

05 - 07 2018

36
07.04.2018 - 10:53

, 400m

			4:06.30				(MEX)	11.07.2008
			4:08.81				(AZE)	24.06.2015
14 +: 4:07.26 /			12 +: 4:29.00 /			10 +: 4:44.00 /		9 +: 5:02.00
						R.T.	FINA	
1.			1983				4:38.66	
	100m:	1:06.86	200m:	2:18.46	1:11.60	300m:	3:29.76	1:11.30
		1:06.86						400m:
								4:38.66
								1:08.90
2.			2002			()	4:42.93	
	100m:	1:06.31	200m:	2:18.22	1:11.91	300m:	3:30.81	1:12.59
		1:06.31						400m:
								4:42.93
								1:12.12
3.			2002			()	4:44.41	
	100m:	1:08.09	200m:	2:20.95	1:12.86	300m:	3:34.53	1:13.58
		1:08.09						400m:
								4:44.41
								1:09.88
4.			2004 1				4:55.08	
	100m:	1:09.55	200m:	2:24.64	1:15.09	300m:	3:41.20	1:16.56
		1:09.55						400m:
								4:55.08
								1:13.88
5.			2004			()	5:01.14	
	100m:	1:09.92	200m:	2:26.28	1:16.36	300m:	3:44.64	1:18.36
		1:09.92						400m:
								5:01.14
								1:16.50
6.			2001				5:03.68	
	100m:	1:12.30	200m:	2:30.24	1:17.94	300m:	3:48.35	1:18.11
		1:12.30						400m:
								5:03.68
								1:15.33
7.			2001				5:05.31	
	100m:	1:09.74	200m:	2:28.56	1:18.82	300m:	3:45.36	1:16.80
		1:09.74						400m:
								5:05.31
								1:19.95
8.			1999				5:11.00	
	100m:	1:12.10	200m:	2:29.61	1:17.51	300m:	3:48.72	1:19.11
		1:12.10						400m:
								5:11.00
								1:22.28

