

2
20.04.2018 - 9:54

, 400m

: FINA 2018

					R.T.				FINA			
1.	/				1995				+0,68 3:50.29 872 A			
	50m:	26.82	26.82	150m:	1:24.66	28.89	250m:	2:22.89	29.10	350m:	3:21.50	29.42
	100m:	55.77	28.95	200m:	1:53.79	29.13	300m:	2:52.08	29.19	400m:	3:50.29	28.79
2.	/				1992				+0,76 3:50.58 869 A			
	50m:	26.82	26.82	150m:	1:25.16	29.24	250m:	2:23.55	29.36	350m:	3:22.26	29.49
	100m:	55.92	29.10	200m:	1:54.19	29.03	300m:	2:52.77	29.22	400m:	3:50.58	28.32
3.	/				1999				+0,72 3:51.78 855 A			
	50m:	26.97	26.97	150m:	1:25.63	29.23	250m:	2:24.16	29.25	350m:	3:22.61	28.81
	100m:	56.40	29.43	200m:	1:54.91	29.28	300m:	2:53.80	29.64	400m:	3:51.78	29.17
4.	/				2000				+0,69 3:53.96 832 A			
	50m:	27.22	27.22	150m:	1:26.53	29.71	250m:	2:25.63	29.30	350m:	3:25.34	29.55
	100m:	56.82	29.60	200m:	1:56.33	29.80	300m:	2:55.79	30.16	400m:	3:53.96	28.62
5.	/				1997				+0,77 3:54.19 829 A			
	50m:	27.08	27.08	150m:	1:27.00	30.14	250m:	2:26.86	29.82	350m:	3:25.98	29.28
	100m:	56.86	29.78	200m:	1:57.04	30.04	300m:	2:56.70	29.84	400m:	3:54.19	28.21
6.	/				1999				+0,72 3:54.29 828 A			
	50m:	26.67	26.67	150m:	1:26.67	30.13	250m:	2:26.74	29.70	350m:	3:26.07	29.53
	100m:	56.54	29.87	200m:	1:57.04	30.37	300m:	2:56.54	29.80	400m:	3:54.29	28.22
7.	/				1998				+0,69 3:54.32 828 A			
	50m:	26.99	26.99	150m:	1:26.22	29.90	250m:	2:26.46	30.12	350m:	3:25.93	29.69
	100m:	56.32	29.33	200m:	1:56.34	30.12	300m:	2:56.24	29.78	400m:	3:54.32	28.39
8.	/				1999				+0,66 3:54.34 828 A			
	50m:	26.86	26.86	150m:	1:26.28	29.58	250m:	2:25.61	29.47	350m:	3:24.99	29.47
	100m:	56.70	29.84	200m:	1:56.14	29.86	300m:	2:55.52	29.91	400m:	3:54.34	29.35
9.	/				1994				+0,70 3:54.47 826 B			
	50m:	26.92	26.92	150m:	1:26.65	30.06	250m:	2:26.24	29.76	350m:	3:25.91	29.79
	100m:	56.59	29.67	200m:	1:56.48	29.83	300m:	2:56.12	29.88	400m:	3:54.47	28.56
10.	/				1998				+0,72 3:54.71 824 B			
	50m:	27.04	27.04	150m:	1:26.90	30.13	250m:	2:26.66	29.77	350m:	3:25.89	29.50
	100m:	56.77	29.73	200m:	1:56.89	29.99	300m:	2:56.39	29.73	400m:	3:54.71	28.82
11.	/				1999				+0,71 3:55.11 820 B			
	50m:	27.31	27.31	150m:	1:27.37	30.21	250m:	2:27.46	29.79	350m:	3:27.24	29.46
	100m:	57.16	29.85	200m:	1:57.67	30.30	300m:	2:57.78	30.32	400m:	3:55.11	27.87
12.	/				1998				+0,76 3:55.93 811 B			
	50m:	27.35	27.35	150m:	1:26.09	29.75	250m:	2:26.01	29.99	350m:	3:26.19	30.18
	100m:	56.34	28.99	200m:	1:56.02	29.93	300m:	2:56.01	30.00	400m:	3:55.93	29.74
13.	/				2001				+0,69 3:57.52 795 B			
	50m:	26.66	26.66	150m:	1:27.02	30.29	250m:	2:27.52	30.39	350m:	3:28.22	30.60
	100m:	56.73	30.07	200m:	1:57.13	30.11	300m:	2:57.62	30.10	400m:	3:57.52	29.30
14.	/				1995				+0,68 3:57.53 795 B			
	50m:	27.09	27.09	150m:	1:25.97	29.82	250m:	2:26.30	30.32	350m:	3:27.78	31.02
	100m:	56.15	29.06	200m:	1:55.98	30.01	300m:	2:56.76	30.46	400m:	3:57.53	29.75

		2, , 400m						R.T.		FINA		
15.				1992				+0,82	3:58.32		787 B	
	50m:	27.77	27.77	150m:	1:27.84	30.14	250m:	2:28.35	30.23	350m:	3:29.23	30.35
	100m:	57.70	29.93	200m:	1:58.12	30.28	300m:	2:58.88	30.53	400m:	3:58.32	29.09
16.				1999				+0,78	3:58.47		785 B	
	50m:	28.00	28.00	150m:	1:28.49	30.49	250m:	2:29.13	30.12	350m:	3:29.69	30.07
	100m:	58.00	30.00	200m:	1:59.01	30.52	300m:	2:59.62	30.49	400m:	3:58.47	28.78
17.				1991				+0,70	3:58.60		784 R	
	50m:	27.82	27.82	150m:	1:28.23	30.27	250m:	2:29.25	30.49	350m:	3:29.95	30.35
	100m:	57.96	30.14	200m:	1:58.76	30.53	300m:	2:59.60	30.35	400m:	3:58.60	28.65
18.				2001				+0,63	3:58.63		784 R	
	50m:	27.66	27.66	150m:	1:26.73	29.58	250m:	2:26.55	29.69	350m:	3:28.13	30.95
	100m:	57.15	29.49	200m:	1:56.86	30.13	300m:	2:57.18	30.63	400m:	3:58.63	30.50
19.				1997				+0,75	3:58.93		781	
	50m:	27.30	27.30	150m:	1:27.79	30.57	250m:	2:29.34	31.03	350m:	3:30.27	30.07
	100m:	57.22	29.92	200m:	1:58.31	30.52	300m:	3:00.20	30.86	400m:	3:58.93	28.66
20.				1994				+0,63	3:59.03		780	
	50m:	26.94	26.94	150m:	1:26.18	29.77	250m:	2:26.78	30.37	350m:	3:28.12	30.47
	100m:	56.41	29.47	200m:	1:56.41	30.23	300m:	2:57.65	30.87	400m:	3:59.03	30.91
21.				2001				+0,75	3:59.27		778	
	50m:	27.46	27.46	150m:	1:27.64	30.06	250m:	2:28.61	30.48	350m:	3:29.83	30.39
	100m:	57.58	30.12	200m:	1:58.13	30.49	300m:	2:59.44	30.83	400m:	3:59.27	29.44
22.				2001				+0,76	3:59.38		776	
	50m:	27.64	27.64	150m:	1:27.87	30.29	250m:	2:28.56	30.39	350m:	3:30.52	31.05
	100m:	57.58	29.94	200m:	1:58.17	30.30	300m:	2:59.47	30.91	400m:	3:59.38	28.86
23.				1998				+0,74	3:59.42		776	
	50m:	27.92	27.92	150m:	1:29.23	30.58	250m:	2:30.40	30.25	350m:	3:30.72	29.60
	100m:	58.65	30.73	200m:	2:00.15	30.92	300m:	3:01.12	30.72	400m:	3:59.42	28.70
24.				1997				+0,62	3:59.48		776	
	50m:	27.35	27.35	150m:	1:28.33	30.53	250m:	2:29.31	30.50	350m:	3:30.77	30.44
	100m:	57.80	30.45	200m:	1:58.81	30.48	300m:	3:00.33	31.02	400m:	3:59.48	28.71
25.				2001				+0,72	3:59.62		774	
	50m:	27.33	27.33	150m:	1:27.99	30.69	250m:	2:29.22	30.59	350m:	3:30.23	30.63
	100m:	57.30	29.97	200m:	1:58.63	30.64	300m:	2:59.60	30.38	400m:	3:59.62	29.39
26.				2000				+0,73	3:59.74		773	
	50m:	28.42	28.42	150m:	1:28.98	30.36	250m:	2:29.67	30.29	350m:	3:30.52	30.20
	100m:	58.62	30.20	200m:	1:59.38	30.40	300m:	3:00.32	30.65	400m:	3:59.74	29.22
27.				2000				+0,69	3:59.88		772	
	50m:	27.54	27.54	150m:	1:27.32	30.25	250m:	2:28.72	30.66	350m:	3:30.65	30.73
	100m:	57.07	29.53	200m:	1:58.06	30.74	300m:	2:59.92	31.20	400m:	3:59.88	29.23
28.				2000				+0,79	3:59.93		771	
	50m:	26.86	26.86	150m:	1:26.54	30.03	250m:	2:27.30	30.11	350m:	3:28.90	30.73
	100m:	56.51	29.65	200m:	1:57.19	30.65	300m:	2:58.17	30.87	400m:	3:59.93	31.03
29.				1997				+0,71	4:00.11		769	
	50m:	27.66	27.66	150m:	1:28.16	30.38	250m:	2:29.43	30.73	350m:	3:30.39	30.30
	100m:	57.78	30.12	200m:	1:58.70	30.54	300m:	3:00.09	30.66	400m:	4:00.11	29.72

		2, , 400m								R.T.	FINA	
30.				1998						+0,74	4:01.05	760
	50m:	27.48	27.48	150m:	1:27.44	29.92	250m:	2:28.13	30.43	350m:	3:29.95	30.97
	100m:	57.52	30.04	200m:	1:57.70	30.26	300m:	2:58.98	30.85	400m:	4:01.05	31.10
31.				1999						+0,86	4:01.09	760
	50m:	28.12	28.12	150m:	1:29.11	30.45	250m:	2:31.50	31.10	350m:	3:33.19	30.38
	100m:	58.66	30.54	200m:	2:00.40	31.29	300m:	3:02.81	31.31	400m:	4:01.09	27.90
32.				1999						+0,79	4:01.12	760
	50m:	27.59	27.59	150m:	1:28.46	30.61	250m:	2:30.08	30.91	350m:	3:32.05	30.93
	100m:	57.85	30.26	200m:	1:59.17	30.71	300m:	3:01.12	31.04	400m:	4:01.12	29.07
33.				1996						+0,70	4:01.33	758
	50m:	28.09	28.09	150m:	1:29.94	31.15	250m:	2:31.04	30.11	350m:	3:32.17	30.71
	100m:	58.79	30.70	200m:	2:00.93	30.99	300m:	3:01.46	30.42	400m:	4:01.33	29.16
34.				1996						+0,67	4:01.67	755
	50m:	27.48	27.48	150m:	1:27.79	30.42	250m:	2:29.90	31.07	350m:	3:32.24	31.01
	100m:	57.37	29.89	200m:	1:58.83	31.04	300m:	3:01.23	31.33	400m:	4:01.67	29.43
				1997						+0,72	4:01.67	755
	50m:	28.14	28.14	150m:	1:29.67	31.15	250m:	2:31.57	30.90	350m:	3:33.03	30.57
	100m:	58.52	30.38	200m:	2:00.67	31.00	300m:	3:02.46	30.89	400m:	4:01.67	28.64
36.				1999						+0,74	4:01.78	754
	50m:	27.77	27.77	150m:	1:29.43	30.99	250m:	2:31.09	30.56	350m:	3:32.34	30.84
	100m:	58.44	30.67	200m:	2:00.53	31.10	300m:	3:01.50	30.41	400m:	4:01.78	29.44
37.				1999						+0,74	4:02.03	751
	50m:	27.18	27.18	150m:	1:27.46	30.37	250m:	2:28.48	30.31	350m:	3:30.58	31.07
	100m:	57.09	29.91	200m:	1:58.17	30.71	300m:	2:59.51	31.03	400m:	4:02.03	31.45
38.				2000						+0,66	4:02.12	750
	50m:	28.12	28.12	150m:	1:29.16	30.74	250m:	2:30.96	30.86	350m:	3:32.79	30.67
	100m:	58.42	30.30	200m:	2:00.10	30.94	300m:	3:02.12	31.16	400m:	4:02.12	29.33
39.				1997						+0,72	4:02.97	743
	50m:	28.52	28.52	150m:	1:29.84	30.71	250m:	2:31.74	30.92	350m:	3:33.28	30.58
	100m:	59.13	30.61	200m:	2:00.82	30.98	300m:	3:02.70	30.96	400m:	4:02.97	29.69
40.				1999						+0,67	4:03.11	741
	50m:	27.56	27.56	150m:	1:27.39	30.33	250m:	2:29.27	31.06	350m:	3:32.27	31.43
	100m:	57.06	29.50	200m:	1:58.21	30.82	300m:	3:00.84	31.57	400m:	4:03.11	30.84
41.				2001						+0,72	4:03.32	739
	50m:	28.07	28.07	150m:	1:29.92	30.83	250m:	2:32.23	31.07	350m:	3:34.27	30.81
	100m:	59.09	31.02	200m:	2:01.16	31.24	300m:	3:03.46	31.23	400m:	4:03.32	29.05
42.				2001		-				+0,69	4:03.43	738
	50m:	27.28	27.28	150m:	1:28.30	30.90	250m:	2:29.92	30.84	350m:	3:32.70	31.38
	100m:	57.40	30.12	200m:	1:59.08	30.78	300m:	3:01.32	31.40	400m:	4:03.43	30.73
43.				2003						+0,55	4:03.55	737
	50m:	28.29	28.29	150m:	1:29.71	30.97	250m:	2:32.21	31.44	350m:	3:34.39	31.01
	100m:	58.74	30.45	200m:	2:00.77	31.06	300m:	3:03.38	31.17	400m:	4:03.55	29.16
44.				2000		-				+0,78	4:04.13	732
	50m:	27.54	27.54	150m:	1:28.78	30.95	250m:	2:30.68	30.97	350m:	3:33.39	31.20
	100m:	57.83	30.29	200m:	1:59.71	30.93	300m:	3:02.19	31.51	400m:	4:04.13	30.74

		2, , 400m								R.T.	FINA	
45.				1999	-					+0,72 4:04.85	726	
	50m:	26.88	26.88	150m:	1:26.60	30.44	250m:	2:30.06	32.20	350m:	3:33.80	31.91
	100m:	56.16	29.28	200m:	1:57.86	31.26	300m:	3:01.89	31.83	400m:	4:04.85	31.05
46.				1999						+0,68 4:04.92	725	
	50m:	27.83	27.83	150m:	1:29.52	31.03	250m:	2:32.16	31.48	350m:	3:34.92	30.99
	100m:	58.49	30.66	200m:	2:00.68	31.16	300m:	3:03.93	31.77	400m:	4:04.92	30.00
47.				2002						+0,73 4:04.97	725	
	50m:	28.29	28.29	150m:	1:30.46	31.01	250m:	2:32.95	31.22	350m:	3:34.90	30.86
	100m:	59.45	31.16	200m:	2:01.73	31.27	300m:	3:04.04	31.09	400m:	4:04.97	30.07
48.				2000	-					+0,72 4:05.20	722	
	50m:	27.83	27.83	150m:	1:29.63	31.18	250m:	2:31.93	31.27	350m:	3:34.66	31.42
	100m:	58.45	30.62	200m:	2:00.66	31.03	300m:	3:03.24	31.31	400m:	4:05.20	30.54
49.				2000						+0,57 4:05.50	720	
	50m:	28.13	28.13	150m:	1:29.45	30.79	250m:	2:32.43	31.04	350m:	3:35.38	31.36
	100m:	58.66	30.53	200m:	2:01.39	31.94	300m:	3:04.02	31.59	400m:	4:05.50	30.12
50.				2001						+0,71 4:06.11	714	
	50m:	28.80	28.80	150m:	1:30.94	31.21	250m:	2:33.48	31.33	350m:	3:35.90	31.21
	100m:	59.73	30.93	200m:	2:02.15	31.21	300m:	3:04.69	31.21	400m:	4:06.11	30.21
51.				1997						+0,73 4:06.69	709	
	50m:	27.30	27.30	150m:	1:28.78	31.34	250m:	2:32.10	31.68	350m:	3:35.68	31.87
	100m:	57.44	30.14	200m:	2:00.42	31.64	300m:	3:03.81	31.71	400m:	4:06.69	31.01
52.				1997						+0,82 4:06.76	709	
	50m:	28.42	28.42	150m:	1:30.21	31.05	250m:	2:33.13	31.17	350m:	3:36.57	31.63
	100m:	59.16	30.74	200m:	2:01.96	31.75	300m:	3:04.94	31.81	400m:	4:06.76	30.19
53.				1999						+0,73 4:07.03	707	
	50m:	28.50	28.50	150m:	1:30.69	31.05	250m:	2:33.49	31.27	350m:	3:37.19	32.11
	100m:	59.64	31.14	200m:	2:02.22	31.53	300m:	3:05.08	31.59	400m:	4:07.03	29.84
54.				1995						+0,81 4:07.13	706	
	50m:	27.81	27.81	150m:	1:29.37	30.98	250m:	2:32.03	31.23	350m:	3:35.66	31.83
	100m:	58.39	30.58	200m:	2:00.80	31.43	300m:	3:03.83	31.80	400m:	4:07.13	31.47
55.				2001						+0,68 4:08.38	695	
	50m:	27.35	27.35	150m:	1:29.12	31.12	250m:	2:33.20	32.20	350m:	3:38.04	32.05
	100m:	58.00	30.65	200m:	2:01.00	31.88	300m:	3:05.99	32.79	400m:	4:08.38	30.34
56.				2000	-					+0,70 4:08.67	693	
	50m:	28.11	28.11	150m:	1:31.23	31.88	250m:	2:35.89	32.10	350m:	3:39.56	31.30
	100m:	59.35	31.24	200m:	2:03.79	32.56	300m:	3:08.26	32.37	400m:	4:08.67	29.11
57.				1998						+0,77 4:09.01	690	
	50m:	28.82	28.82	150m:	1:31.16	31.44	250m:	2:34.58	31.83	350m:	3:38.95	32.34
	100m:	59.72	30.90	200m:	2:02.75	31.59	300m:	3:06.61	32.03	400m:	4:09.01	30.06
58.				1997	-					+0,71 4:09.15	689	
	50m:	27.00	27.00	150m:	1:26.87	30.29	250m:	2:28.67	31.03	350m:	3:34.91	33.62
	100m:	56.58	29.58	200m:	1:57.64	30.77	300m:	3:01.29	32.62	400m:	4:09.15	34.24
59.				1999						+0,66 4:09.31	687	
	50m:	27.79	27.79	150m:	1:30.58	31.95	250m:	2:33.97	31.88	350m:	3:37.77	32.19
	100m:	58.63	30.84	200m:	2:02.09	31.51	300m:	3:05.58	31.61	400m:	4:09.31	31.54

		2, , 400m								R.T.	FINA	
60.				2000	-					+0,76	4:09.33	687
	50m:	28.22	28.22	150m:	1:30.78	31.42	250m:	2:34.25	31.53	350m:	3:38.82	31.83
	100m:	59.36	31.14	200m:	2:02.72	31.94	300m:	3:06.99	32.74	400m:	4:09.33	30.51
61.				1999	-					+0,65	4:09.51	686
	50m:	27.68	27.68	150m:	1:28.82	31.06	250m:	2:32.04	31.93	350m:	3:37.20	32.95
	100m:	57.76	30.08	200m:	2:00.11	31.29	300m:	3:04.25	32.21	400m:	4:09.51	32.31
62.				1997	-					+0,67	4:09.65	684
	50m:	28.47	28.47	150m:	1:31.03	31.30	250m:	2:33.64	31.30	350m:	3:37.95	32.57
	100m:	59.73	31.26	200m:	2:02.34	31.31	300m:	3:05.38	31.74	400m:	4:09.65	31.70
63.				1999	-					+0,63	4:10.36	679
	50m:	27.17	27.17	150m:	1:27.34	30.53	250m:	2:30.85	32.28	350m:	3:37.12	33.53
	100m:	56.81	29.64	200m:	1:58.57	31.23	300m:	3:03.59	32.74	400m:	4:10.36	33.24
64.				2003	-					+0,77	4:10.51	677
	50m:	28.07	28.07	150m:	1:31.17	32.11	250m:	2:35.85	32.18	400m:	4:10.51	1:02.96
	100m:	59.06	30.99	200m:	2:03.67	32.50	300m:	3:07.55	31.70			
65.				1999	-					+0,75	4:10.97	674
	50m:	28.42	28.42	150m:	1:31.44	31.73	250m:	2:34.76	31.86	350m:	3:39.54	32.48
	100m:	59.71	31.29	200m:	2:02.90	31.46	300m:	3:07.06	32.30	400m:	4:10.97	31.43
66.				2000	-					+0,73	4:11.13	672
	50m:	28.40	28.40	150m:	1:30.89	31.25	250m:	2:34.43	31.98	350m:	3:39.26	32.70
	100m:	59.64	31.24	200m:	2:02.45	31.56	300m:	3:06.56	32.13	400m:	4:11.13	31.87
67.				1997	-					+0,69	4:11.77	667
	50m:	27.95	27.95	150m:	1:30.72	31.66	250m:	2:35.15	32.19	350m:	3:39.85	32.40
	100m:	59.06	31.11	200m:	2:02.96	32.24	300m:	3:07.45	32.30	400m:	4:11.77	31.92
68.				2000	-					+0,69	4:11.91	666
	50m:	28.48	28.48	150m:	1:31.42	31.70	250m:	2:35.48	32.09	350m:	3:40.45	32.63
	100m:	59.72	31.24	200m:	2:03.39	31.97	300m:	3:07.82	32.34	400m:	4:11.91	31.46
69.				2001	-					+0,67	4:12.06	665
	50m:	28.72	28.72	150m:	1:32.11	31.91	250m:	2:36.00	31.67	350m:	3:40.40	32.02
	100m:	1:00.20	31.48	200m:	2:04.33	32.22	300m:	3:08.38	32.38	400m:	4:12.06	31.66
70.				1997	-					+0,77	4:12.63	661
	50m:	29.04	29.04	150m:	1:32.54	31.70	250m:	2:36.36	31.78	350m:	3:40.86	32.12
	100m:	1:00.84	31.80	200m:	2:04.58	32.04	300m:	3:08.74	32.38	400m:	4:12.63	31.77
				1999	-					+0,71	4:12.63	661
	50m:	27.79	27.79	150m:	1:30.68	31.81	250m:	2:35.44	32.25	350m:	3:41.85	33.25
	100m:	58.87	31.08	200m:	2:03.19	32.51	300m:	3:08.60	33.16	400m:	4:12.63	30.78
72.				2000	-					+0,70	4:12.78	659
	50m:	29.81	29.81	150m:	1:35.09	32.49	250m:	2:39.32	31.56	350m:	3:42.98	31.70
	100m:	1:02.60	32.79	200m:	2:07.76	32.67	300m:	3:11.28	31.96	400m:	4:12.78	29.80
73.				2002	-					+0,84	4:13.24	656
	50m:	28.80	28.80	150m:	1:31.20	31.11	250m:	2:35.27	32.22	350m:	3:40.82	32.94
	100m:	1:00.09	31.29	200m:	2:03.05	31.85	300m:	3:07.88	32.61	400m:	4:13.24	32.42
74.				1996	-					+0,65	4:13.72	652
	50m:	28.79	28.79	150m:	1:32.22	31.94	250m:	2:37.22	32.50	350m:	3:42.36	32.47
	100m:	1:00.28	31.49	200m:	2:04.72	32.50	300m:	3:09.89	32.67	400m:	4:13.72	31.36

		2, , 400m								R.T.	FINA	
75.				2000						+0,70	4:14.08	649
	50m:	29.79	29.79	150m:	1:34.17	32.05	250m:	2:38.27	32.19	350m:	3:42.45	31.99
	100m:	1:02.12	32.33	200m:	2:06.08	31.91	300m:	3:10.46	32.19	400m:	4:14.08	31.63
76.				1998		-				+0,73	4:14.93	643
	50m:	28.00	28.00	150m:	1:31.42	32.27	250m:	2:35.55	31.99	350m:	3:41.89	33.33
	100m:	59.15	31.15	200m:	2:03.56	32.14	300m:	3:08.56	33.01	400m:	4:14.93	33.04
77.				2003						+0,84	4:15.10	642
	50m:	28.60	28.60	150m:	1:32.53	32.35	250m:	2:38.06	32.61	350m:	3:43.76	32.60
	100m:	1:00.18	31.58	200m:	2:05.45	32.92	300m:	3:11.16	33.10	400m:	4:15.10	31.34
78.				2001						+0,68	4:16.25	633
	50m:	29.07	29.07	150m:	1:33.74	32.45	250m:	2:39.44	32.80	350m:	3:44.73	32.17
	100m:	1:01.29	32.22	200m:	2:06.64	32.90	300m:	3:12.56	33.12	400m:	4:16.25	31.52
79.				1996						+0,80	4:16.72	629
	50m:	28.27	28.27	150m:	1:32.89	32.64	250m:	2:39.11	32.69	350m:	3:45.54	33.28
	100m:	1:00.25	31.98	200m:	2:06.42	33.53	300m:	3:12.26	33.15	400m:	4:16.72	31.18
80.				2000						+0,68	4:16.87	628
	50m:	29.65	29.65	150m:	1:33.72	32.54	250m:	2:38.96	32.82	350m:	3:45.63	33.09
	100m:	1:01.18	31.53	200m:	2:06.14	32.42	300m:	3:12.54	33.58	400m:	4:16.87	31.24
81.				2002						+0,66	4:19.92	606
	50m:	29.61	29.61	150m:	1:36.23	33.25	250m:	2:42.39	32.90	350m:	3:49.39	32.72
	100m:	1:02.98	33.37	200m:	2:09.49	33.26	300m:	3:16.67	34.28	400m:	4:19.92	30.53
82.				2000						+0,91	4:21.02	599
	50m:	28.53	28.53	150m:	1:33.27	33.24	250m:	2:40.55	33.96	350m:	3:48.58	33.90
	100m:	1:00.03	31.50	200m:	2:06.59	33.32	300m:	3:14.68	34.13	400m:	4:21.02	32.44
83.				1999						+0,74	4:23.31	583
	50m:	28.11	28.11	150m:	1:32.26	32.39	250m:	2:39.92	34.09	350m:	3:49.05	34.73
	100m:	59.87	31.76	200m:	2:05.83	33.57	300m:	3:14.32	34.40	400m:	4:23.31	34.26
84.				2001						+0,70	4:27.32	557
	50m:	29.92	29.92	150m:	1:37.15	33.27	250m:	2:44.61	33.63	350m:	3:53.36	34.30
	100m:	1:03.88	33.96	200m:	2:10.98	33.83	300m:	3:19.06	34.45	400m:	4:27.32	33.96
DSQ				2001								
DNS				1997								