

16
21.04.2018 - 10:54

, 1500m

: FINA 2018

			/			R.T.			FINA		
			2002			+0,67 15:26.77			830		
50m:	27.46	27.46	450m:	4:33.42	31.21	850m:	8:41.96	30.96	1250m:	12:52.76	31.44
100m:	57.49	30.03	500m:	5:04.39	30.97	900m:	9:13.47	31.51	1300m:	13:23.83	31.07
150m:	1:28.23	30.74	550m:	5:35.40	31.01	950m:	9:44.72	31.25	1350m:	13:55.33	31.50
200m:	1:58.68	30.45	600m:	6:06.39	30.99	1000m:	10:16.16	31.44	1400m:	14:26.17	30.84
250m:	2:29.52	30.84	650m:	6:37.60	31.21	1050m:	10:47.56	31.40	1450m:	14:57.12	30.95
300m:	3:00.15	30.63	700m:	7:08.47	30.87	1100m:	11:18.49	30.93	1500m:	15:26.77	29.65
350m:	3:31.32	31.17	750m:	7:40.15	31.68	1150m:	11:50.06	31.57			
400m:	4:02.21	30.89	800m:	8:11.00	30.85	1200m:	12:21.32	31.26			
			1999			+0,76 15:31.07			818		
50m:	28.98	28.98	450m:	4:36.72	31.04	850m:	8:46.58	31.67	1250m:	12:56.89	31.37
100m:	59.71	30.73	500m:	5:07.63	30.91	900m:	9:17.99	31.41	1300m:	13:28.65	31.76
150m:	1:30.72	31.01	550m:	5:38.49	30.86	950m:	9:49.57	31.58	1350m:	13:59.56	30.91
200m:	2:01.67	30.95	600m:	6:09.78	31.29	1000m:	10:21.06	31.49	1400m:	14:31.61	32.05
250m:	2:32.51	30.84	650m:	6:41.07	31.29	1050m:	10:51.97	30.91	1450m:	15:02.01	30.40
300m:	3:03.59	31.08	700m:	7:12.34	31.27	1100m:	11:23.14	31.17	1500m:	15:31.07	29.06
350m:	3:34.64	31.05	750m:	7:43.57	31.23	1150m:	11:54.27	31.13			
400m:	4:05.68	31.04	800m:	8:14.91	31.34	1200m:	12:25.52	31.25			
			1988			+0,89 15:32.33			815		
50m:	29.41	29.41	450m:	4:38.69	30.66	850m:	8:46.13	31.33	1250m:	12:56.59	31.48
100m:	1:00.80	31.39	500m:	5:09.46	30.77	900m:	9:17.40	31.27	1300m:	13:28.00	31.41
150m:	1:32.26	31.46	550m:	5:40.21	30.75	950m:	9:48.44	31.04	1350m:	13:59.59	31.59
200m:	2:03.40	31.14	600m:	6:10.91	30.70	1000m:	10:19.78	31.34	1400m:	14:31.16	31.57
250m:	2:34.96	31.56	650m:	6:41.93	31.02	1050m:	10:50.98	31.20	1450m:	15:02.04	30.88
300m:	3:06.23	31.27	700m:	7:12.78	30.85	1100m:	11:22.20	31.22	1500m:	15:32.33	30.29
350m:	3:37.41	31.18	750m:	7:43.80	31.02	1150m:	11:53.58	31.38			
400m:	4:08.03	30.62	800m:	8:14.80	31.00	1200m:	12:25.11	31.53			
			1999			+0,87 15:37.50			801		
50m:	28.60	28.60	450m:	4:39.06	31.53	850m:	8:51.06	31.62	1250m:	13:02.68	31.55
100m:	59.58	30.98	500m:	5:10.40	31.34	900m:	9:22.28	31.22	1300m:	13:34.02	31.34
150m:	1:31.02	31.44	550m:	5:41.80	31.40	950m:	9:53.81	31.53	1350m:	14:05.35	31.33
200m:	2:02.14	31.12	600m:	6:13.25	31.45	1000m:	10:25.12	31.31	1400m:	14:37.04	31.69
250m:	2:33.31	31.17	650m:	6:44.99	31.74	1050m:	10:56.74	31.62	1450m:	15:08.15	31.11
300m:	3:04.49	31.18	700m:	7:16.36	31.37	1100m:	11:28.11	31.37	1500m:	15:37.50	29.35
350m:	3:36.05	31.56	750m:	7:47.96	31.60	1150m:	11:59.77	31.66			
400m:	4:07.53	31.48	800m:	8:19.44	31.48	1200m:	12:31.13	31.36			
			1996			+0,73 15:42.55			789		
50m:	28.62	28.62	450m:	4:39.66	31.53	850m:	8:52.71	31.87	1250m:	13:06.17	31.80
100m:	59.87	31.25	500m:	5:11.30	31.64	900m:	9:24.32	31.61	1300m:	13:38.00	31.83
150m:	1:31.20	31.33	550m:	5:42.85	31.55	950m:	9:55.86	31.54	1350m:	14:10.33	32.33
200m:	2:02.32	31.12	600m:	6:14.30	31.45	1000m:	10:27.54	31.68	1400m:	14:42.41	32.08
250m:	2:33.87	31.55	650m:	6:45.92	31.62	1050m:	10:59.23	31.69	1450m:	15:13.83	31.42
300m:	3:05.32	31.45	700m:	7:17.62	31.70	1100m:	11:30.66	31.43	1500m:	15:42.55	28.72
350m:	3:36.78	31.46	750m:	7:49.49	31.87	1150m:	12:02.46	31.80			
400m:	4:08.13	31.35	800m:	8:20.84	31.35	1200m:	12:34.37	31.91			
			2001			+0,91 15:42.81			788		
50m:	29.16	29.16	450m:	4:41.80	31.82	850m:	8:55.48	31.87	1250m:	13:09.42	31.82
100m:	1:00.34	31.18	500m:	5:13.31	31.51	900m:	9:27.22	31.74	1300m:	13:41.07	31.65
150m:	1:32.08	31.74	550m:	5:45.15	31.84	950m:	9:59.16	31.94	1350m:	14:12.82	31.75
200m:	2:03.62	31.54	600m:	6:16.66	31.51	1000m:	10:30.67	31.51	1400m:	14:43.96	31.14
250m:	2:35.52	31.90	650m:	6:48.38	31.72	1050m:	11:02.55	31.88	1450m:	15:14.86	30.90
300m:	3:06.95	31.43	700m:	7:19.95	31.57	1100m:	11:34.29	31.74	1500m:	15:42.81	27.95
350m:	3:38.42	31.47	750m:	7:51.54	31.59	1150m:	12:06.12	31.83			
400m:	4:09.98	31.56	800m:	8:23.61	32.07	1200m:	12:37.60	31.48			

16, , 1500m

			/			R.T.			FINA		
			2001			+0,72 15:46.57			779		
50m:	28.42	28.42	450m:	4:37.12	31.19	850m:	8:48.87	31.74	1250m:	13:05.94	32.19
100m:	59.51	31.09	500m:	5:08.22	31.10	900m:	9:20.85	31.98	1300m:	13:38.64	32.70
150m:	1:30.62	31.11	550m:	5:39.29	31.07	950m:	9:52.65	31.80	1350m:	14:10.86	32.22
200m:	2:01.59	30.97	600m:	6:10.52	31.23	1000m:	10:24.92	32.27	1400m:	14:44.02	33.16
250m:	2:32.52	30.93	650m:	6:41.94	31.42	1050m:	10:56.74	31.82	1450m:	15:15.40	31.38
300m:	3:03.60	31.08	700m:	7:13.48	31.54	1100m:	11:29.10	32.36	1500m:	15:46.57	31.17
350m:	3:34.74	31.14	750m:	7:45.27	31.79	1150m:	12:01.25	32.15			
400m:	4:05.93	31.19	800m:	8:17.13	31.86	1200m:	12:33.75	32.50			
			1991			+0,90 15:47.12			777		
50m:	29.46	29.46	450m:	4:41.97	31.34	850m:	8:56.93	32.05	1250m:	13:13.66	31.65
100m:	1:01.19	31.73	500m:	5:13.59	31.62	900m:	9:28.93	32.00	1300m:	13:44.63	30.97
150m:	1:32.54	31.35	550m:	5:45.22	31.63	950m:	10:00.75	31.82	1350m:	14:16.71	32.08
200m:	2:04.41	31.87	600m:	6:17.27	32.05	1000m:	10:33.11	32.36	1400m:	14:47.34	30.63
250m:	2:35.65	31.24	650m:	6:49.01	31.74	1050m:	11:05.20	32.09	1450m:	15:19.17	31.83
300m:	3:07.25	31.60	700m:	7:21.10	32.09	1100m:	11:37.51	32.31	1500m:	15:47.12	27.95
350m:	3:38.86	31.61	750m:	7:52.89	31.79	1150m:	12:09.37	31.86			
400m:	4:10.63	31.77	800m:	8:24.88	31.99	1200m:	12:42.01	32.64			
			2001			+0,77 15:49.31			772		
50m:	28.49	28.49	450m:	4:41.08	31.49	850m:	8:54.78	31.94	1250m:	13:10.60	32.21
100m:	1:00.05	31.56	500m:	5:12.62	31.54	900m:	9:26.68	31.90	1300m:	13:42.93	32.33
150m:	1:31.71	31.66	550m:	5:44.18	31.56	950m:	9:58.73	32.05	1350m:	14:15.28	32.35
200m:	2:03.33	31.62	600m:	6:15.86	31.68	1000m:	10:30.59	31.86	1400m:	14:47.36	32.08
250m:	2:34.77	31.44	650m:	6:47.73	31.87	1050m:	11:02.43	31.84	1450m:	15:19.35	31.99
300m:	3:06.51	31.74	700m:	7:19.35	31.62	1100m:	11:34.27	31.84	1500m:	15:49.31	29.96
350m:	3:38.05	31.54	750m:	7:51.08	31.73	1150m:	12:06.29	32.02			
400m:	4:09.59	31.54	800m:	8:22.84	31.76	1200m:	12:38.39	32.10			
			1996			+0,69 15:51.54			767		
50m:	29.05	29.05	450m:	4:40.51	31.43	850m:	8:55.59	32.15	1250m:	13:13.35	32.34
100m:	1:00.39	31.34	500m:	5:12.06	31.55	900m:	9:27.69	32.10	1300m:	13:45.65	32.30
150m:	1:32.26	31.87	550m:	5:43.95	31.89	950m:	9:59.82	32.13	1350m:	14:18.00	32.35
200m:	2:03.64	31.38	600m:	6:15.82	31.87	1000m:	10:31.97	32.15	1400m:	14:50.17	32.17
250m:	2:35.06	31.42	650m:	6:47.67	31.85	1050m:	11:04.16	32.19	1450m:	15:21.71	31.54
300m:	3:06.57	31.51	700m:	7:19.41	31.74	1100m:	11:36.35	32.19	1500m:	15:51.54	29.83
350m:	3:37.77	31.20	750m:	7:51.55	32.14	1150m:	12:08.62	32.27			
400m:	4:09.08	31.31	800m:	8:23.44	31.89	1200m:	12:41.01	32.39			
			1983			+0,95 15:51.88			766		
50m:	29.83	29.83	450m:	4:42.54	31.76	850m:	8:57.13	32.08	1250m:	13:14.50	32.50
100m:	1:01.08	31.25	500m:	5:13.85	31.31	900m:	9:28.93	31.80	1300m:	13:46.32	31.82
150m:	1:32.77	31.69	550m:	5:45.80	31.95	950m:	10:01.16	32.23	1350m:	14:18.60	32.28
200m:	2:04.42	31.65	600m:	6:17.49	31.69	1000m:	10:33.09	31.93	1400m:	14:50.24	31.64
250m:	2:36.00	31.58	650m:	6:49.34	31.85	1050m:	11:05.52	32.43	1450m:	15:21.96	31.72
300m:	3:07.28	31.28	700m:	7:21.37	32.03	1100m:	11:37.62	32.10	1500m:	15:51.88	29.92
350m:	3:39.33	32.05	750m:	7:53.39	32.02	1150m:	12:10.10	32.48			
400m:	4:10.78	31.45	800m:	8:25.05	31.66	1200m:	12:42.00	31.90			
			1997			+0,72 15:56.26			755		
50m:	29.44	29.44	450m:	4:44.06	31.75	850m:	9:00.09	32.12	1250m:	13:16.76	31.87
100m:	1:01.38	31.94	500m:	5:15.82	31.76	900m:	9:32.23	32.14	1300m:	13:49.16	32.40
150m:	1:32.99	31.61	550m:	5:47.62	31.80	950m:	10:04.17	31.94	1350m:	14:21.17	32.01
200m:	2:04.84	31.85	600m:	6:19.54	31.92	1000m:	10:36.29	32.12	1400m:	14:53.79	32.62
250m:	2:36.75	31.91	650m:	6:51.49	31.95	1050m:	11:08.34	32.05	1450m:	15:25.96	32.17
300m:	3:08.75	32.00	700m:	7:23.64	32.15	1100m:	11:40.66	32.32	1500m:	15:56.26	30.30
350m:	3:40.61	31.86	750m:	7:55.78	32.14	1150m:	12:12.59	31.93			
400m:	4:12.31	31.70	800m:	8:27.97	32.19	1200m:	12:44.89	32.30			

16, , 1500m

			/			R.T.			FINA		
			2001			+0,74 15:59.42			748		
50m:	29.08	29.08	450m:	4:45.18	31.97	850m:	9:02.58	31.90	1250m:	13:20.21	32.74
100m:	1:01.17	32.09	500m:	5:17.32	32.14	900m:	9:34.61	32.03	1300m:	13:52.55	32.34
150m:	1:33.21	32.04	550m:	5:49.41	32.09	950m:	10:06.48	31.87	1350m:	14:25.13	32.58
200m:	2:05.29	32.08	600m:	6:21.52	32.11	1000m:	10:38.31	31.83	1400m:	14:57.65	32.52
250m:	2:37.27	31.98	650m:	6:53.86	32.34	1050m:	11:10.54	32.23	1450m:	15:29.85	32.20
300m:	3:09.13	31.86	700m:	7:26.07	32.21	1100m:	11:42.93	32.39	1500m:	15:59.42	29.57
350m:	3:41.39	32.26	750m:	7:58.42	32.35	1150m:	12:15.13	32.20			
400m:	4:13.21	31.82	800m:	8:30.68	32.26	1200m:	12:47.47	32.34			
			1997			+0,63 15:59.55			747		
50m:	28.91	28.91	450m:	4:43.42	31.61	850m:	9:00.12	32.74	1250m:	13:20.87	32.35
100m:	1:01.31	32.40	500m:	5:15.39	31.97	900m:	9:32.38	32.26	1300m:	13:52.78	31.91
150m:	1:33.17	31.86	550m:	5:46.72	31.33	950m:	10:05.25	32.87	1350m:	14:25.71	32.93
200m:	2:05.03	31.86	600m:	6:18.87	32.15	1000m:	10:37.93	32.68	1400m:	14:58.94	33.23
250m:	2:36.41	31.38	650m:	6:50.63	31.76	1050m:	11:10.99	33.06	1450m:	15:29.57	30.63
300m:	3:08.29	31.88	700m:	7:23.02	32.39	1100m:	11:42.45	31.46	1500m:	15:59.55	29.98
350m:	3:39.91	31.62	750m:	7:54.95	31.93	1150m:	12:15.48	33.03			
400m:	4:11.81	31.90	800m:	8:27.38	32.43	1200m:	12:48.52	33.04			
			1995			+0,78 16:04.37			736		
50m:	29.94	29.94	450m:	4:49.35	32.43	850m:	9:06.86	32.23	1250m:	13:24.67	32.27
100m:	1:02.48	32.54	500m:	5:22.11	32.76	900m:	9:39.20	32.34	1300m:	13:56.74	32.07
150m:	1:34.92	32.44	550m:	5:54.00	31.89	950m:	10:11.70	32.50	1350m:	14:28.74	32.00
200m:	2:07.45	32.53	600m:	6:26.23	32.23	1000m:	10:43.95	32.25	1400m:	15:00.93	32.19
250m:	2:40.10	32.65	650m:	6:58.40	32.17	1050m:	11:16.02	32.07	1450m:	15:33.43	32.50
300m:	3:12.80	32.70	700m:	7:30.41	32.01	1100m:	11:48.15	32.13	1500m:	16:04.37	30.94
350m:	3:44.80	32.00	750m:	8:02.43	32.02	1150m:	12:20.25	32.10			
400m:	4:16.92	32.12	800m:	8:34.63	32.20	1200m:	12:52.40	32.15			
			2003			+0,70 16:04.40			736		
50m:	29.25	29.25	450m:	4:46.93	32.11	850m:	9:05.57	31.95	1250m:	13:25.35	32.47
100m:	1:01.40	32.15	500m:	5:19.32	32.39	900m:	9:38.20	32.63	1300m:	13:58.32	32.97
150m:	1:33.64	32.24	550m:	5:51.91	32.59	950m:	10:10.31	32.11	1350m:	14:30.77	32.45
200m:	2:06.01	32.37	600m:	6:24.63	32.72	1000m:	10:42.88	32.57	1400m:	15:03.54	32.77
250m:	2:38.24	32.23	650m:	6:56.67	32.04	1050m:	11:15.40	32.52	1450m:	15:34.44	30.90
300m:	3:10.13	31.89	700m:	7:29.24	32.57	1100m:	11:47.96	32.56	1500m:	16:04.40	29.96
350m:	3:42.21	32.08	750m:	8:01.29	32.05	1150m:	12:20.23	32.27			
400m:	4:14.82	32.61	800m:	8:33.62	32.33	1200m:	12:52.88	32.65			
			1997			+0,70 16:04.44			736		
50m:	29.49	29.49	450m:	4:46.33	32.24	850m:	9:03.88	32.64	1250m:	13:24.59	32.82
100m:	1:01.46	31.97	500m:	5:18.36	32.03	900m:	9:36.34	32.46	1300m:	13:57.28	32.69
150m:	1:33.68	32.22	550m:	5:50.48	32.12	950m:	10:08.87	32.53	1350m:	14:30.01	32.73
200m:	2:05.95	32.27	600m:	6:22.35	31.87	1000m:	10:41.19	32.32	1400m:	15:02.72	32.71
250m:	2:37.93	31.98	650m:	6:54.59	32.24	1050m:	11:13.82	32.63	1450m:	15:35.39	32.67
300m:	3:09.97	32.04	700m:	7:26.65	32.06	1100m:	11:46.31	32.49	1500m:	16:04.44	29.05
350m:	3:42.17	32.20	750m:	7:59.17	32.52	1150m:	12:19.26	32.95			
400m:	4:14.09	31.92	800m:	8:31.24	32.07	1200m:	12:51.77	32.51			
			1998			+0,81 16:12.35			718		
50m:	29.12	29.12	450m:	4:47.97	32.58	850m:	9:10.27	32.77	1250m:	13:32.55	32.88
100m:	1:01.14	32.02	500m:	5:20.57	32.60	900m:	9:43.05	32.78	1300m:	14:05.52	32.97
150m:	1:33.34	32.20	550m:	5:53.21	32.64	950m:	10:15.66	32.61	1350m:	14:38.39	32.87
200m:	2:05.68	32.34	600m:	6:25.92	32.71	1000m:	10:48.45	32.79	1400m:	15:11.45	33.06
250m:	2:37.98	32.30	650m:	6:58.73	32.81	1050m:	11:21.17	32.72	1450m:	15:43.11	31.66
300m:	3:10.32	32.34	700m:	7:31.48	32.75	1100m:	11:54.21	33.04	1500m:	16:12.35	29.24
350m:	3:42.83	32.51	750m:	8:04.49	33.01	1150m:	12:27.02	32.81			
400m:	4:15.39	32.56	800m:	8:37.50	33.01	1200m:	12:59.67	32.65			

16, , 1500m

			/			R.T.			FINA		
			2000			+0,77 16:12.83			717		
50m:	28.50	28.50	450m:	4:45.88	32.44	850m:	9:08.45	32.96	1250m:	13:31.65	33.00
100m:	59.53	31.03	500m:	5:18.36	32.48	900m:	9:41.07	32.62	1300m:	14:04.97	33.32
150m:	1:31.66	32.13	550m:	5:51.61	33.25	950m:	10:13.86	32.79	1350m:	14:38.13	33.16
200m:	2:03.87	32.21	600m:	6:23.99	32.38	1000m:	10:46.60	32.74	1400m:	15:11.32	33.19
250m:	2:36.15	32.28	650m:	6:56.47	32.48	1050m:	11:19.52	32.92	1450m:	15:42.61	31.29
300m:	3:08.54	32.39	700m:	7:29.04	32.57	1100m:	11:52.70	33.18	1500m:	16:12.83	30.22
350m:	3:40.85	32.31	750m:	8:02.60	33.56	1150m:	12:25.41	32.71			
400m:	4:13.44	32.59	800m:	8:35.49	32.89	1200m:	12:58.65	33.24			
			2002			+0,86 16:13.22			716		
50m:	30.78	30.78	450m:	4:52.11	32.63	850m:	9:12.38	32.56	1250m:	13:32.78	32.49
100m:	1:04.15	33.37	500m:	5:24.45	32.34	900m:	9:44.91	32.53	1300m:	14:05.00	32.22
150m:	1:36.79	32.64	550m:	5:57.22	32.77	950m:	10:17.58	32.67	1350m:	14:37.51	32.51
200m:	2:09.56	32.77	600m:	6:29.62	32.40	1000m:	10:49.87	32.29	1400m:	15:09.70	32.19
250m:	2:42.02	32.46	650m:	7:02.40	32.78	1050m:	11:22.57	32.70	1450m:	15:42.09	32.39
300m:	3:14.46	32.44	700m:	7:34.67	32.27	1100m:	11:55.01	32.44	1500m:	16:13.22	31.13
350m:	3:46.88	32.42	750m:	8:07.34	32.67	1150m:	12:27.63	32.62			
400m:	4:19.48	32.60	800m:	8:39.82	32.48	1200m:	13:00.29	32.66			
			2002			+0,75 16:14.71			713		
50m:	29.95	29.95	450m:	4:47.95	32.09	850m:	9:09.34	32.48	1250m:	13:32.59	32.82
100m:	1:02.19	32.24	500m:	5:20.70	32.75	900m:	9:42.52	33.18	1300m:	14:06.15	33.56
150m:	1:33.93	31.74	550m:	5:53.43	32.73	950m:	10:14.74	32.22	1350m:	14:38.85	32.70
200m:	2:06.74	32.81	600m:	6:26.30	32.87	1000m:	10:48.08	33.34	1400m:	15:12.16	33.31
250m:	2:38.90	32.16	650m:	6:58.62	32.32	1050m:	11:20.89	32.81	1450m:	15:43.69	31.53
300m:	3:11.31	32.41	700m:	7:31.52	32.90	1100m:	11:54.14	33.25	1500m:	16:14.71	31.02
350m:	3:43.37	32.06	750m:	8:03.76	32.24	1150m:	12:26.93	32.79			
400m:	4:15.86	32.49	800m:	8:36.86	33.10	1200m:	12:59.77	32.84			
			1997			+0,71 16:15.50			711		
50m:	29.49	29.49	450m:	4:53.97	33.61	850m:	9:17.44	32.59	1250m:	13:37.55	32.53
100m:	1:01.77	32.28	500m:	5:27.06	33.09	900m:	9:49.52	32.08	1300m:	14:09.67	32.12
150m:	1:34.43	32.66	550m:	5:59.97	32.91	950m:	10:22.39	32.87	1350m:	14:41.98	32.31
200m:	2:07.33	32.90	600m:	6:32.91	32.94	1000m:	10:55.04	32.65	1400m:	15:14.25	32.27
250m:	2:40.29	32.96	650m:	7:06.17	33.26	1050m:	11:27.97	32.93	1450m:	15:46.12	31.87
300m:	3:13.48	33.19	700m:	7:38.95	32.78	1100m:	12:00.17	32.20	1500m:	16:15.50	29.38
350m:	3:46.88	33.40	750m:	8:12.00	33.05	1150m:	12:32.59	32.42			
400m:	4:20.36	33.48	800m:	8:44.85	32.85	1200m:	13:05.02	32.43			
			2000			+0,76 16:15.93			710		
50m:	29.40	29.40	450m:	4:45.44	32.42	850m:	9:05.49	32.98	1250m:	13:30.72	33.53
100m:	1:01.05	31.65	500m:	5:17.73	32.29	900m:	9:38.29	32.80	1300m:	14:03.89	33.17
150m:	1:33.07	32.02	550m:	5:49.93	32.20	950m:	10:11.43	33.14	1350m:	14:37.41	33.52
200m:	2:04.75	31.68	600m:	6:22.09	32.16	1000m:	10:44.21	32.78	1400m:	15:10.78	33.37
250m:	2:36.64	31.89	650m:	6:54.34	32.25	1050m:	11:17.25	33.04	1450m:	15:43.97	33.19
300m:	3:08.51	31.87	700m:	7:27.01	32.67	1100m:	11:50.62	33.37	1500m:	16:15.93	31.96
350m:	3:40.73	32.22	750m:	7:59.63	32.62	1150m:	12:23.92	33.30			
400m:	4:13.02	32.29	800m:	8:32.51	32.88	1200m:	12:57.19	33.27			
			1997			+0,83 16:15.98			710		
50m:	29.64	29.64	450m:	4:46.82	32.36	850m:	9:09.53	33.26	1250m:	13:34.05	33.76
100m:	1:01.20	31.56	500m:	5:19.20	32.38	900m:	9:42.58	33.05	1300m:	14:06.81	32.76
150m:	1:33.00	31.80	550m:	5:51.75	32.55	950m:	10:15.23	32.65	1350m:	14:39.66	32.85
200m:	2:04.99	31.99	600m:	6:24.24	32.49	1000m:	10:48.20	32.97	1400m:	15:13.24	33.58
250m:	2:37.38	32.39	650m:	6:56.89	32.65	1050m:	11:21.04	32.84	1450m:	15:45.12	31.88
300m:	3:09.41	32.03	700m:	7:30.07	33.18	1100m:	11:54.44	33.40	1500m:	16:15.98	30.86
350m:	3:42.14	32.73	750m:	8:03.09	33.02	1150m:	12:27.50	33.06			
400m:	4:14.46	32.32	800m:	8:36.27	33.18	1200m:	13:00.29	32.79			

16, , 1500m

			/			R.T.			FINA		
			2000			+0,79 16:18.33			705		
50m:	28.75	28.75	450m:	4:48.54	32.37	850m:	9:11.82	32.94	1250m:	13:34.98	33.30
100m:	1:01.14	32.39	500m:	5:21.28	32.74	900m:	9:44.44	32.62	1300m:	14:08.33	33.35
150m:	1:33.54	32.40	550m:	5:53.98	32.70	950m:	10:17.35	32.91	1350m:	14:42.13	33.80
200m:	2:06.33	32.79	600m:	6:26.84	32.86	1000m:	10:49.79	32.44	1400m:	15:14.98	32.85
250m:	2:38.54	32.21	650m:	7:00.10	33.26	1050m:	11:22.69	32.90	1450m:	15:47.24	32.26
300m:	3:10.82	32.28	700m:	7:33.06	32.96	1100m:	11:55.28	32.59	1500m:	16:18.33	31.09
350m:	3:43.74	32.92	750m:	8:06.04	32.98	1150m:	12:28.58	33.30			
400m:	4:16.17	32.43	800m:	8:38.88	32.84	1200m:	13:01.68	33.10			
			1999			+0,76 16:31.77			677		
50m:	28.86	28.86	450m:	4:45.28	32.58	850m:	9:10.91	33.58	1250m:	13:42.73	33.88
100m:	1:00.68	31.82	500m:	5:17.66	32.38	900m:	9:44.70	33.79	1300m:	14:16.74	34.01
150m:	1:32.98	32.30	550m:	5:50.50	32.84	950m:	10:18.57	33.87	1350m:	14:50.81	34.07
200m:	2:04.66	31.68	600m:	6:23.02	32.52	1000m:	10:52.55	33.98	1400m:	15:24.94	34.13
250m:	2:36.84	32.18	650m:	6:56.34	33.32	1050m:	11:26.52	33.97	1450m:	15:58.80	33.86
300m:	3:08.66	31.82	700m:	7:29.81	33.47	1100m:	12:00.75	34.23	1500m:	16:31.77	32.97
350m:	3:40.52	31.86	750m:	8:03.72	33.91	1150m:	12:34.84	34.09			
400m:	4:12.70	32.18	800m:	8:37.33	33.61	1200m:	13:08.85	34.01			
			2003			+0,81 16:34.82			671		
50m:	29.17	29.17	450m:	4:53.61	33.53	850m:	9:22.14	33.18	1250m:	13:49.99	33.66
100m:	1:01.31	32.14	500m:	5:27.50	33.89	900m:	9:55.65	33.51	1300m:	14:23.77	33.78
150m:	1:33.69	32.38	550m:	6:01.18	33.68	950m:	10:28.94	33.29	1350m:	14:57.80	34.03
200m:	2:06.87	33.18	600m:	6:34.81	33.63	1000m:	11:02.66	33.72	1400m:	15:31.48	33.68
250m:	2:39.98	33.11	650m:	7:08.44	33.63	1050m:	11:35.80	33.14	1450m:	16:02.56	31.08
300m:	3:13.58	33.60	700m:	7:42.68	34.24	1100m:	12:09.38	33.58	1500m:	16:34.82	32.26
350m:	3:47.01	33.43	750m:	8:15.70	33.02	1150m:	12:42.71	33.33			
400m:	4:20.08	33.07	800m:	8:48.96	33.26	1200m:	13:16.33	33.62			
			2001			+0,74 16:38.25			664		
50m:	28.20	28.20	450m:	4:50.71	33.82	850m:	9:20.39	33.57	1250m:	13:52.23	34.14
100m:	59.44	31.24	500m:	5:23.77	33.06	900m:	9:54.16	33.77	1300m:	14:26.24	34.01
150m:	1:31.78	32.34	550m:	5:57.40	33.63	950m:	10:28.14	33.98	1350m:	14:59.92	33.68
200m:	2:04.48	32.70	600m:	6:31.18	33.78	1000m:	11:02.26	34.12	1400m:	15:33.54	33.62
250m:	2:37.50	33.02	650m:	7:05.16	33.98	1050m:	11:36.04	33.78	1450m:	16:06.40	32.86
300m:	3:10.50	33.00	700m:	7:38.79	33.63	1100m:	12:09.81	33.77	1500m:	16:38.25	31.85
350m:	3:43.76	33.26	750m:	8:12.96	34.17	1150m:	12:44.16	34.35			
400m:	4:16.89	33.13	800m:	8:46.82	33.86	1200m:	13:18.09	33.93			
			1996			+0,74 16:40.81			659		
50m:	29.67	29.67	450m:	4:52.69	33.11	850m:	9:21.63	33.60	1250m:	13:52.48	34.18
100m:	1:02.16	32.49	500m:	5:26.22	33.53	900m:	9:55.39	33.76	1300m:	14:26.93	34.45
150m:	1:34.45	32.29	550m:	5:59.56	33.34	950m:	10:28.96	33.57	1350m:	15:00.75	33.82
200m:	2:07.40	32.95	600m:	6:33.12	33.56	1000m:	11:02.73	33.77	1400m:	15:34.64	33.89
250m:	2:40.30	32.90	650m:	7:06.63	33.51	1050m:	11:36.46	33.73	1450m:	16:08.36	33.72
300m:	3:13.21	32.91	700m:	7:40.73	34.10	1100m:	12:10.38	33.92	1500m:	16:40.81	32.45
350m:	3:46.25	33.04	750m:	8:14.20	33.47	1150m:	12:44.44	34.06			
400m:	4:19.58	33.33	800m:	8:48.03	33.83	1200m:	13:18.30	33.86			
			1999			+0,75 16:44.18			652		
50m:	29.29	29.29	450m:	4:56.19	33.76	850m:	9:27.99	34.11	1250m:	14:00.41	34.01
100m:	1:01.74	32.45	500m:	5:30.01	33.82	900m:	10:01.87	33.88	1300m:	14:34.44	34.03
150m:	1:34.78	33.04	550m:	6:03.70	33.69	950m:	10:35.97	34.10	1350m:	15:07.89	33.45
200m:	2:08.52	33.74	600m:	6:37.79	34.09	1000m:	11:09.97	34.00	1400m:	15:41.09	33.20
250m:	2:42.01	33.49	650m:	7:11.80	34.01	1050m:	11:44.13	34.16	1450m:	16:13.39	32.30
300m:	3:15.76	33.75	700m:	7:45.90	34.10	1100m:	12:18.32	34.19	1500m:	16:44.18	30.79
350m:	3:49.07	33.31	750m:	8:19.92	34.02	1150m:	12:52.48	34.16			
400m:	4:22.43	33.36	800m:	8:53.88	33.96	1200m:	13:26.40	33.92			



16, , 1500m

			/			R.T.			FINA		
			1998			+0,90 16:47.01			647		
50m:	29.83	29.83	450m:	4:54.34	33.31	850m:	9:24.69	34.10	1250m:	13:58.50	34.30
100m:	1:02.02	32.19	500m:	5:27.86	33.52	900m:	9:58.71	34.02	1300m:	14:33.24	34.74
150m:	1:35.12	33.10	550m:	6:01.74	33.88	950m:	10:32.65	33.94	1350m:	15:07.79	34.55
200m:	2:08.31	33.19	600m:	6:35.34	33.60	1000m:	11:06.81	34.16	1400m:	15:41.83	34.04
250m:	2:41.49	33.18	650m:	7:09.01	33.67	1050m:	11:40.86	34.05	1450m:	16:15.70	33.87
300m:	3:14.64	33.15	700m:	7:42.97	33.96	1100m:	12:15.47	34.61	1500m:	16:47.01	31.31
350m:	3:47.89	33.25	750m:	8:16.64	33.67	1150m:	12:49.75	34.28			
400m:	4:21.03	33.14	800m:	8:50.59	33.95	1200m:	13:24.20	34.45			
			1997			+0,81 16:55.12			631		
50m:	30.77	30.77	450m:	4:58.88	33.79	850m:	9:31.07	34.15	1250m:	14:05.51	34.52
100m:	1:03.61	32.84	500m:	5:32.69	33.81	900m:	10:05.39	34.32	1300m:	14:40.13	34.62
150m:	1:36.96	33.35	550m:	6:06.55	33.86	950m:	10:39.56	34.17	1350m:	15:14.49	34.36
200m:	2:10.39	33.43	600m:	6:40.46	33.91	1000m:	11:13.76	34.20	1400m:	15:48.49	34.00
250m:	2:43.92	33.53	650m:	7:14.50	34.04	1050m:	11:47.95	34.19	1450m:	16:22.69	34.20
300m:	3:17.29	33.37	700m:	7:48.82	34.32	1100m:	12:22.19	34.24	1500m:	16:55.12	32.43
350m:	3:50.98	33.69	750m:	8:22.91	34.09	1150m:	12:56.55	34.36			
400m:	4:25.09	34.11	800m:	8:56.92	34.01	1200m:	13:30.99	34.44			
			2000			+0,89 16:59.42			623		
50m:	28.72	28.72	450m:	4:56.44	34.57	850m:	9:32.77	34.40	1250m:	14:09.12	34.48
100m:	1:00.23	31.51	500m:	5:31.03	34.59	900m:	10:06.87	34.10	1300m:	14:44.07	34.95
150m:	1:33.24	33.01	550m:	6:05.87	34.84	950m:	10:41.84	34.97	1350m:	15:18.50	34.43
200m:	2:06.43	33.19	600m:	6:40.35	34.48	1000m:	11:16.27	34.43	1400m:	15:53.03	34.53
250m:	2:40.40	33.97	650m:	7:15.04	34.69	1050m:	11:50.47	34.20	1450m:	16:27.07	34.04
300m:	3:13.60	33.20	700m:	7:49.31	34.27	1100m:	12:24.82	34.35	1500m:	16:59.42	32.35
350m:	3:47.79	34.19	750m:	8:23.68	34.37	1150m:	12:59.86	35.04			
400m:	4:21.87	34.08	800m:	8:58.37	34.69	1200m:	13:34.64	34.78			