.21	39.00	250m:	3:10.54	45.22	350m:	4:31.27	34.89
	100m:	1:08.21	36.97	200m:	2:25.32	38.11	300m:	3:56.38	45.84	400m:	5:05.74	34.47
22.				2007					+0,69	5:05.85		656
	50m:	31.61	31.61	150m:	1:47.79	39.28	250m:	3:10.17	43.20	350m:	4:30.29	36.27
	100m:	1:08.51	36.90	200m:	2:26.97	39.18	300m:	3:54.02	43.85	400m:	5:05.85	35.56
23.				2006					+0,70	5:06.06		655
	50m:	32.79	32.79	150m:	1:47.50	37.85	250m:	3:09.88	45.16	350m:	4:31.20	35.82
	100m:	1:09.65	36.86	200m:	2:24.72	37.22	300m:	3:55.38	45.50	400m:	5:06.06	34.86
24.				2004					+0,77	5:06.55		652
	50m:	31.36	31.36	150m:	1:47.44	38.50	250m:	3:09.36	43.85	350m:	4:30.34	35.89
	100m:	1:08.94	37.58	200m:	2:25.51	38.07	300m:	3:54.45	45.09	400m:	5:06.55	36.21
25.				2005					+0,68	5:06.67		651
	50m:	31.77	31.77	150m:	1:49.80	39.80	250m:	3:12.91	44.70	350m:	4:33.42	35.61
	100m:	1:10.00	38.23	200m:	2:28.21	38.41	300m:	3:57.81	44.90	400m:	5:06.67	33.25
26.				2005					+0,70	5:08.14		642
	50m:	31.23	31.23	150m:	1:47.35	40.10	250m:	3:10.30	44.03	350m:	4:31.48	35.72
	100m:	1:07.25	36.02	200m:	2:26.27	38.92	300m:	3:55.76	45.46	400m:	5:08.14	36.66
27.				2007					+0,85	5:08.24		641
	50m:	32.62	32.62	150m:	1:52.52	41.68	250m:	3:15.76	43.21	350m:	4:34.50	34.91
	100m:	1:10.84	38.22	200m:	2:32.55	40.03	300m:	3:59.59	43.83	400m:	5:08.24	33.74
28.				2005					+0,72	5:08.32		641
	50m:	31.30	31.30	150m:	1:50.36	40.66	250m:	3:11.60	41.50	350m:	4:32.17	37.98
	100m:	1:09.70	38.40	200m:	2:30.10	39.74	300m:	3:54.19	42.59	400m:	5:08.32	36.15
29.				2008					+0,71	5:08.34		641
	50m:	30.97	30.97	150m:	1:49.84	41.06	250m:	3:13.47	42.96	350m:	4:33.22	36.47
	100m:	1:08.78	37.81	200m:	2:30.51	40.67	300m:	3:56.75	43.28	400m:	5:08.34	35.12
30.				2007					+0,81	5:09.46		634
	50m:	32.28	32.28	150m:	1:50.47	40.34	250m:	3:15.77	45.96	350m:	4:37.04	33.52
	100m:	1:10.13	37.85	200m:	2:29.81	39.34	300m:	4:03.52	47.75	400m:	5:09.46	32.42
31.				2007					+0,70	5:09.94		631
	50m:	30.83	30.83	150m:	1:45.03	37.87	250m:	3:11.10	47.73	350m:	4:34.77	35.92
	100m:	1:07.16	36.33	200m:	2:23.37	38.34	300m:	3:58.85	47.75	400m:	5:09.94	35.17



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ул. Сибгата Хакима, д. 70,
Дворец водных видов спорта

КАЗАНЬ

		4, , 400m						R.T.				
32.				2006				+0,65	5:10.85	625		
	50m:	30.55	30.55	150m:	1:46.59	39.52	250m:	3:11.92	46.27	350m:	4:35.71	36.53
	100m:	1:07.07	36.52	200m:	2:25.65	39.06	300m:	3:59.18	47.26	400m:	5:10.85	35.14
33.				2008				+0,77	5:11.86	619		
	50m:	32.38	32.38	150m:	1:50.81	39.72	250m:	3:15.65	44.89	350m:	4:37.48	36.48
	100m:	1:11.09	38.71	200m:	2:30.76	39.95	300m:	4:01.00	45.35	400m:	5:11.86	34.38
34.				1996				+0,76	5:11.88	619		
	50m:	31.93	31.93	150m:	1:50.30	40.94	250m:	3:15.04	45.72	350m:	4:36.95	36.20
	100m:	1:09.36	37.43	200m:	2:29.32	39.02	300m:	4:00.75	45.71	400m:	5:11.88	34.93
35.				2007		-		+0,73	5:12.28	617		
	50m:	32.72	32.72	150m:	1:52.31	40.73	250m:	3:15.44	43.78	350m:	4:37.20	36.41
	100m:	1:11.58	38.86	200m:	2:31.66	39.35	300m:	4:00.79	45.35	400m:	5:12.28	35.08
36.				2008				+0,72	5:12.51	615		
	50m:	32.78	32.78	150m:	1:52.00	40.78	250m:	3:15.76	43.78	350m:	4:37.54	37.62
	100m:	1:11.22	38.44	200m:	2:31.98	39.98	300m:	3:59.92	44.16	400m:	5:12.51	34.97
37.				2008				+0,82	5:12.53	615		
	50m:	32.57	32.57	150m:	1:49.00	39.62	250m:	3:12.81	44.27	350m:	4:36.27	37.14
	100m:	1:09.38	36.81	200m:	2:28.54	39.54	300m:	3:59.13	46.32	400m:	5:12.53	36.26
38.				2010		-		+0,70	5:13.56	609		
	50m:	33.27	33.27	150m:	1:51.34	39.99	250m:	3:17.27	45.83	350m:	4:39.49	36.13
	100m:	1:11.35	38.08	200m:	2:31.44	40.10	300m:	4:03.36	46.09	400m:	5:13.56	34.07
39.				2003				+0,76	5:14.68	603		
	50m:	31.55	31.55	150m:	1:52.05	40.94	250m:	3:18.83	46.45	350m:	4:40.18	34.51
	100m:	1:11.11	39.56	200m:	2:32.38	40.33	300m:	4:05.67	46.84	400m:	5:14.68	34.50
40.				2007				+0,74	5:16.03	595		
	50m:	33.67	33.67	150m:	1:55.61	44.40	250m:	3:19.42	41.84	350m:	4:40.11	38.25
	100m:	1:11.21	37.54	200m:	2:37.58	41.97	300m:	4:01.86	42.44	400m:	5:16.03	35.92
41.				2007				+0,68	5:17.93	584		
	50m:	32.52	32.52	150m:	1:53.59	42.37	250m:	3:17.80	43.46	350m:	4:40.61	38.10
	100m:	1:11.22	38.70	200m:	2:34.34	40.75	300m:	4:02.51	44.71	400m:	5:17.93	37.32
DSQ				2008								

